Where to Take Your Mom in Madrid – Part 1

Wondering where to take your mom when she comes to visit you in Madrid? Here's a list of places (aside from the Prado and the Royal Palace) that are all hand-picked, tested and approved, if not by me then by my friends. All these ideas have definitely worked – and not just for my mom, but for a lot of out-of-town guests and other family members, too. Here goes!

1. <u>Madrid Food Tour</u>, for a culinary experience full of insight



I can't recommend this tour enough. The guys at <u>Madrid Food</u> <u>Tour</u> are young and passionate about the city's food culture and history. They offer a variety of tours that take you through the city's most authentic neighborhood markets, tapas bars and restaurants. Plus you get to walk around the city while the tour guides give you insights into Madrid's history. I went on the <u>Huertas market tour</u> and wrote about it in <u>a</u> <u>previous post</u>.

But you can check out all the tours <u>here</u> and then choose the one that appeals to you most! The tours are given in English and can be personalized if you have particular food preferences or needs. Just ask them! Another note – I recommend **starting out the trip with this tour** so your mom can get a better feel for the city and its gastronomic offerings.

2. <u>Bar Lambuzo</u>, a familyrun Andalusian restaurant



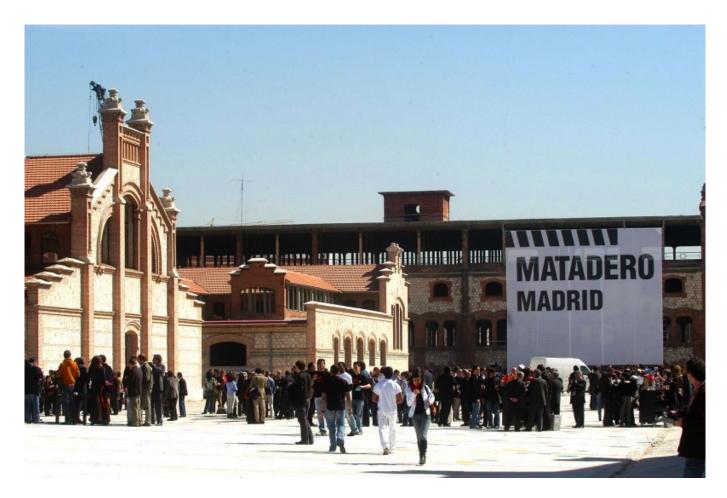
This is one of **my favorite restaurants in Madrid**. What makes Lambuzo perfect is that it is an authentic, Andalucían-style taverna in the heart of Madrid, run by a whole family, and each member has his or her role. For example, you'll find Pepe, the father, working the front and Luis, one of the sons, working the bar. They specialize in food from the South of Spain, so get ready for a variety of fried fish, rice dishes and other delicious treats. Lambuzo now has two locations, although my favorite is the one near Opera, which you can read more about in my previous post <u>here</u>.

3. <u>Museums</u>, Museo Sorolla & Thyssen in particular



My mother has been to the **Prado and Reina Sofia** twice now and although they're of course worth visiting, she actually preferred the **Thyssen** (so did my brother and sisters) and **Sorolla museums**. While the Thyssen's collection is considered one of the best in the world, the Sorolla's is less expected — it is in the painter's former home and houses an outstanding collection of pieces that you can see as you walk through the charming rooms. Here's a post on all of <u>Madrid's</u> obvious and not-so-obvious arts institutions (plus how to get in for free) so you can add more to your list.

4. <u>El Matadero</u> & Madrid Río, for an off-the-beaten-path experience



I always jump at the chance to take friends and family to this place. A former slaughterhouse turned cultural center, **El Matadero** is a must for anyone into contemporary art and cultural activities. It is a huge space with different warehouses, each dedicated to their own type of art. For example, there's the theatre nave, the reading nave and the music nave, among many others. The Matadero also holds wonderful farmers' markets with local products and food trucks, as well as live music and activities for the little ones. It's also situated along Madrid's river so if the weather is nice, I recommend taking a stroll afterwards or even hopping on a bike.

5. <u>Casa Mingo</u>, an oldschool Asturian cider house



I have too many good memories of Casa Mingo, a century-old Asturian restaurant serving roasted chicken and cider by the bottle. Please take your mother here if she likes the good-old kind of restaurant that cannot be imitated no matter how hard you try. This is the real deal (plus it's incredibly cheap!) Here's a <u>previous post</u> I wrote on it.

