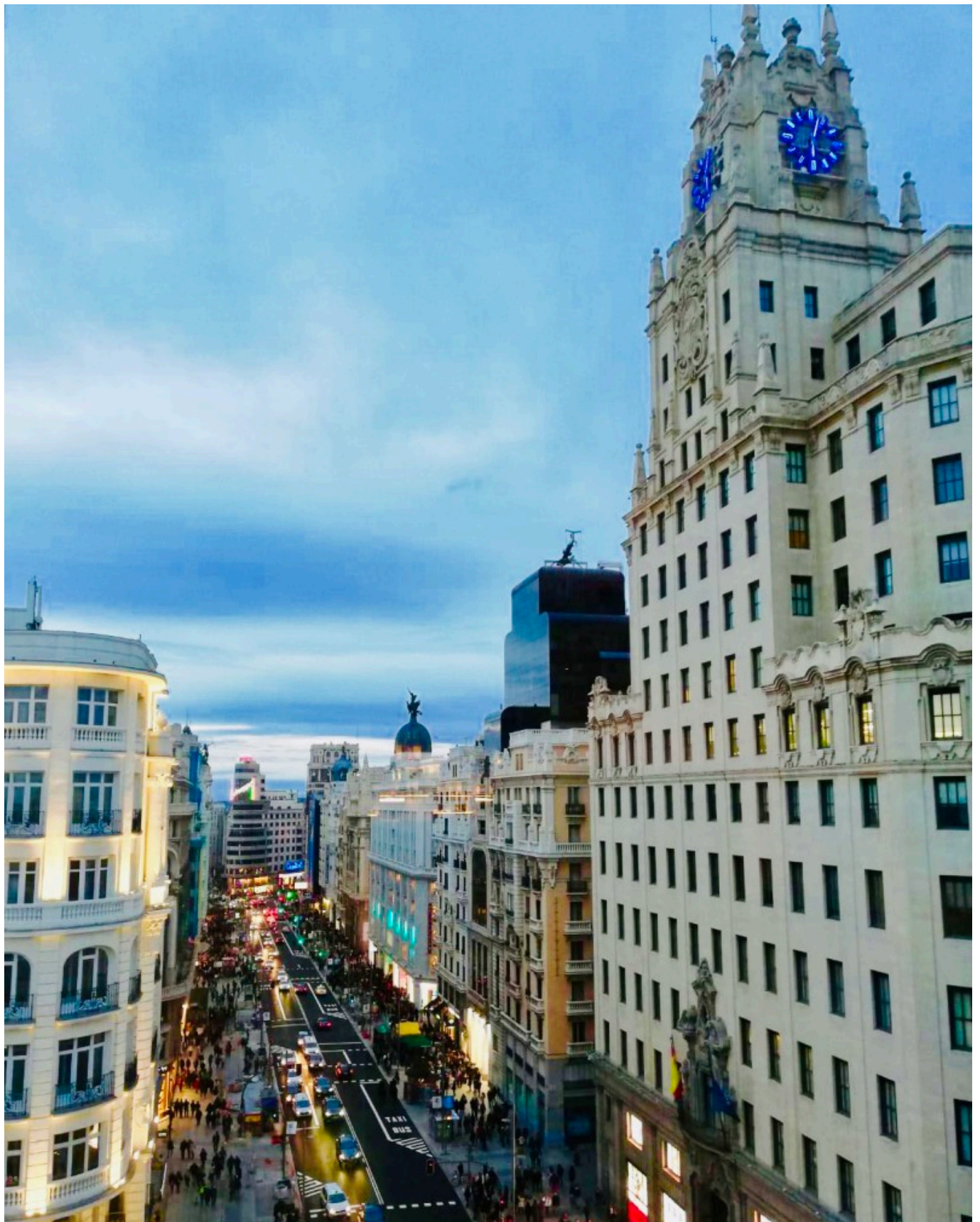


Picalagartos, dine sky high on a stunning rooftop overlooking Gran Vía

This year myself and one of my best friends have been on pretty different trajectories. Whilst she's been globe trotting galore having taken a sabbatical, I've never felt more aware of putting down "roots" – having finally become a home owner, cue quite the case of FOMO.

After 11 months of not being able to enjoy so much as a glass of fizz together in person, last weekend we were finally reunited for the *punte* in my adopted city of Madrid. This called for a special venue for a special lunch.



Now I love a rooftop. I'm not sure if it's something to do with being a city dweller who's constantly on the search for cleaner air, but I feel it's probably more to do with the "grammable" views that are pretty much guaranteed when you

head sky high.

Having done my research, [Picalagartos](#) was booked, the restaurant perched atop the NH Hotel on Gran Vía, boasts 360 views of the city. Not too shabby, eh? Now most hotel restaurants have a bad rep, often found to be overpriced and underwhelming, but not the case here. The standard of food matched the view, to be summed up in a word, it was stunning.



Feeling the kind of giddy high that I can only imagine toddlers feel at soft play, we started with a cocktail to

toast our reunion. This was the start of a true Spanish *sobremesa*, with neither of us keen to leave until the sun had well and truly set over Gran Vía.

My friend's a veggie (no I don't know how we dine out together either, being a self-confessed carnivore Queen) but it was pleasing to find that this wasn't an issue – the menu offering a variety of veggie options, all of which were more tempting than the standard offering of *tortilla*.



We split a mille feuille of patatas bravas that is in the running for being the best carb that's ever passed my lips. Layers of buttery potatoes formed into giant "chips" were served with a piquant *bravas* sauce and a mouth-wateringly good aioli. They were so downright divine, case in point, we ordered a second portion and not one part of me regrets having to work them off the following Monday at spin.



I plumped for a steak (cooked perfectly), while my *amiga* sampled the delights of a vegetable garden – which looked so temptingly tasty that it could almost have lured me away from my meaty marvel, but not quite.



