# Bar Toboggan — best new terrace in Madrid's Arganzuela district

Bar Toboggan is one of the best new additions to the area of Arganzuela, located just around the corner from El Matadero. This lovely little restaurant is nestled between a courtyard and playground, so it's away from the cars and you feel like you've left the city — almost as if you were at the beach!





The outdoor seating area is spacious, and family- and petfriendly. The restaurant itself is also very open, with high windows, and modern, colorful decor. The servers are young and friendly. As for the <u>menu</u>, you'll find a great selection of options from small dishes to mains.



The last time we went, our drinks arrived with an extremely fresh and gooey *tortilla de patata* — a nice change from the potato chips and industrial olives that we're so used to these days.



We decided to order an array of small dishes to share: patatas bravas Toboggan, croquetas de jamón, salmorejo, and a pepito palentino — a filet of meat, a slice of brie cheese and sautéed green bell pepper on a baguette.





We were completely full by the end of the meal. In total, we had ordered four small dishes along with two drinks each, and our bill came out to less than  $30 \in$ . A bargain in this city nowadays!



The first time we went, we ordered the Toboggan-style burger with brie, caramelized onions, bacon and mustard; and the tuna tartar with shrimp and avocado. But we didn't take pictures that day. Sorry! I definitely recommend them though.

Food aside, what stands out most about Bar Toboggan is the welcoming atmosphere and unbeatable terrace. Seriously, it might just be my favorite *terraza* in Madrid.

### Bar Toboggan

<u>Website</u>, <u>Facebook</u> & Instagram: <u>@bar\_toboggan</u>

- Address: Plaza Rutilio Gacis, 2

• Metro: Legazpi

## Bite Me Café: Secretly Vegan, Obviously Delicious Donuts in Madrid

Let's be real, vegans are taking over. And us carnivores are left to use our survival tactics — shrewd sarcasm, vegan jokes and complete and utter avoidance. If you tell me you're taking me to a vegan restaurant, I will most likely find an excuse about my goldfish's birthday party and politely decline.

But when Bite Me opened in my neighborhood of Legazpi, my roommate and I decided that we had to try it as good neighbors should. We walked into the charming café and were instantly greeted by the owner, Joel and his warm, extremely hospitable Canadian-ness. He explained all of the flavors to us, passionately and meticulously as we ooh-ed and made the tough decision of picking a donut; much like giving the final rose on The Bachelor.

After I scarfed down my rich chocolate and red wine donut, I was broken the hard truth that Bite Me Café is indeed (gulp)... a vegan café. But the deliciousness of my donut negated every ounce of vegan distrust I had before.



I could have lived the rest of my life not knowing that it was a vegan donut — and that's the point. The donuts boldly speak for themselves and the message is clear: they're delicious. Period. Since then, Bite Me has become a neighborhood favorite of mine that I frequent often.

Joel (Canada) and Sandra (Spain), the donut-loving couple, opened Bite Me in October 2018 after a year and a half of making and donating donuts for events. Bite Me is a cute, quaint neighborhood café, full of exposed brick, tones of red, crooning of Freddie Mercury in the background and mix-match

chairs for a quirky charm. I was shyly greeted by their dog, Ferb, who spent most of his time sleeping in the corner. Yes, Bite Me is dog friendly.



The crafted flavors change weekly. The flavors of this week (just to name a few) are Wild Strawberry, Smoked Maple, Apple Pie, Chocolate and Hazelnut Cream and the limited-edition Torrija (a Spanish-style French Toast).

I greedily tried multiple, completely content with all of the flavors. The Apple Pie donut reminded me of everything

American — filled with fresh apple jam, cinnamon and a surge of flavor that I discovered was a hint of Jamaican all-spice.



The Chocolate Hazelnut Donut was way too good to be true, rich in flavor with a combination similar to Nutella on steroids.

My all-time favorite donut was a Valentine's Day Special of Strawberry Shortcake filled with handmade strawberry jam, decadently topped with whipped cream, strawberries and shortcake. And yes, this donut was my Valentine's Date.



But with Bite Me, there is one rule: You have to get there early as donuts sell out fast. I learned my lesson, so I now obsessively follow them on Instagram to ensure they are in stock and see the mouth-watering flavors of the week. Along with their amazing donuts, Bite Me sells coffee, a great selection of teas, La Virgen brews, and bagels on the weekends.

No matter how your eating habits define you, we can all agree of the simple truth that these donuts are damn good and made with pride from Joel and Sandra. Bite Me is an upcoming local café where you will come for the donuts again and again.

## By Rachel Thompson

To learn more about the author, check out her blog <a href="https://www.RachelInRoute.com">www.RachelInRoute.com</a> or follow her on Instagram at <a href="mailto:@RachelInRoute">@RachelInRoute</a>

All images from <u>Bite Me's Facebook page</u>

#### Bite Me

- <u>Facebook</u> & Instagram: @biteme\_madrid
- Spotify playlist
- Address: Plaza de la Beata Maria Ana de Jesus, 2 (Metro: Legazpi)
- Hours: Mon: 10-1:30, 4-9pm; Tues & Wed: Closed; Thurs: 10-1:30, 4-9pm; Fri: 10-1:30, 4-9pm; Sat & Sun: 10-9pm. Hours may change for Summer

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