## Egeo, delicious Greek cuisine in Lavapiés

New bars and restaurants seem to open up constantly in the diverse neighborhood of Lavapiés. Among these additions is <u>Egeo</u>, a Greek *souvlakeria* situated on the corner of C/ Ave Maria and C/ San Carlos. Here you'll find several Greek-style street food dishes, including pita sandwich options ( $\in$ 3-4), as well as salads and skewers ( $\notin$ 5-7).



Egeo has quickly become my go-to place for take-away in the barrio, due to the quality of their ingredients. Zanas, the proprietor of the restaurant, is from Greece and is pleased that his establishment has been so well received by residents of the neighborhood.



The Greek salad is served with a very generous portion of feta cheese and warm slices of pita bread.



The souvlaki and skewers are hearty and filling. The one pictured here is the "hamburger" gyro — it has both veal and lamb meat, plus a fried egg! There are more traditional gyros on the menu as well, such as pork with tomato, onion and tzatziki. Also worth noting is their vegetarian option, a delicious pumpkin souvlaki.



Sometimes they introduce new menu items, like grilled Haloumi cheese (made from a mix of goat's and sheep's milk).



Most of the main dishes come with homemade fries and tzatziki. Otherwise you can order them as sides, as we did. Tip: order the potatoes with feta cheese on top. Amazing.



And what better way to end your Greek meal than with baklava? Plus you have the option of adding vanilla ice cream to it. Can't say no to that...



\*This article was updated in February, 2019

### Info

- <u>Website</u>, <u>Facebook</u>
- Address: C/ San Carlos nº 17 (on the corner of C/Ave María)
- Metro: Lavapiés
- Phone: 918 26 46 44 -

## Gastrofestival all over Madrid

With locations scattered throughout the city, over two weeks of tantalizing cuisine will tempt you during the Madrid Gastrofestival January 23rd – Febuary 7th. A fairly young festival, it represents the collaborative effort of more than 400 local wining and dining establishments. Designed to engage all five senses, the Gastrofestival goes beyond food into fashion, culture and art. Check out more @Gastrofestival or on Facebook.



Photo from Facebook

## Poetry Reading at Desperate Literature (with vodka!)

Head over to <u>Desperate Literature</u> on Friday night at 8pm for an evening of poetry with James and Marian Womack, reading from James's newest translations of the great Vladimir Mayakovsky. Thanks go out to <u>Carcanet Press</u> for giving Desperate Literature the rights to print a limited edition pamphlet of the poems to accompany the evening.

Not only will there be poetry, but we'll also be swilling Vodka like there's no tomorrow!

## Perrachica, Prioritize A Pow Wow Here Now

Chamberi isn't an area that's necessarily on everyone's radar. Once you battle through the sea of yummy mummies pushing bugaboos you might not have the 'ganas' to locate somewhere for your weekend brunch. But all that's changed with the arrival of the shiny, new (quite frankly beautiful) Perrachica.

Meaning 5 pesetas, Perrachica is pretty hard to miss. Stumbled upon when getting my weekly mani, it's a glamorous (fairly cavernous) bar/cafe/restaurant that doesn't quite look as though it belongs on the humble looking Calle Eloy Gonzalo but I for one am chuffed to bits that there's somewhere so swish within walking distance of my flat.



Photo from Facebook

Heralding from the super successful Larrumba group, (which also boasts Juanita Cruz, Frida and the like) Perrachica feels like you walked into the rather glam home of a friend who makes you feel like you live in a hovel.

However, aside from the envy inducing decor the food is equally great and the prices won't leave your eyes watering in fact, they may leave you bemused. With a recent choice of French toast costing a grand total of (drumroll please…) €3.50.



Photo from <u>Facebook</u>

The biggest challenge though isn't making your menu selection – it's getting in. Each time I've walked past it's been full to the rafters with madrileños clearly making the pilgrimage from barrios afar. Waiting lists allegedly exist having been told that the chance of a Saturday reso was slim to none until the end of February.

So I advise making like the Harrod's sale and just camping out - or failing that just take your chances early morning and take advantage of the relative calm. Come 7ish a DJ (quite literally) pops out of the wall and dancing shoes may be required.