A couple of chocolate soufflés later, gin and tonics sunk – our vows of friendship reaffirmed, there was nothing left to do but harass the waiter to take (multiple) pics of us with Madrid in all her dusky delight in the background – luckily he obliged, I have a feeling we weren't the only ones bowled over by the *vista*.



Picalagartos is the kind of “oooh and aaah” inducing spot that will have you falling in love with Madrid all over again (in case your affections have ever waned). The food, and in my case, the friendship, were faultless and it was the perfect place to spend a free Friday afternoon that combined both gorgeous grub and plenty of glamour.

Picalagartos

▪ [Facebook](#), [Website](#), & Instagram: [@picalagartosmad](#)

- **Address:** C/ Gran Vía 21
 - **Metro:** Gran Vía
-

Not much not to love at NuBel – The Reina Sofia's stunning restaurant

We really are spoilt in Spain. From the glorious blue skies to the culture of napping not being frowned upon, we really do enjoy the good life. So when it rains, I have to admit that I've become one of those people who hunkers down and reaches for the remote and Netflix.

However, this last Saturday, in spite of the torrential rain and the fact that my hair was starting to look more and more like Rod Stewart's (I'll thank the humidity for that) I donned my gladrags and kept my dinner date at [NuBel](#) – the quite frankly stunning setting that's part of the Reina Sofia museum on the south side of the city.



So before a mere morsel had passed my lips, the first thing that floored me on arrival was the space. Lofty and chic, yet deceptively cosy, [NuBel](#) is kind of like entering a club, albeit, one without the sticky carpets and two for one drinks that littered my youth. There was a DJ playing dance classics that I remembered from the days where I didn't turn into a pumpkin if I stayed out past midnight; and the whole 'vibe' was one of people ready to party (just not on an empty stomach).

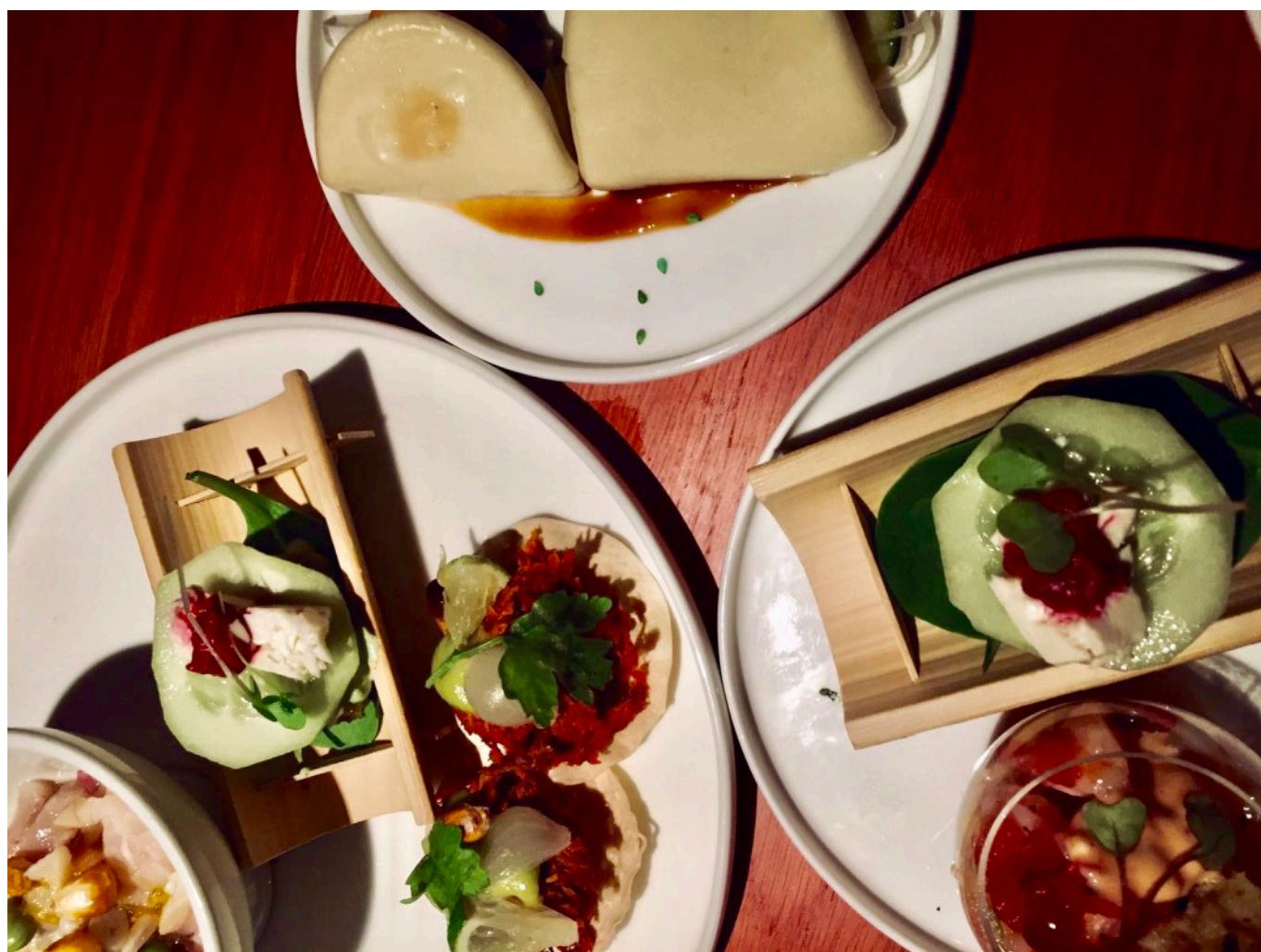
So having taken our seats for dinner (pretty pink velvet ones

in case you're interested) we plumped for some cocktails, a pisco sour for me and a 'hard drink' for my pal – I can attest, it was indeed strong, absinthe will do that I guess.



