Yatai Market: Asian Street Food in the City Center

Move over San Miguel and San Antón—**there’s a new kind of market in town.**

Let the buzzing neon signs and colorful lights lure you in to the latest addition to Madrid’s foodie scene, the new mecca of an increasingly trendy culinary genre: Asian street food.

Located just off Plaza de Tirso de Molina, Cortezo Yatai Market unites several different vendors under one roof, letting diners sample all the greatest hits of East Asian *comida callejera*. It preserves the essence of the street food experience, with an atmosphere that’s both casual and chaotic, laidback and lively. Its creative concept combines the shareable dishes, miniature portions, and social atmosphere of Spanish tapas culture with the **flavorful flair of Asian fusion cuisine.**



Various vendors are arranged around the perimeter of a large room, with high top tables and stools in the center. There’s a bar in the back offering beer, wine, and cocktails—but if you want something a little more exotic, try a can of tamarind soda or coconut water.



Once you've got a drink in your hand, take a few minutes to wander around and explore your options (there are plenty). At HOTBAO you can take your pick from a variety of stuffed bao buns and several kinds of dimsum.



Right next door, Funky Chen offers pad Thai, noodles, and rice topped with everything from veggies to duck to soft-shell crab.

On the other side of the room, colorful curries tempt customers to the counter of Asia Cañi. Don’t forget to try one of their rolls, with creative fillings like *ceviche de chicharrones* and *cocido madrileño* (yes, you read that right).



To the right of Asia Cañi you'll find Le Japonais, offering sushi, nigiri, maki, and poke bowls. To the left, there's Ramen Suk, with steaming noodles that are a far cry from the powdered soup you might be picturing.

Before you make any decisions, don't forget to check out Smok Mok, tucked away in the market's smaller and quieter back room. It may be set apart from the main area, but with everything from vegan options to smoked Japanese BBQ meatballs—and the only dessert on offer at the market—you definitely don't want to miss it.



The best thing about Yatai Market? **It’s got something for everyone.** Whether you’re looking for a hearty bowl of curry to warm the soul or you want to sample several smaller dishes, you can design your dinner (or lunch) experience to match your mood.



Pad Thai from Funky Chen

Not to mention the fact that prices are more than reasonable: you can get a roll or dimsum for as little as €1 or a bao for €4. Larger dishes range from €6 to €14. Asia Cañi even offers combo meals that include 2 rolls, curry, rice, and a drink for just €9.



Veggie fried rice

If you’re in the mood for something different than the same old neighborhood bar or quiet café, this is the place for you. With the spirit of a classic Madrid market, the hipster vibes of a Malasaña pop-up, and the exotic flavors of a faraway continent, Yatai Market should be at the top of your list.

Info

- **Facebook** & **Instagram**
- **Address:** Calle Doctor Cortezo, 10
- **Metro:** Tirso de Molina and Sol

Ana La Santa… Baby it’s cold outside

Being an expat in Madrid seems to equate to a couple of things; you’re highly likely to favour drinking a caña over a coffee (it honestly works out cheaper), most of your wardrobe will consist of Zara purchases (although that *may* just be me) and I’m pretty sure that come Autumn time, you start to long for Sunday afternoons curled up in a pub with a fire and a glass of red for company. Whilst Madrid can offer a visitor many things (often wall to wall sunshine), it doesn’t really pack a punch on the pub front…

However, Ana La Santa has been become my default option for when I’m craving cosiness, and there’s good reason why.



Situated in what is undoubtedly one of the most beautiful

plazas in all of Madrid, Ana La Santa, the bar and restaurant that occupies the **ground floor of the hard to miss Hotel ME**, is without doubt the chicest (and next best thing) that's akin to a Gastropub that you might find back in Blighty. Picture a roaring fire, squidgy sofas, easy on the eye staff and the kind of simple style that is more often found in Scandi-land and you'd be on the right page.



This season's buzz word for urbanites is hygge.

Pronounced *hoo-ga*, this Danish word defies literal translation. **In essence it means enjoying life's small but soothing moments** – perhaps nibbling some *croquetas de jamón* with one hand, whilst sipping a perfectly mixed Gin and Tonic in the other…

It's about investing in emotional well-being through the simple and homespun. That's exactly what I managed to achieve there on a bitingly cold Tuesday evening. I left feeling with a slightly larger waistline and feeling that **our host (the wonderful Alba) was a new friend – the service was THAT good**.