From dawn to dusk, Perrachica is set to be an undisputed crowd pleaser \*and the perfect place to take out of towners who you're keen to impress (whilst spending less). Sorry, couldn't resist a rhyme.

#### Info

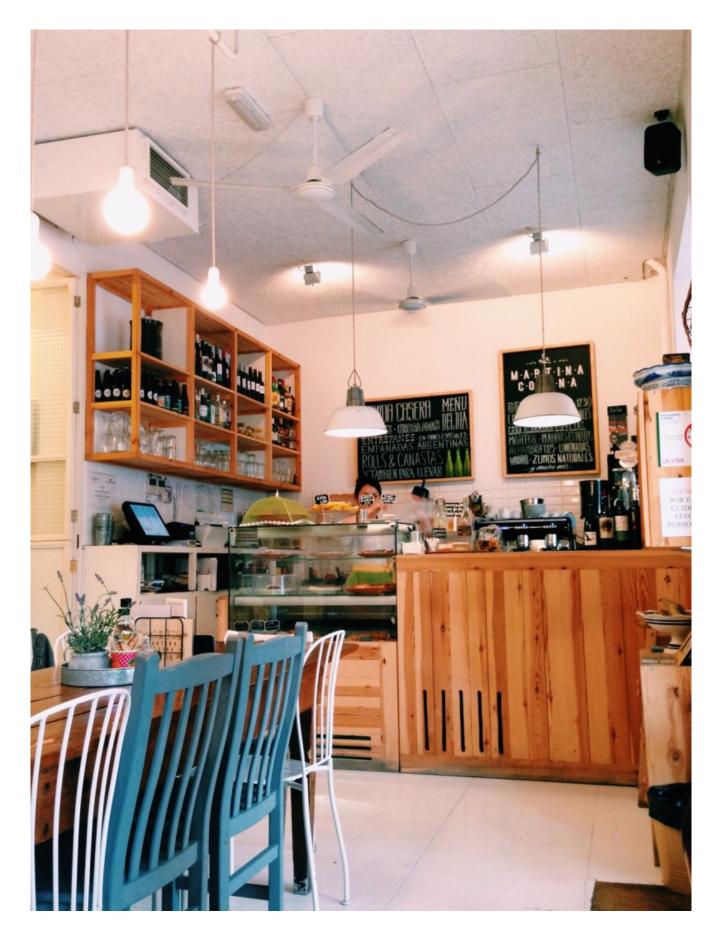
Dirección:C/ Eloy Gonzalo 10, 28010 Madrid.
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Email: reservas@perrachica.com
Web & Facebook

## Martina Cocina: Cosy Coffee Shop in La Latina

A few years ago breakfast in Madrid rarely consisted of more than a cafe con leche in one of the more traditional tapas bars. Nowadays the coffee shop scene has really taken off, and it's becoming more and more common to see quirky little cafes offering brunch, iced coffees and other less traditional options.

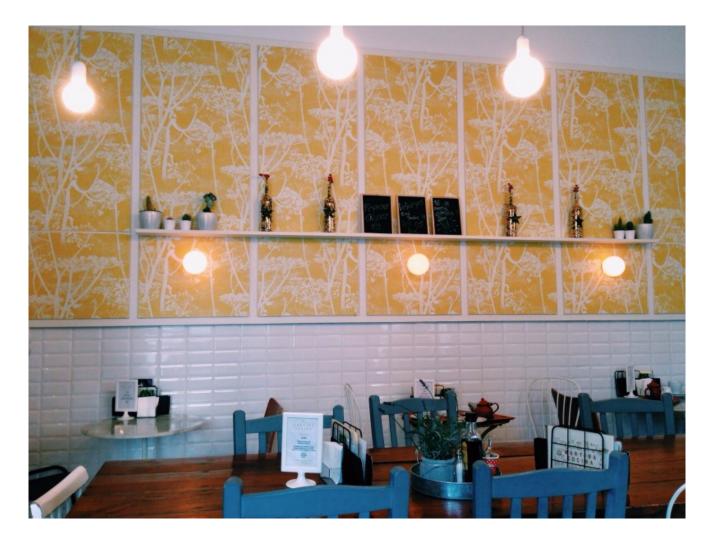


Martina Cocina fits perfectly into this category. It's situated in the La Latina/Tirso de Molina area, where you can find a whole host of cute coffee shops. My friend Elefteria and I went on a Thursday morning, hoping for brunch and a good place to catch up.