We perused the menu and our waiter, Angel, suggested that we try a range of the mini plates so that we could salivate over

a spectrum of flavours. I think we ordered ten in total and each little bite was as delicious as the last. I loved the mange tout falafel with feta, while my *amiga* lapped to the snow crab cocktail. The mains were every bit as delectable as the desserts. I don't have the sweetest tooth but my deconstructed lemon meringue pie was so good that I was not one for sharing.



However, food aside, what I really loved about [NuBel](#) was the atmosphere. So often these days I go for dinner and feel ready to be rolled home, the lure of my pyjamas too great to resist. [NuBel](#) manages to straddle the line of being a restaurant/club perfectly – the music will have your toe tapping away and ready to ditch the dessert in favour of the dance floor.



For art aficionados, the proximity to renowned works from the likes of Picasso, adds that little extra pizzazz that a regular restaurant would find hard to rival.

All photos from NuBel

NuBel

- [Facebook](#), [Website](#) & Instagram: [@nubelmadrid](#)
 - **Address:** Museo Reina Sofía, Calle de Argumosa, 43
 - **Metro:** Atocha
 - **Phone:** 915 30 17 61
-

Best Madrid lunch spots south of Atocha – VeraContent staff picks

When it comes to great restaurants and bars in Madrid, it's common to go no further than Lavapiés. But that's quite sad because there are a number of wonderful eateries just south of Atocha. How we do know this? Because the team at [VeraContent](#) (Naked Madrid's mom), has been to pretty much all of them since [opening our office space](#) last year near metro stops Delicias, Palos de la Frontera and Embajadores, also known as the neighborhood of Arganzuela.

So we've decided to make a roundup of our favorite Madrid lunch spots in the area, each one nominated and written by a different [staff](#) member at VeraContent. Hope you enjoy them!

1. Atocha Tandoori





The management team at Atocha Tandoori!

- **Recommended by Melissa Haun**
- [Website](#)
- Address: Paseo de Santa María de la Cabeza 27

This place might just be Madrid's best Indian restaurant south of Lavapiés, with a wide variety of traditional dishes to suit every taste. It's the perfect place to go out for a special—but not too expensive—lunch, thanks to the different *menus del día* offered. Each one includes some combination of starter, main dish, drink, and optional dessert or coffee. All the favorites are there: chicken tikka masala, tandoori lamb, chana masala, vegetable korma, samosas, and much more. There are plenty of veggie and seafood options, as well as various kinds of naan and rice. For dessert don't miss the mango lassi. The last time we went there as a team, they also

brought each of us a complimentary digestif! When it comes to overall quality and variety, Atocha Tandoori never disappoints.

2. En Porciones



- Recommended by Meagan Gardner
- [Website](#)
- Address: inside Mercado de Santa María de la Cabeza, on Paseo de Santa María de la Cabeza, 41

I eat here twice a week—and not just because it's directly in front of our office (though that doesn't hurt). En Porciones is a small stand in the market that sells fresh and unique meals cooked by the owner and chef, Arturo. Here you can find anything from eggplant lasagna to blue cheese and beet salad, peanut and honey-glazed turkey, honey mustard 'secreto,' artichoke risotto... Arturo's common thread seems to be classic Mediterranean recipes with a twist. The best part? You choose your food from huge bowls and pay by its weight. An amazing lunch for under five bucks.