When Spain's not sunny (and trust me it happens) I urge you to bunker down amid soft cushions, flickering candles and bask in the warmth of Ana La Santa. All that's left on your part is to find yourself a Spaniard to snuggle with.

All photos from Ana la Santa

Ana la Santa

- **Facebook & Instagram: @analasantamadrid**
- **Address: Plaza Sta. Ana, 14**
- **Metro: Sol/Sevilla**
- **Phone: 917 01 60 13**

Chiringuito de El Señor Martín, top quality beach bar in Sol

The landlocked city of Madrid is supposedly home to the country's best quality fish and seafood. Why? Because Madrileños say so! Opinion aside, it's true that fresh fish from all coasts of Spain are shipped to the capital on a daily basis and one restaurant in Sol has taken full advantage: **Chirignuito de El Señor Martín**, located on Calle Mayor.



Chiringuito means 'beach bar' in Spanish, hence the restaurant's beach-chic feel and menu featuring a variety of fish and seafood platters. During summer, this *chiringuito* gets even breezier when it opens its glass doors onto Calle Mayor and becomes one with the sidewalk. During

winter, the restaurant also expands its menu to include heartier seafood stews and rice dishes.



James and I had the pleasure of having lunch here on Wednesday. When you walk in, you see the fresh fish on display, which comes straight from **El Señor Martín**, a high-quality fish market inside **Mercado de San Miguel** (and where the restaurant gets the other half of its name).



You can see right into the kitchen, where you'll find the tattoo-covered chef, Beltrán Alonso. He and the waiter kindly explained each menu item to us, as well as the innovative cooking techniques they use and the origin of their ingredients. So without further ado, here's what we had…



To drink, we started off with two glasses of champagne, which came with a tapa of ***camarones***, baby shrimp that are caught using sustainable fishing methods.



Our first sarter was ***ensaladilla rusa***, a traditional homemade potato salad with baby shrimp and fish roe. This is on their permanent menu and it wouldn’t be a real Spanish fish restaurant without it!



Our second starter was very innovative: **gambas con dos cocciones y ajo morado de las Pedroñeras**, twice-cooked shrimp with black garlic. It’s important to note that the black garlic they use is the best in Spain (if not the world, according to our waiter). The flavor of the shrimp was completely distinct and absolutely delicious.



Our third starter was our favorite: ***calamares***. This is one of the most typical dishes in Andalucía and here, it’s not only good quality (fresh from **El Señor Martín** market) but also prepared in extra virgin olive oil, like everything else on the menu. It was so fresh, light and satisfying. You have to get this when you go here no matter what.



For our main dish, we had ***arroz meloso con corvina salvaje*** (rice cooked in broth with wild sea bass), accompanied by two glasses of ***albariño*** (Galician white wine). I really loved this dish. The sea bass was cooked to perfection and the rice had a delicious flavor to it. I couldn’t have been happier. To top it all off, we had cheesecake!



If you’re in Sol and looking for some of the freshest fish in the city, as well as a mini-trip to the beach, this is your place!

Info

- **Web** & **Facebook**
- **Address:** Calle Mayor 31
- **Metro:** Sol

La Pecera, Affordable Fine Dining at Círculo de Bellas Artes

Fancy a decadent meal in a regal setting that doesn't burn a hole in your wallet? We found it! El Círculo de Bellas Artes is one of Madrid's most emblematic buildings and its street-level restaurant, **La Pecera**, serves a top-quality ***menú del día*** every day of the week for just €15 (€17 on the terrace). It includes a starter, main course, drink and coffee or dessert, with a variety of dishes and vegetarian options to choose from. And to top it all off, you'll be enjoying your delicious meal in a stunning dining room with beautifully painted ceilings, elegant chandeliers and excellent service.