The cafe is dotted with people working on their computers (**they have wifi**), reading, or having breakfast with a friend. The ambience is fairly calm and quiet, and you can choose to

sit on the communal bench in the middle of the room, or to tuck yourself away at the back on the cushioned sofa. I guess **Martina Cocina has gone for the "shabby chic" look**, with bulbs hanging from the ceiling from rope and an eclectic mix of distressed wood furnishings. The look works, and the vibe reminds me of somewhere I would find in my hometown of Brighton.



The cafe only serves brunch on Saturdays, but we still managed to have a great make-shift brunch, as the cafe has a fairly wide range of breakfast options. Each day they make a selection of different **quiches and empanadas**, and we ordered one of each as well as the more traditional pan con tomate and some yoghurt and fruit. Elefteria is a **vegetarian** and there were plenty of options for her to choose from. All of the food was good, and **we would especially recommend trying the cheese**  **and onion empanada**. Our waitress was really friendly and warm, which made us feel comfortable enough to sit for a while and work.



The cafe specialises in teas (they literally have a whole menu just for tea) and they also serve coffee from all over the world. I should probably also mention the **amazing looking cakes** displayed by the counter – seriously regretting not ordering one!



The cafe isn't just a breakfast spot; at night they dim the lights and serve beer and wine, making it the perfect place for a relaxed dinner with a friend. It also got pretty busy

around lunchtime, and their menú del día is a good price, at 10,60 euros for three courses and a drink.

In short, Martina Cocina offers great service, a comfortable setting and great homemade food in one of the most up-andcoming barrios of Madrid.

#### Info

- Adress: Plaza Cascorro 11 28005, Madrid
- Email: info@martinacocina.es
- Website
- Facebook

#### Article by Laura Blaskett

#### Photos by Elefteria Garos

#### You'll also like these spots:

- <u>La China Mandarina, a flashy new bistro in Plaza</u>
   <u>Cascorro</u>
- Lamiak, Basque pintxo bar in La Latina
- Cosy Wine Bars in La Latina (with gluten-free options!)
- El Cafelito, a trendy spot for coffee lovers in Lavapiés

## La Falda, a cheeky new wine bar and restaurant in Lavapiés

When a restaurant welcomes me with a wine list featuring labels like 'The Madman's Inn' and 'The Perfect Boyfriend', I'm intrigued. When they accompany it with a quality Thai-Spanish tapa and Motown, I'm hooked.



A deliciously smooth glass of Delito Garnacha

La Falda de Lavapiés is just the kind of tongue-in-cheek tavern that the neighborhood needs, offering quirky bites and a one-of-a-kind wine list to the wide variety of patrons that Calle Miguel Servet attracts. I've stopped in for a bite a few times since it opened in early October, and each time the menu, which only features about ten dishes, has been edited to include the week's freshest ingredients. Aside from the everevolving menu, they also feature a distinctive <u>menú del día</u> plus daily specials that range from ramen to *callos*, highlighting the kind of international versatility that is all too often hard to find in Madrid.

On my most recent visit, we were offered *secreto ibérico* in sweet and sour sauce as our free *aperitivo* as we browsed the menu. The Thai flavors and fantastic cut of Spanish pork paired nicely with the Delito Garnacha wine we had chosen, and by the time we waved down the waitress to order, our appetites were more than piqued.

We chose four small plates to share between the two of us, testing La Falda's version of the Spanish classics of jamón croquettes and cured beef, or *cecina*, and their ability to **fuse Castillian products with Asian flair** in their pork spring rolls and octopus sandwich.



Mouth-wateringly marbled cecina



Vietnamese pork spring rolls

The cecina was some of the best I've tried in Madrid, and I consider myself something of a cured beef expert, ordering it any time I spot it on a menu. While all of the flavors were impeccable, the winner had to be the octopus sandwich with its mixture of Thai herbs and Spanish paprika.