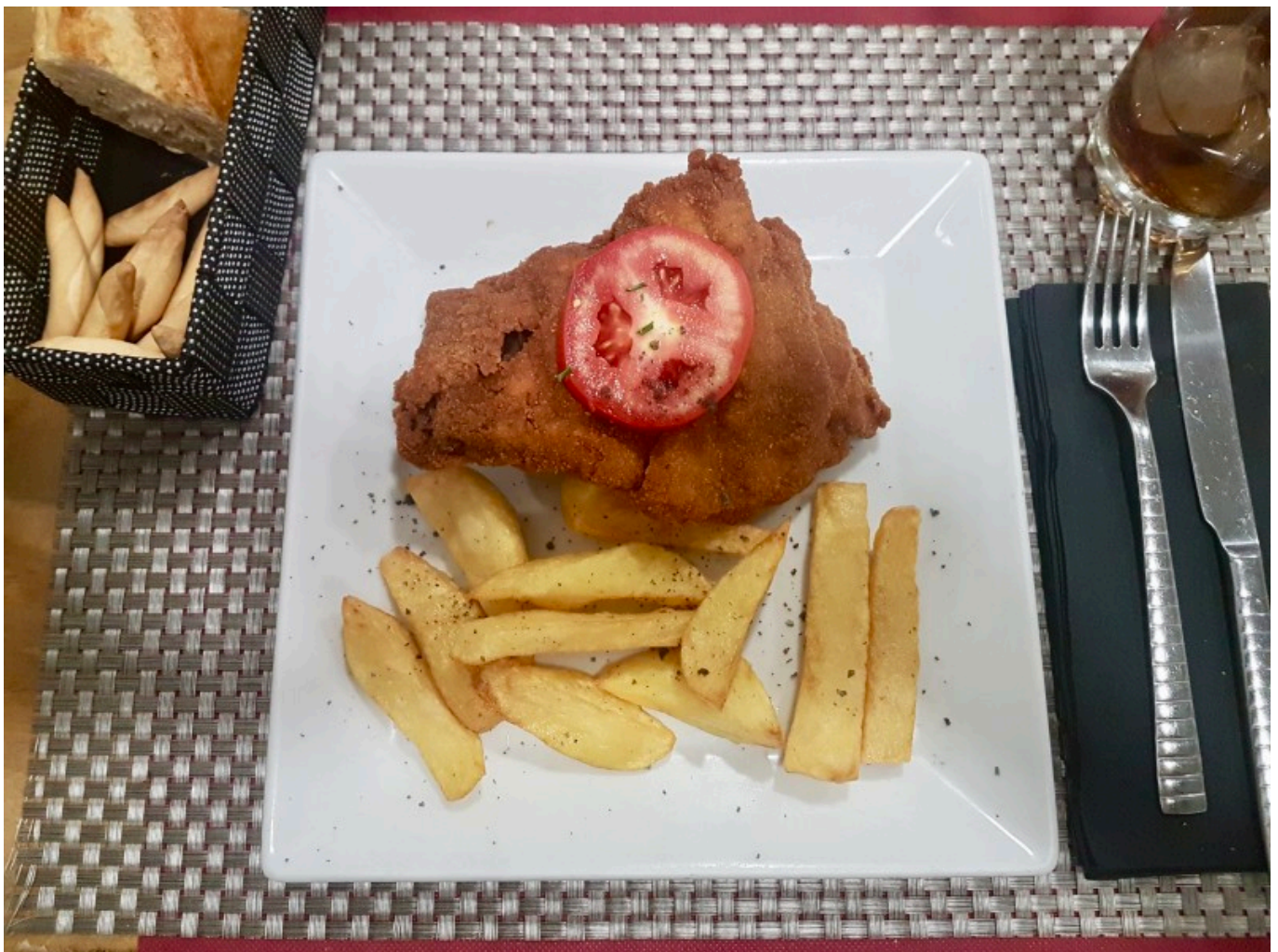
3. Restaurante Buen Gusto



- Recommended by Kyler Canastra
- [Website](#)
- Address: Paseo de Santa María de la Cabeza, 60

From time to time, we all crave a little bit of Chinese food. And when you can't resist the temptation, you need to head to Restaurante Buen Gusto. You might be wondering why this Chinese restaurant is different from the hundreds of others in Madrid. Firstly, the service is quick and the staff warm and friendly. Trilingual in Mandarin, Spanish, and English and attentive, the servers make sure your experience is high-quality and efficient, which is great when you are in a rush to head back to work. Secondly, the numerous food options are all tasty and delicious. From lemon chicken and spring rolls to sweet and sour soup to an orange-style duck, your mouth will simply water. And the best part, they have two daily menu options. For just €7.95 or €8.95, you will have a three-course meal with a drink and dessert included. Talk about a bargain!

4. Restaurante Gastrobar La Sal



- **Recommended by Joss Burns**
- [Facebook](#)
- Address: Calle Embajadores 143

€10.50 for a weekday menu—this fact alone would make this place worth a visit. At least, that was my logic when I went there for Friday-afternoon lunch with my colleague. The beautiful brickwork facade stands out as particularly ornate when you walk down the street but, when you go inside, the place is surprisingly unassuming. The decor is delicate and understated, with a few carefully chosen pictures on the wall. At first glance, it seems unimaginably tiny—that is, until you notice the larger dining room partially hidden to the right. We started with salmorejo and *fideuá de marisco*. I had never had the small Catalanian pasta before and wolfed it down hungrily before the *segundos* came in: chicken in a light vegetable sauce and Asturian *cachopo*, breaded beef with cheese and ham. It wasn't long before we were leaning back and rubbing our bellies, refusing the dessert in favour of coffee. La Sal is a fantastic find. It's one of those places where you come for the price, but you return for the quality.

5. Pui's Thai Tapas





- **Recommended by Nikole Hyndman**
- [Facebook](#)
- Address: Calle José Antonio de Armona, 7

Pui's Thai Tapas is for lovers of Thai cuisine, and anyone looking to get a little taste of Thailand. Here, you'll enjoy a laid-back dining experience and authentic Thai food prepared by Pui himself. While you can expect to spend around €15 a dish, rest assured that the impressive portion sizes and magnificent flavours make it worth every penny. Prepare to drool over their extensive menu (with pictures for those among us less experienced with the delights of Thai food), complete with a variety of appetisers, deserts and traditional Thai soft drinks. If you're feeling overwhelmed by all the possibilities, try one of the favourites like Pad Thai, Tom Kha Gai and Pork Panang. In most cases, you can decide the spice level, or even to substitute meat for tofu. Their

friendly staff is very accommodating, and more than willing to help you navigate their menu selection.

6. Bar Ávila



- **Recommended by Eva Alfonso Movilla**
- Address: Calle Ferrocarril, 15

If you just want a quick drink and a tapa for less than 2 euros, any bar on Calle Ferrocarril is a good bet. The street is lined with bars with outdoor seating. My favorite is Bar Ávila, where the tapas portions are generous and you get a couple of small snacks with each drink, ranging from *empanadillas* to mini hamburgers. It's nice to spend your lunch break enjoying some fresh air on the *terrazza*, but it's an even better place to meet up after work and have some *cañas* with

your colleagues.

7. El Salon de Otoño



- Recommended by Shaheen Samavati
- [Facebook](#)

▪ Address: Calle de Murcia, 5

This restaurant serves up traditional Ecuadorian dishes, but you wouldn't know it by its booth seating, stained glass faux windows and soft tungsten lighting, which are reminiscent of the classy American chain restaurants of my childhood. This is a place to go for its *menu del día*. It's just €10.80 and most of the dishes come in extremely generous portions. If you're not feeling so hungry, you can get a half menu for just €8. That represents a huge bargain compared to their dinner and weekend prices, which start at around €15 a dish. For the first course I almost always go for some variation of *ceviche*, which comes loaded with fish and a side of roasted corn and dried plantains. For the second course, they offer excellent combinations of fish, roasted and grilled meats usually with rice, potatoes and/or plantains. (This place is not ideal for vegetarians.) The desserts are also fantastic—try the *mousse de maracuyá*. This gem isn't at all hidden—it's packed just about every day of the week. Make sure to get there before or after peak lunch time if you want to be seated quickly.