James and I went on a Monday for the **menú del día** and we're still amazed that you can get such a fine dining experience for only €15 a person. I kept thinking I wished I'd **brought my parents** here each time they'd come to visit. Like myself, I'm sure a lot of people walk by **La Pecera** with its outdoor terrace and fans in the summertime, and assume it is too exclusive to go in. Wrong! Prices are similar to what you'll find at almost all nice restaurants in Madrid. But you just can't beat this magnificent setting…

Now on to the food. For starters, I had the ***arroz caldoso (rice in broth) with clams and shrimp***, and James had the ***pasta with sautéed vegetables and cuttlefish***. Other starters that caught my eye were the homemade salmorejo, ham croquettes, lentils and duck magret salad… good thing I just went with the waiter's recommendation or else it would've taken me ages to order.





The **arroz caldoso** is prepared in an individual pot and with a deliciously flavored seafood sauce. The portion was generous, so I was happy my main course was also fish. James’ cuttlefish pasta had a surprising Asian flavor, something he loved but didn’t expect given the more traditional setting.

For the main course I had the smoked salmon with vegetables in a coconut sauce, another unexpected mix of flavors.



But I must admit that James' main course took the cake: the **Carrillada Ibérica** (Iberian beef cheeks) with apple quince jelly. The meat was so tender it melted in his mouth and the sauce was so flavorful that all James could say was, "Oh, wow."



All the desserts are homemade and included in the menú del día. James had the apple pie and I had a semi-cold yogurt with a reduced Pedro Ximénez sauce. So good.





As we were leaving, I asked the waiter if there's anything else we should try. He told us we had to come back for the **breakfast menu**, which features a range of options, from the standard toast and freshly-squeezed orange juice to a full-on British-style breakfast and **American-style brunch**.

At night, the restaurant holds live jazz concerts and its **bar offers an impressive selection of over 400 bottles of liquor**; all to please local and foreign palates at a reasonable price, within a gorgeous space that'll make any day feel like a special occasion.



So before or after your next visit to a **museum along Paseo del Prado**, or shopping in the center or whatever brings you and yours to Madrid, you’re in for a treat!


LA PECERA
DEL CÍRCULO DE BELLAS ARTES



Lastly, I can't end this article without reminding you that El Círculo de Bellas Artes has one of the **city's best rooftop bars**, called **Tartan Roof**. Make sure to pop up to take in the view, visit its restaurant (just book ahead of time) or enjoy a cocktail.

Info

- **Website** & **Facebook**
- **Address:** Calle Alcalá 42
- **Metro:** Banco de España or Sevilla
- **Phone:** 677458448 / 913 605 400

You may also like:

- Where to take your mom in Madrid

- A year of Menús del Día in Madrid
- Madrid's best rooftop bars

La Nodriza, Madrid's loveliest health food store!

Around Christmastime I got an email from Terry and Charlotte who run **Desperate Literature**, an international bookstore that's just a street up from Opera. Here's what they wrote: "We came across a local health and organic food store that we fell in love with. The owner is great… and it's a crying shame that locals and health-conscious expats don't know about the place. It only has **Facebook**, but voila, now we've done our part and spread the good news," inferring it was Naked Madrid's turn to do the same!

Thank you, Terry and Charlotte, for sending me that email! I finally made it to **La Nodriza** today and I have to agree – how had I not known about it earlier? It's just a few steps from plaza Opera and lovingly run by a woman named Lucía, who handpicks each item with careful consideration to customers' requests and also speaks English. Originally from Spain, Lucía has lived all over the world, having spent years in England, Sweden (she speaks Swedish, too), Chile and even Kuwait and Oman. Long story short, she's got a lot of stories. Eventually she decided to follow her passion and study nutrition, which led her to **open La Nodriza two years ago, "her dream come true."**



Although La Nodriza is small, it offers an impressive selection of handmade and organic products, ranging from cosmetics and olive oil to fresh produce and yogurt. You can even get a weekly order of local fruits and vegetables. Chances are you'll find that hard-to-find item here, or you can ask Lucía to order it for you! Not to mention, **La Nodriza is also a great place to find a gift for someone back home** (like locally produced olive oil or raw honey), **or even for someone in town** (like Burt's Bees products).



What I bought

What caught my eye the most was her wide selection of raw honeys. She has two large containers of honey from local producers that you can purchase by the kilo: one is made with lavender (*lavanda*), and the other with heather (*brezo*). Lucía let us taste both of them, which were so pure and delicious. **I bought a kilo of the heather honey (€10.50) because it was darker and richer, which is the kind I prefer, and I also got to pour it myself**.