6. Food markets, not just Mercado de San Miguel



Madrid has a thriving indoor and outdoor market culture. My mother's first experience with Madrid's market scene was Mercado de San Miguel, naturally. While I do suggest taking your mom there, don't forget about Madrid's other markets. On my mom's most recent visit, we went to Mercado del San **Ildefonso** in Malasaña and she was stunned by the architecture, vibrant food scene and open-air seating areas. Then there's Mercado de San Antón in Chueca which is never a bad idea for its gourmet food stands and amazing rooftop bar (check out other **rooftop bars here**). Plus, virtually every weekend there's an outdoor market (aside from the Rastro) and food festival i n Madrid. Some of mν suggestions are Madreat, Mercado de Productores and Mercado de Motores.

8. <u>Desperate Literature</u>, a charming international bookstore



My mom adored this place, mainly because the owner, Craig, gave her a glass of whisky to drink as she browsed through the paperbacks and hardcovers, used and new. There's more to the story, though. Desperate Literature was opened in Madrid about a year ago by the guys who run a very special international bookstore in Santorini, Greece, where my mother had actually visited and my sister had previously worked for a summer. Maybe it's the music, the high quality book selection or the people from all over the world who run Desperate Literature with such care and love, or maybe it's because it's nestled in between the streets that bring you to Madrid's Royal Palace and Opera House... I guess it just has that *je ne sais quoi*. And if your mom is an avid reader, she'll get to donate the book she finished reading on her flight to Madrid and find herself a new one for the trip home! Here's a <u>full post</u> on Desperate Literature.

9. <u>Toni 2</u> or <u>Bar Cock</u>, for cocktails and more…



If you're wondering where to get a drink late at night, you can try Toni 2, a sort of piano bar mostly for patrons of a "certain age" — only the classics are sung here, accompanied by a live pianist. It's an old-fashioned kind of bar with an extra long grand piano in the center (here's a full article on Toni 2). If your mother isn't so into the vintage karaoke scene, then I'd definitely recommend getting a cocktail at Bar Cock, another beautiful old-fashioned bar off the Gran Vía. The only time I went here, Harrison Ford was there! Also,

across the street from Bar Cock is La Barraca, the restaurant mentioned next.

10. <u>La Barraca</u>, for paella and other Valencian dishes



I've been asked a lot about where to get paella in Madrid and never knew what to say, until recently. One of Madrid's most active writers, <u>Dan Catalan</u>, just discovered a place that his grandmother took him to in Madrid. It's a Valencian restaurant located in the city center called La Barraca, which specializes in rice and seafood dishes like paella, which he says is definitely mother-worthy. Just note that this restaurant is on the pricey side – maybe you'll take your mom here, but she'll have to pick up the tab... Check out Dan's post <u>here</u>.

11. <u>Rooftop bars</u>, like Casa Granada or Mercado de San Anton



Madrid has an impressive number of **rooftop bars** and we've written about 20 or so in our <u>4-part series</u>. If I had to recommend just a few, I'd say <u>Palacio de Cibeles</u> and <u>Circulo de Bellas Artes</u> for stunning views, and then <u>Casa Granada</u> and <u>Mercado de San Anton</u> for great food and ambience. My mom loved **Casa Granada** back when it was in such desperate need of renovation that we actually felt our chairs were going to slip off the roof. It's since been refurbished so you'll still get the dining experience, just without the fear...

12. La Cava Baja, for "tapas bar" hopping



Lined with tapas bars and restaurants, La Cava Baja is the most happening street in La Latina. The first time I walked along it with my mother was during winter and it was very foggy outside. She said it looked like a fairy tale – as if a knight on a horse was going to appear riding through the mist. Even on a clear day, La Latina is a must if your mother (like mine) enjoys going into Madrid's charming little bars and walking through the area's old and windy streets. For specific recommendations on bars in La Latina, check out this article: <u>Coziest Wine Bars in La Latina (with gluten free options!)</u>

13. Flamenco, when in Spain...

I personally can't recommend any particular flamenco performance in Madrid, but if you think your mother would enjoy experiencing a tablao, our friends at <u>Madrid Food Tour</u> have compiled this list of <u>Where to See Flamenco in Madrid</u> and we trust them.

14. A nearby town, beyond Toledo



My mom went on a guided tour of Toledo a few years ago and didn't enjoy it so much because she didn't get to "roam around freely" as much as she would have liked. So while I'm not against taking a tour, I do think you should make sure to have enough time to wander around and explore the nooks and crannies of wherever you go. I've taken my mom on a number of day trips around Madrid and her favorite was when we drove to <u>Segovia</u> and <u>El Escorial</u> in one day. If you can get your hands on a car, I highly recommend it. You can also check out our article on <u>Madrid's 10 most beautiful surrounding towns</u> which all link to a description, map and transport details.