8. Taco y Burro Maya



- **Recommended by James Leahu**
- [Facebook](#)
- Address: Paseo de Santa Maria de la Cabeza, 60

This place feels like a typical Tex-Mex bar but without being a chain. For €9 you'll get yourself a massive burrito with pork, beef or chicken, plus rice, cheese and avocado. Unlike Chipotle-style chains, you don't have to make lots of decisions: that's how it comes, and it's really good. If you're not too hungry, I recommend sharing one with a friend. The extremely simple menu features variations of essentially the same dish: quesadillas or tacos made with the same meat options. Everything is made with quality ingredients and at

reasonable prices. They offer about six different types of Mexican salsas to add to your burrito with varying levels of spice, and there are a range of Mexican drinks to try. I've been here twice so far. Each time I ordered my burrito to go and ate it at the office—convenient, delicious and filling. It's a pretty small place with just a handful of high tables, but the staff is friendly and the service is good.

9. Bodegas Rosell



- **Recommended by Daphne Binioris**
- **[Website](#) & [Facebook](#)**
- Address: Calle del General Lacy 14

This is one of those beloved long-standing restaurants that has preserved the spirit of Madrid's old-school *tabernas* in every corner. Opened in 1920 by the Rosell family, the decor, food, and service will take you back in time. Bodegas Rosell

is perfect for when you're craving traditional Spanish dishes and generous portions. You'll find *croquetas*, *tortilla*, *callos* (tripe), *cocido madrileño* (Madrid-style stew), and *solomillo* (pork tenderloin), as well as a variety of *tostas* and *tapas*. This charming tavern is great for a quick meal on a stool by any of the barrel tables, or for a quieter lunch or dinner. [Read our full article about Bodegas Rosell.](#)

10. Taberna las Sobrinas





- Recommended by the [VeraContent](#) team
- Address: Calle Palos de la Frontera 38

Taberna las Sobrinas is a great old-fashioned Spanish bar. It's one of the spots that the VeraContent team hangs out most at after work, mainly because the amount of free tapas they give you with each round is insane, plus it's right around the corner from the office. You won't need to order any food here, even if you're hungry. Along with your order of *cañas* and *vinos*, you're likely to get an entire tortilla, a plate of croquetas, slices of manchego cheese, you name it. There's also a spacious outdoor seating area. As for lunch, you can find a typical menu of *bocadillos* and Spanish dishes.

Have any more tips on where to eat south of Atocha? Let us know!

And if you aren't familiar with [VeraContent](#), find out more about us on our [website](#), and check us out on [Facebook](#) and [Instagram](#)!

Restaurante Lúa, authentic Galician cuisine with a Michelin-starred touch

Galician chef Manuel Domínguez took a big risk when he decided to open a restaurant offering an exclusively fixed menu 14 years ago in Madrid. The concept was almost unheard of at the time. But today, that bet has paid off.

His award-winning [Restaurante Lúa](#) continues to offer Galician-inspired dishes with truly innovative touches. The quality and creativity of his cuisine has even earned him a Michelin star – Lúa is the only Galician restaurant outside Galicia to hold one.



Lúa, which means “the moon” in Galician, is Manuel’s personal project that he’s been dedicated to for well over a decade with a signature culinary style and unique tasting menu. He bases his cuisine off traditional Galician recipes made with seasonal, fresh and local ingredients.

His success led him to move from the original location to a larger space on Calle Eduardo Dato with a dining room, a bar area with high tables and a terrace that opens up in summer.



There's even a private room that can be booked for special occasions.



Manuel's personal passion for design is reflected in all the decor, from the furniture to the art.



The restaurant's main attraction is the Menú Lúa tasting menu (€68) consisting of three *aperitivos*, two starters, two main dishes (meat and fish), a pre-dessert and a dessert. Oenophiles can order this same menu along with a wine pairing, Menú Lúa Chea (€90). If you're not in the mood for a tasting menu, not to worry – you're also welcome to order off the regular menu, which features half- and full-size portions of Galician-inspired dishes with a twist.

What's more, [Lúa](#) has over 150 wine labels on offer and a short list of champagnes from small producers. We shared two bottles of the restaurant's very own red and white: "A Tiro Fijo." Both are made exclusively for Lúa and with local ingredients from the Coto de Gomariz bodega in Orense. The wine's flavor was truly unique, with a hint of Albariño which is my favorite.



The star of the menu is Galician-style octopus prepared in two ways: the classic *pulpo a feira*, the authentic recipe from the owner's hometown of Carballiño; and the oven-baked octopus accompanied by potato purée and garlic sauce. We tried the first and for anyone who's ever been to Galicia, you'll know it's the real deal.

We sampled several other small portions of their most popular menu items, such as the foie micuit over pear empanada and caramelized San Simón cheese which was a burst of so many different flavors in just one bite.



We also had the *patatas bravas* made of shrimp – a deliciously deceiving *trompe-l'œil*. The list goes on but I'd rather you experience it first-hand for yourselves.



For dessert we grabbed a seat out on the terrace and ordered the cheese cream with violet soup. The cheese itself was outstanding, and the “violet soup” was inspired by traditional Spanish *Violeta* candies. We rounded off our meal with some *licor de café*, straight from Galicia of course.

This was my first Michelin-starred dining experience and now I

do understand what all the fuss is about. I won't give away too many more details about Lúa, but let's just say that if you appreciate the art of gastronomy and have a love for good food, it's well worth a visit.