The next thing I bought was **organic peanut butter by a brand called Monki**. Although it wasn't cheap (€7.20) and there was another less expensive option, Lucía assured me this one's quality was well worth it. As I sit here with my Monki peanut butter on toast, all I can say is I second her opinion.

While browsing, Lucía gave us both a piece of **dark chocolate with chilli peppers** because, "it's something different." As we were leaving, she popped two bite-size **red apples** into our bag. "They're small," she said, "but totally fresh and pack in a lot of flavor." And they do, indeed.

So, people of Madrid, if you're looking for a place to get your supply of organic, fresh and local products in the heart of the city, you've found it. These products may be more expensive than what you'll find at Mercadona, but they're oh so worth it!

Info

- Facebook
- **Hours:** Open Tues-Sunday from 12pm-10pm
- **Phone:** +34 912 50 29 65
- **Address:** Calle Caños del Peral, 5

You may also like:

- Best Gifts from Madrid
- Desperate Literature, for book lovers in Brooklyn, Santorini and now Madrid!
- Where to take your Mom in Madrid

De María: Fabulous Argentinian Restaurant

I discovered this fabulous restaurant not too long ago, called De María, as two people recommended it to me on separate occasions. Since then it has become one of my go-to spots in Madrid. De María is one of those restaurants that always leaves a good impression on everyone who dines there; the food is great, portions are generous and the price is fantastic.

De María is popular to say the least; photographs of famous patrons line the walls: athletes like Beckham and actors like Javier Bardem are just some of the familiar faces who have enjoyed this wonderful restaurant.



De María has several locations. So far I've tried three of them and none was disappointing.

The menu is varied and contains good-quality ingredients. You can choose from a variety of mouth-watering starters, such as "chorizo criollo", or vegetable dishes, pastas and salads and, of course, the traditional Argentine beef. The last time I dined here we weren't very hungry so we opted for a lighter menu. Something that stands out to me about **De María** is that

you always get tasty snacks to nibble on while you wait for your food to arrive.



The **chimichurri and pepper sauces** are a must, as is the **cream cheese spread.** During the summer they usually bring a glass of gazpacho or salmorejo. When it’s cold out, they tend to bring you a creamy vegetable soup – in our case, we got a delicious pumpkin soup.

As a starter, we went for the **grilled Provolone cheese**. It was simply exquisite and even more when covered with one of their tasty sauces. “**Chorizo criollo**” is another must.



After the cheese plate, my friend and I ordered salads; she ordered a **mixed salad** and I had a **caprese salad** – light, fresh, and deliciously paired with a beer and a glass of white wine.





We decided to skip dessert because we weren’t too hungry, but the waiter didn’t seem to care: he brought us each **a glass of tangerine sorbet and a yogurt and mango sauce (on the house!)**, along with their traditional shots.





De María's prices are very reasonable. We paid about €21 each. So if you want to enjoy Argentinian cuisine and a friendly atmosphere, this is your place. It also has the advantage of having several locations so finding a table will not be a problem.

The locations I've visited are:

- *De María: Calle Hortaleza, 81, 28004, Madrid*
- *De María: Calle Preciados 32, 28013, Madrid*
- *De María:Calle Correo 2, 28012, Madrid*

You can find all the locations listed on their **web**

If you want to enjoy more Argentinian restaurants in Madrid, then check out our article on **Casa Federica**.

Casa Mira – Best Turrón in Madrid

Today I want to talk about one of the capital's gems, **Casa Mira**. It is probably one of the oldest establishments in Madrid and has become a meeting place for gourmands. What's their secret? Homemade recipes and premium products. Not to mention great customer service.



Casa Mira was founded in 1855 by Don Luis Mira, a master craftsman of ***turrón*** (traditional Spanish pastry similar to nougat). ***Turrón*** is probably the most commonly eaten dessert around Christmas time in Spain. It's most likely of Moorish

origin and by the 15th century, it was one of the most famous desserts in the Spanish court.