Thai-style octopus sandwich

We only stopped ooh-ing and ah-ing over each bite to sing along with the Motown greats that enveloped the room, and reluctantly put our forks down to watch in awe as the couple next to us jumped up to ballroom dance to James Brown's "It's a Man's World."

La Falda is the perfect example of what makes Lavapiés so special: it puts quality at the forefront and serves its food with a wink, but recognizes that in the end, it's only a space for the vibrant community to enjoy life, and does everything it can to facilitate that. Go for a drink or go for a date. Go, eat, watch the people and leave content in mind, body and soul.

#### Info

- Facebook
- Address: Calle Miguel Servet 4 (Metro Lavapies or Embajadores)

• Phone: 911 688 096

## Fogg Bar, Spanish Craft Beer and Artisanal Cheese in Huertas

Madrid's craft beer scene has been flourishing in recent years with several bars and vendors popping up to meet an increasing demand. Fogg Bar, a new establishment situated on C/ Moratin in Huertas, stands out for serving exclusively Spanish-made artisanal beer on tap along with delicious cheeses.



My friend Diana and I ventured in on a quiet Tuesday night and perched ourselves at the bar. We were able to chat with the charming proprietor, Marisol, who helped us decide which beers to sample. She and her husband opened this bar in September.



They take a lot of pride in **collaborating with smaller breweries and cheese distributors**, often hosting tastings and gatherings where attendees can meet the brewers.



First I sipped #5, the Columbus Goes North, an IPA from La Quince, a brewery in Madrid. This was followed up by #6, the Sweet Milk Stout from Four Lions, a distributor in León.



I was impressed with the presentation of the tapas that accompanied each drink, as well as the **butifarra**, **a typical Catalan sausage**. I was quite taken by this establishment and recommend it to all craft beer aficionados looking to taste Spanish-made beers.

#### Info

- <u>Facebook</u>
- Website
- Address: C/Moratin 5
- Metro: Anton Martin

## For more on Madrid craft beer, check out:

- Beer State of Mind in Madrid
- <u>Heightened Beer State of Mind in Madrid</u>
- La Buena Cerveza, all things beer in Madrid

## Forasteros Concert – Folk, Gypsy-jazz & Swing Music in La Latina

Don't miss the chance to support a Madrid-based band playing tracks from their recently released EP "Hello You!" (Have a listen <u>here</u>) together with classic and new Forasterian creations. Forasteros is made up of a group of international musicians playing a mix of folk, swing and gypsy-jazz music. They'll be holding a concert on Saturday, Nov 28, at 11pm in La Latina, at a venue called <u>Collage Drinks Art</u>. Entrance costs €6 with a drink. Also check out our <u>feature article on</u> Forasteros.

## Casa Mira — Best Turrón in Madrid

Today I want to talk about one of the capital's gems, Casa

<u>Mira</u>. It is probably one of the oldest establishments in Madrid and has become a meeting place for gourmands. What's their secret? Homemade recipes and premium products. Not to mention great customer service.



Casa Mira was founded in 1855 by Don Luis Mira, a master craftsman of **turrón** (traditional Spanish pastry similar to nougat). **Turrón** is probably the most commonly eaten dessert around Christmas time in Spain. It's most likely of Moorish origin and by the 15th century, it was one of the most famous desserts in the Spanish court.



Don Luis' story is a mix between legend and truth. One day he decided to leave his native town of Jijona — with only one cart, two donkeys and his turrón — to find good luck in the capital. Legend has it that he had to restart the trip several times since he sold the entire supply before reaching his first stop.



Today, Casa Mira's turrón continues to be just as irresistible. It is 100% handmade, making it probably the best in the country. Don Luis started his business with a little shop in Plaza Mayor; now it is one of the most famous pastry shops in the capital, not to mention one of the most beloved among Madrileños.



Entering Casa Mira is like traveling back in time. The decor is elegant and vintage. The feeling is magical, making you feel as if it were still the year 1900.



Casa Mira is not only famous for their turrón; they have all kinds of traditional handmade sweets. Marron Glaces, Glorias de Jijona (pastries made of marzipan and egg yolk, wrapped in sugar and rolled by hand), *Yemas de Nuez* (pastries made with egg yolk and nuts) and of course, *Fruta Escarchada* (candied/frosted fruit).