Restaurante Lúa

- [Website](#) & [Facebook](#)
 - **Address:** Pº Eduardo Dato, 5
 - **Phone:** 91 395 28 53
-

Neon Nirvana at Kamikaze

They say a change is as good as a rest and that's exactly what I discovered on my visit to the recently opened [Kamikaze](#). Located where Dray Martina used to be found, it's now a tribute to all things awesome and Asian. So if like me, you can't get enough of gyoza, and edamame is your everything, this is the locale for you.

Like all my favourite Friday night dinners we kicked off proceedings with a cocktail. A mix of gin, mango syrup and rose-flavoured tonic, it was downright delicious and packed a punch thanks to the additional cayenne pepper kick.



Our aperitivo came complete with a flaming dragon (I was told that I needed to squeeze his tummy three times for good luck)

which I duly did even though I felt quite lucky at this point with my gluttonously gorgeous bowl of prawn crackers.

So onto the menu. Essentially there was nothing that I didn't fancy, which meant that we ordered a lot – partly due to the excellent host that was Giuseppe who was able to tip us off regarding some of his faves.



We sampled spicy edamame (and these really did leave your tongue tingling), curried mussels, steak tartare on teeny, tiny tacos, gyoza (natch), chicken wings, spring rolls and just to really ensure that a loose-fitting dress has been a wise choice, a prawn Pad Thai. Everything was oooh and aaaah

inducing and incredibly more-ish.



I had high hopes for the food, given that Kamikaze comes from the tour de force that is Grupo Larrumba and as such, the decor is second to none (we sat next to a Japanese cherry blossom tree that frankly I'd have liked to take home for my patio). There's plenty of neon (perfect for Insta) and plate porn if like me, crockery is your 30-something fetish.



As we were wrapping up with our post-dinner coffees, a monkey appeared wielding a ghetto blaster with tunes blaring; leaving us in no doubt that Kamikaze is definitely a place to get your weekend party started.

Choc-a-bloc with pretty looking peeps, as equally easy on the eye as the food was, this was aesthetically pleasing Asian at its best. I recommend booking for a Friday or Saturday if you like your gyoza hot and your cocktails cold.

Kamikaze

- [Website](#), [Facebook](#)
 - **Instagram:** @kamikazemadrid
 - **Address:** Calle Argensola 7
 - **Metro:** Colon or Alonso Martínez
 - **Phone:** 910810056
-

Crackers for Caramba

Is it just me or does the run up to Christmas turn into a complete whirlwind of eating, drinking and being very, very merry – and that's all before the main event has even started. By the time December 25th rolls round you're often fit to collapse thanks to the endless festive functions that have filled your diary from the get go of the month.

However, where's the fun in being all 'bah humbug' about the excuse to crack open the bubbles and swerve the gym? There's none. So in the spirit of embracing the delirium of December, I booked a dinner at [Caramba](#) with a visiting friend and headed out to celebrate the most manic of months.



[Caramba](#) hails from the well known Grupo Larumba; which means that a stylish setting is a guarantee. Close to Puerta de Alcalá, it's perfectly placed for locals and tourists alike. Should you have spent the day pounding the pavements in an attempt to soak up the city you can easily grab a tasty treat at the end of your day.



Alternatively, it's an ideal place to enjoy a leisurely lunch before mooching around the nearby stores on Gran Via. The menu is a mix of Spanish traditional, modern classics and an Asian twist. For instance, we indulged in *croquetas de jamón* (a nod to Spain's finest), but we also had some delectable Japanese style prawns that remained on the plate for all of about 13 seconds.

Next up came a tuna tartare that made us feel slightly more virtuous on the old health front (having polished off some golden, crispy chicken fingers beforehand that were almost wholly responsible for me now reaching for the old spanx). We concluded the sumptuous savoury side of things with a beef tenderloin that was as tasty as any steak that I've sampled in Argentina.



However, what got my pulse racing was the quirky list of cocktails; of which my personal favourite was the rather

novelty named 'De Madrid Al Cielo' – a magical mix of violet flavoured gin, lime juice and egg white – it was as pleasing on the palate as it was on the eye. Speaking of all things aesthetically pleasing, the decor was as lovely as the almond cake that we concluded the evening with.

FROM MADRID TO THE SKY 8,90

If Madrid has something special, it's the spectacular sky it has, and we'll bring it put it on your lips.

Violet and Ginger Gin *

Lime juice

Peppers and Jasmine Orgeat *

Egg white

In a country where sadly the service often leaves a nasty taste in the mouth (anyone else feel like they have to beg for

a bill?!), our server, Cata, deserves a special shout out. Attentive but not overbearing, he asked my friend what her tipple of choice was (gin, I mean she's a Brit, it's in our DNA) and with no questions asked he whipped her up her own personalised cocktail. A nice touch, I'm sure you'll agree.

Caramba, much like other hotspots in the Larumba group, is certainly not a case of style over substance. The food was delish. The cocktails a delight. And the service – the jewel in Caramba's crown.

Caramba Madrid

- [Facebook](#), [Website](#) & [Instagram](#)
 - **Address:** C/ Alcalá 19
 - **Metro:** Sevilla
 - **Phone:** 910 88 28 98
-

That's Amore at Aió

Following numerous debates, with numerous friends, I've come to the conclusion that Tuesdays are officially THE worst day of the week. Mondays, well, I can just about grin and bear them – especially if you're still all warm and fuzzy from weekend based fun.

But by Tuesday, the forthcoming weekend just feels way out of reach and if you're like me, it's the day when you decide to haul yourself back to the gym – usually after a couple of days of complete over indulgence.

In light of this newly held belief, a good friend of mine suggested that we should always have dinner together on a Tuesday; purely to take the sting out of its tail. **So last**

Tuesday we found ourselves happily ensconced at [Aió](#), my local Italian in Malasaña that could give any spaghetti serving spot in Sardinia a run for its money.