15. Pepe Botella & Plaza del Dos de

Mayo, for coffee and tea



Pepe Botella has long been my **favorite café in Madrid**, as anyone who's ever visited me will already know. Its ambience, location and simple drink menu has always set it apart from the rest of Madrid's cafés, for me at least. I recommend going here either before or after lunch and sitting with a book or a newspaper, or just chatting away. When I go in the afternoon, I like starting with a **coffee or tea**, and then welcoming in the evening with **a glass of wine**. Here's a <u>full post on Pepe</u> <u>Botella</u>.

Any other suggestions? We'll be coming out with a part 2 so all recommendations

are more than welcome!

You'll also like:

- Eating our way through Huertas with Madrid Food Tour!
- <u>Madrid's Obvious and Not-so-obvious Museums (and how to get in for free)</u>
- Madrid's 10 Most Beautiful Surrounding Towns (and how to get to there)
- Madrid's best rooftop bars part 1

Croquette Festival in TriBall neighborhood – Madrid's new Soho

You have until Saturday 14th of March to enjoy the first edition of the Jornada Gastronómica de la Croqueta in TriBall. What's TriBall, might you ask? Created by an association of central businesses, TriBall is the new name for a couple of streets located in Malasaña and Chueca – quickly becoming the city's coolest place to be – like Calle Ballesta, Corredora Baja de San Pablo and Valverde.

Download <u>here</u> the plan and the restaurants' addresses!

Eating Our Way through Huertas with Devour Tours

On a recent chilly Saturday morning, James and I set out on one of the city's best ranked activities, Devour Tours. I had never been on a food-inspired tour before, let alone in a city whose food culture I'm quite familiar with. Yet the chance to meet local honey and jam specialists, indulge in chocolatesoaked figs and hop from butchers' shops to tapas bars while learning historical tidbits did indeed change the way I look at the city I've called home for the past seven years.





While <u>Devours Tours</u> offers a bunch of different gastronomic routes throughout the city, we went on the one I consider the most enticing – <u>Huertas Neighborhood Food & Market Tour</u>. The home of the tour was Barrio de las Letras, a central neighborhood named after the famous Spanish writers who once resided, scribbled and drank together there in the 1600's, such as Cervantes, Lope de Vega and Quevedo.

Those of us who live here today know the neighborhood as Huertas, coined after the bar-filled street that runs through it. Unlike many areas surrounding Sol or Plaza Mayor, this barrio upholds a charming and unchanged spirit thanks to its thriving delicatessens, tapas bars and traditional markets. Offerings of old and new spins on local cuisine await you as you walk through its gorgeous cobble-stoned streets. And Devour Tours will let you in on all its secrets.



Our tour guide, James Blick, was not only an expert on Madrid's history and food scene, but also made each and every person on the tour — which consisted of a young Scandinavian couple, two parents from Alabama visiting their daughter on her semester abroad and a group of middle-aged women from Ireland — feel comfortable by asking personal questions, encouraging conversation and creating a wonderful vibe throughout the three-and-a-half-hour event.

I also want to note that my husband, also James, doesn't like cheese (weird, I know) and had told the guys at Devour Tours beforehand. His eyes lit up as he saw a plate of cured meat awaiting him at the cheese tasting, showing how they clearly make it a point to accommodate different tastes and dietary needs.



James (the tour guide) also engaged in friendly chit chat with all the local market vendors and shop owners — something quintessentially Spanish, I must add. Wherever we stopped for a story and a bite, James knew the locals by name and the stories behind their businesses; those close-knit relationships make the tour truly delightful and offer insight into the city's day-to-day life. This kind of rapport and insider know-how can only be attained with a great deal of time and care.



Overall it was clear how much attention was put into designing this tour; every detail was planned to perfection, from the food portions and variety to the timing and storytelling. We had more than enough tapas to fill us all up, yet paced and served up just right so we never felt too full to keep us from walking or having a few more bites at the next stop!



Since I don't want to give too much away, I'll have to wrap things up here. The last thing I'll note is that I had walked by absolutely every place we visited on the tour on many occasions. Most of these places I had never stopped to think about nor even enter.

Now I know that as I stroll along the streets I often frequent such as Calle Huertas and Calle Leon, I'll see a different side of my adopted city. I'll also enjoy a handful of new eateries that are now going straight to the top of my list.



Madrid's best Italian restaurant is not in the likeliest of places.



So whether you're coming through Madrid for a weekend or already live here, let Devour Tours show you around for a few hours, especially if you're a foodie like me! Buen provecho!

To book a tour or read some of their tips on where to find the best food in the city, check out <u>Devour Tours website</u>!