They also serve typical sweets according to other holiday seasons, such as Roscón de Reyes.



But my favorite has to be Spanish breakfast pastry, **pan quemado** ('burnt bread'), which is similar to a brioche or sweet bread roll, and costs just €2.50 each. The best way to eat them is to cut them in half and toast both slices, then add butter and jam.... pure heaven.



The prices are overall very reasonable. Although the turrón is not the cheapest you can find in Madrid, considering it is handmade with a century-old recipe, it is worth every penny. A bar of turrón costs around 16 euros and makes for the absolute <u>perfect gift at Christmas time</u>, whether for someone in Madrid or a loved one back home.

#### Info

- Web
- Address: Carrera de San Jerónimo nº30, 28014, Madrid
- Tf: 914296796 and 914298895

# For more Madrid gift ideas, check out:

Best Gift Ideas from Madrid

<u>El Riojano, Madrid's best pastry shop is right in the centre</u> <u>and it has a hidden tea room</u>

## Casa Picsa, another gem on Calle Ponzano

**Calle Ponzano** is one of the city's most treasured local hangout spots. Situated in Chamberí, it belongs to a handful of Madrid streets that are lined with great bars and restaurants, together with **La Cava Baja, Corredera Bajo de San Pablo** and **La Calle Pez**, just to name a few. In addition to the old-school bars *de toda la vida*, it seems as though a new eatery opens up on **Calle Ponzano** every week, and I'm slowly making my way through all of them! So far I've been to <u>Sala la</u> <u>Despiece</u>, <u>Bar Lambuzo</u> and <u>Taberna Alipio Ramos</u>. Plus Naked contributor, Kate, has also just written about restaurant <u>Toque de Sal</u>.



Now here comes Naked's fifth discovery along Ponzano: <u>Casa</u> <u>Picsa</u>, an Argentine restaurant specializing in pizzas made in a wood-fired oven with local and seasonal ingredients. I went with my friends Vanessa (who writes <u>Las mesas de</u> <u>Vanessa</u>, another foodie blog you've got to follow), Juan and James.

In true Ponzano form, <u>Casa Picsa</u> has a down-to-earth and comfortable ambience. I'd say it's on the pricier side, but they serve some of the best pizzas I've had in Madrid, with high quality ingredients and great service, too. The décor is modern and simple, with a spacious bar and a small seating area.



To start, Casa Picsa offers small appetizers to share: mezzos from around the world with a Porteño touch, as stated on their menu. They're only meant to whet your appetite, as the real deal is the pizza. As we were a party of four, the waiters recommended we order just a few mezzos and save room for the main attraction. So we went with their homemade **Paté Picsa** and **Porotos en vinagre** (organic beans in a vinaigrette). Both were delicious.





The pizza menu is separated into two sections: "old school" and "new school." They cost €20-25 each and are meant to be shared between two people; and trust me, they're big enough. Each pie has eight slices, or "servings of happiness," overflowing with succulent ingredients. Plus you can order two kinds per pie; that way you get to try two in one! \*You can also order gluten-free pizzas made with a chickpea based dough.

We followed our waiter's advice and ordered two pies and four different kinds of pizza. We had the **Papada de cerdo ibérico y alcachofas** (Iberian ham and artichokes); **Pato e higos** (duck and fig); **Butifarra negra** (Catalan black sausage) and **Chorizo criollo y grills** (Creole chorizo with turnip greens). My favorite was the ham and artichoke one; the rest of the table said the winner went to the butifarra. They were all delicious, though. And as we walked out of the restaurant and looked at the mouthwatering pies on other patrons' tables, we knew we'd have to go back to try the rest!





After our main course, we were contentedly stuffed and more than happy to end our night sans sweets. But the waiter managed to convince us to get dessert and we gave in to the **Chocolate cake with dulce de leche ice cream**. How could you possibly resist that? It was insanely good (sorry we forgot to take a photo of it!)

#### Casa Picsa

- <u>Website</u>, <u>Facebook</u> & IG: <u>@picsa</u>
- Address: Calle Ponzano, 76
- Metro: Rios Rosas
- Price: €20-25 per person