To kick off proceedings we both opted for a Negroni to transport us to sunnier days spent in Italy, rather than a somewhat chilly and crisp November evening in Madrid. The spritz alone raised a smile and that was before the eating part of the evening had commenced, of which there was a lot.

Where Italian food is concerned, I can exercise next to no self restraint – suffice to say, we feasted. With such a tempting menu on offer, boasting all the well loved (and well known) classics, it would have been hard not to.



Like many other semi foodies, I've found myself arguing with pretty much every Spaniard on Earth regarding the fiercely coveted title of 'the best cuisine in the world' – because of course, it comes as no surprise that Spaniards (in general) feel that they deserve the crown.



But I beg of you (and please don't kill me for saying so) that in my humble opinion, Italian food is where it's at. Nobody does comfort food better and on a Winters evening, a big bowl of pasta feels like being enveloped in a hearty hug; and I'm all for a cuddle when it's cold.



We split a **burrata** and a **carpaccio** because quite frankly, any good Italian joint worth its salt should be able to deliver deliciousness on both. Aió didn't disappoint, both were inhaled without a second thought in all their luscious, lovely glory.



The starters were followed up with a glorious **gorgonzola based pasta dish that was peppered with prawns and a quattro formaggi pizza** (half of which came home with me in a doggy bag) as my eyes had clearly been bigger than my belly at this point.



Saying that though, is anyone capable of saying no to a cheeky

pudding? I'm evidently not, as we rounded off the previously nicknamed 'Bluesday Tuesday' with a **tiramisu** and a **gin tonic** for the road. We left with vows of friendship having been reaffirmed, appetites having been satiated and the edge having been well and truly taken off a potentially terrible Tuesday.

Aiό's charm is found in the home cooked feel of the food and the fizz in their Aperol spritz.

Info

- [Facebook](#) & [Instagram](#)
- **Address:** [Calle Corredera Baja de San Pablo, 25](#)
- **Phone:** 910 096 469

Also check out a previous [Naked Madrid post on Aiό](#)

El Brote: a brand-new mushroom restaurant in the heart of El Rastro

Mushrooms: they're an inspiring subject one can easily get carried away with, especially after paying a visit to El Brote. Years of academic mushroom knowledge and on-the-ground wisdom were literally delivered to us on a plate and I'm now a devout mushroom apostle on a mission to spread the message to the foodie people of Madrid.



El Brote's dining area

El Brote (the bud) is a small and cosy restaurant on [Calle de la Ruda](#) run by two mushroom enthusiasts, Eduardo and Alvaro. Every corner of the place is mushroom-themed, even the floor. Its décor is earthy, humble and a little eccentric, and the original features of the building have been beautifully highlighted throughout the room.



Abstract mushroom artwork



Various gospels of the mushroom bible



The 0th floor of El Brote



A mushroomy display inside the floor

Both Eduardo and Alvaro were keen to explain each dish on their 10-item menu and made recommendations based on the season and their own personal preferences which, funnily enough, were different.

There's a specific order in which you must eat each ingredient.

... they explained as each dish was brought out. They suggested we start with the unseasoned mushrooms so that we could taste their pure flavour, then slowly begin combining the other ingredients together to get a feel for the dish as a whole. The flavours were subtle and delicious both separately and collectively – a sign that someone behind the scenes really knows what they're doing.



Trumpet mushrooms with a raw egg yolk and herbs



Red mushrooms with pak choy, gnocchi and pumpkin gratin



Black mushrooms with beans, squash and leek

Try their wine too, it's really good. We also noticed that every single table in the restaurant was sharing a bottle of red between them... such a beautiful sight.

TIP: El Brote have very few tables and they don't take evening reservations so aim to be the first to arrive as we were, because within 10 minutes of arriving, the place will be full!

INFO

- [Website](#), [Facebook](#) & [Instagram](#)
 - Address: [Calle de la Ruda, 14](#)
 - Nearest metro: La Latina, line 5
-

I lucked out at Luzi Bombon

I am a country girl by birth and now a bona-fide city girl by choice. However, the downside of living in Madrid means that I now rarely see greenery on a daily basis (unless you count the succulents that I 'try' to keep alive in my humble abode). But on the flipside, being an urban dweller gives me access to some of the fanciest places to eat, with the best part being that they're often right on my doorstep.



Whilst I love a Netflix binge like most millennials, I still relish any given opportunity to don my glad rags and go out for a proper slap up dins. So dress up I did when I headed to Luzi Bombon with a suitably stylish friend in town, and wowzers did we enjoy a veritable feast from beginning to end.

Luzi Bombon isn't located in an area of Madrid that I often frequent, i.e. it's not within walking distance of my apartment. I had to treat myself to a taxi (partly due to the vertiginous heels that I was tottering about in) but it's undoubtedly central enough to appeal to both locals and out-of-towners alike.



What struck me first were the wall-to-wall photogenic diners – you won't just be salivating over the menu if the evening I visited was anything to go by. The clientele was as upscale as the perfectly mixed G&T that I was sipping on within minutes of arriving – a G'Vine in case you're interested.

It's a sexy venue; possibly the slinkiest of all the [Madrid-based Grupo Tragaluz](#) (which also runs [Bar Tomate](#)) offerings with low lighting casting an Insta-worthy filter over my dining companion. Now until recent years I'm not ashamed to admit that I had relatively simple tastes – but due to external influencers in the form of more adventurous friends, I'm starting to pride myself of never saying never and giving anything a go. In that spirit, I sampled as much as was humanly possible whilst wearing leather and not wanting to be forklifted out of the venue.



The standout star of the show was the giant ‘fruits de mer’ platter that caused the table to groan under its sheer weight. Recommended by the waitress who clearly knew her stuff, it was a-ma-zing and has turned me into a complete crab convert. Obviously it’s not the kind of thing that I’m whipping up at home, which gave the whole meal an even greater sense of occasion. Even as a novice foodie, I have told every man and his dog about that platter and now I’m urging you to hotfoot to Luzi Bombon and do the same.

Dinner doesn’t come cheap but if you’re looking to impress, aka maybe bag a second date with the object of your affection, Luzi Bombon is a fab place to pull out all of the stops. As someone who’s rarely lured out of her barrio, Luzi Bombon is well worth the cab ride and gym class that you’ll undoubtedly need to do the following day (in order to burn off every savoured calorie). If seafood platters and pretty peeps are your jam, Luzi Bombon is the (meal) ticket for you.

Luzi Bombon

- **Facebook & Instagram:** [@luzibombon](#)
 - **Address:** Paseo de la Castellana 35
 - **Phone:** 917 02 27 36
 - **Metro:** Rubén Darío
-

Taco Maya: A brand-new no-frills taco joint

José Manuel – a well-known chef in the Madrid taco scene – has just opened a brand new, no-frills taco joint in Madrid with his partner, Joe. This colourful and fun eatery is located in a beautiful old building just a five-minute walk from barrio Lavapiés, and has a lovely chilled terrace plus a cosy dining area inside.



Taco Maya's cosy, minimalist dining area

It's possible that you may have stumbled across José Manuel before: he used to own [Taquería Maya](#) in Huertas, where José met Joe! With a new team member and a more relaxed location, [Taco Maya](#) has a winning formula, and dare I say the best Mexican food I've had in Madrid?

THE FOOD

Everything is made from scratch by José himself, from the nachos to the tacos and every ingredient is bought in fresh that morning. It's for this reason that the menu sometimes varies depending on what order comes in that day, and there's an array of tacos, quesadillas and nachos to try.

TACO & BURRO MAYA

AUTENTICA COMIDA MEXICANA



Horario:
M,X,J de 14:00 a 24:00 y V,S,D de 14:00 a 01:30
cerramos los lunes

Paseo de Santa María de la Cabeza, 60
Servicio a domicilio 3 € Pedido mínimo 20€
☎ 911733374 📍 642194285

GUACAMOLE

Acompañado de totopos artesanales y pico de gallo, tomate, cebolla, cilantro, lima, aceite de oliva, orégano. Elaborado en el momento.

• GUACAMOLE 8,00 €

TACOS

Tortilla de maíz nixtamalizado.
Rellena de los guisos a escoger.

• TINGA DE POLLO 2,50 €

Pechuga de pollo en salsa al chipotle.

• COCHINITA MAYA 2,50 €

Pierna de cerdo macerada en salsa de achiote. Receta MAYA. Acompañado de cebolla morada.

• SUADERO 2,50 €

Ternera pochada lentamente al estilo Distrito Federal, acompañado de cebolla y cilantro.

• VEGANO TOTAL 2,50 €
Vegetal del día.

QUESADILLAS

Tortilla de trigo de 30 cm doblada con queso derretido, 4 piezas.

• SOLO QUESO 5,50 €

• CON CARNE, POLLO O VEGANA 7,50 €

BURRITOS

Tortilla de 30 cm de harina, rellena de arroz blanco y frijol negro, guacamole, pico de gallo, queso y el relleno de tu preferencia.

• TINGA DE POLLO 9,00 €

Pechuga de pollo en salsa al chipotle.

• COCHINITA MAYA 9,00 €

Pierna de cerdo macerada en salsa de achiote. Receta MAYA. Acompañado de cebolla morada.

• SUADERO 9,00 €

Ternera pochada lentamente al estilo Distrito Federal, acompañado de cebolla y cilantro.

• VEGANO TOTAL 9,00 €
Vegetal del día.

BEBIDAS

• Botella de agua 2,00 €

• CocaCola 2,00 €

• CocaCola Light 2,00 €

• Sprite 2,00 €

• Fanta Naranja 2,00 €

• Aquarius 2,00 €

• Nester Limón 2,00 €

• Mahou lata 2,00 €

• Mahou tercio 2,40 €

• Coronita 1,50 €

• Negra Modelo 3,00 €

• Pacífico 3,00 €

• Michelada 6,00 €

• Margarita 6,00 €

Síguenos en:

f tacoyburromaya

📷 burromaya

The menu – full of options for all!

This is what we had:



Lemon and Strawberry Margaritas

First of all, the Lemon and Strawberry Margaritas are incredible – like nothing you’ve ever had before, I promise! The strong kick of tequila was also a great start to the evening.



The Nachos

We had three types of nachos: Courgette and corn from the cob (vegan), Guacamole and coriander (also vegan), and beef. All were absolutely delicious, and the guacamole was like something I'd make at home in secret so that I could put in as much coriander and fresh red onion as I wanted.



The Beef Tacos



2 x Cheese Tacos and 2 x Lamb Tacos

The beef and guacamole tacos were juicy and moreish, and that extra squeeze of lime cut through all that tender meat perfectly. The veggie options included cheese and guacamole quesadillas, but pictured above we have courgette tacos and two tacos with a creamy vegetable and corn mix and plenty of fresh coriander on top. Having said all that, the tacos themselves were so fresh and you could really decipher their flavour.



Tequila!

To end the evening, José Manuel offered us a wonderfully smooth tequila. He also gave us a salt-sugar-chilli mix for the usual tequila ritual, and now I'll never be able to have just salt again.



José Manuel himself!

The tacos are great and the terrace is a real treat. This humble eatery has a bright future – check it out and be a part of it.

Info

- **Address:** Paseo de Santa María de la Cabeza, 60
- **Metro:** Embajadores
- [Facebook](#) and [Instagram](#)
- Phone number: 911 733 374 / 642 194 285

Also check out:

- [Tacos, tamales and tequila: Madrid's best Mexican joints!](#)