Don Luis’ story is a mix between legend and truth. One day he decided to leave his native town of Jijona – with only one cart, two donkeys and his turrón – to find good luck in the capital. Legend has it that he had to restart the trip several times since he sold the entire supply before reaching his first stop.



Today, Casa Mira’s turrón continues to be just as irresistible. It is 100% handmade, making it probably the best in the country. Don Luis started his business with a little shop in Plaza Mayor; now it is one of the most famous pastry shops in the capital, not to mention one of the most beloved among Madrileños.



Entering Casa Mira is like traveling back in time. The decor is elegant and vintage. The feeling is magical, making you feel as if it were still the year 1900.



Casa Mira is not only famous for their turrón; they have all kinds of traditional handmade sweets. Marron Glaces, Glorias de Jijona (pastries made of marzipan and egg yolk, wrapped in sugar and rolled by hand), *Yemas de Nuez (*pastries made with egg yolk and nuts) and of course, *Fruta Escarchada* (candied/frosted fruit).



They also serve typical sweets according to other holiday seasons, such as Roscón de Reyes.



But my favorite has to be Spanish breakfast pastry, ***pan quemado*** (‘burnt bread’), which is similar to a brioche or sweet bread roll, and costs just €2.50 each. The best way to eat them is to cut them in half and toast both slices, then add butter and jam…. pure heaven.



The prices are overall very reasonable. Although the turrón is not the cheapest you can find in Madrid, considering it is handmade with a century-old recipe, it is worth every penny. A bar of turrón costs around 16 euros and makes for the absolute perfect gift at Christmas time, whether for someone in Madrid or a loved one back home.

Info

- **Web**
- *Address: Carrera de San Jerónimo nº30, 28014, Madrid*
- Tf: 914296796 and 914298895

For more Madrid gift ideas, check out:

Best Gift Ideas from Madrid

El Riojano, Madrid's best pastry shop is right in the centre and it has a hidden tea room

Panda by Hattori Hanzo: A sweet, Japanese merienda

Ah, the *merienda*. It's one of the best things about the Spanish eating schedule; one in between breakfast and lunch and another between lunch and dinner. While we normally think of a *merienda* as either a croissant or a *tostada con tomate* in the morning and then a pastry or sandwich in the afternoon, **a little place behind Gran Vía meters from Terraza Gymage has a way for your *merienda* to have a more Japanese flavor**. While for lunch and dinner **Hattori Hanzo** often requires a reservation at least 3 days in advance (see full restaurant post **here**), **during the sacred afternoon *merienda* hours from 5 to 8 PM, you can get a taste of the sweet side of Japan at Panda by Hattori Hanzo.**



It is the first Japanese pastry shop and *matcha* bar in the city and allows you to experience a different side of Japanese cuisine (but if you don’t have a sweet tooth, never fear. There’s also a savory menu as well).



My friends and I found ourselves in awe with all of the choices of pastries, including **Japanese-style macarons, mochi**

balls, teas, frappés, and more. Two main ingredients are highlighted in all of your options: **sakura (cherry blossom)** and **matcha (a type of green tea that is currently all of the rage for its health benefits)**. I fell in love with matcha during one of my last trips back to New York when I found myself in a hipster coffee shop across the street from the Strand Bookstore (enough said) and the appearance of matcha in certain places in Madrid makes me incredibly happy. Within the different categories on the menu, there was a matcha option, a sakura option, and a traditional chocolate option.

Let’s just say my choices followed a pattern: that they contained matcha.

After thoughtful deliberation, we resorted to asking our waitress, the one who knows the menu inside and out. After asking us about our preferences, she suggested that we try **the signature offering at Panda: the matcha swiss roll**. We followed her advice and we did not regret it one bit.



The matcha swiss roll is a matcha sponge cake with a mascarpone filling. There are droplets of red bean and matcha paste, crunchy raspberries, and a beautiful strawberry cut as if it were a rose. This is the star offering at Panda, and is definitely the perfect choice for your first time. It really gives you a sense what the most popular desserts are like in Japan: a perfect fusion of eastern and western flavors. And for someone who normally doesn’t eat things that are sweet, it was absolutely perfect.

For drinks, I chose an iced matcha latte, while one of my friends had one of the numerous Japanese teas on offer (expertly prepared and we were left with a timer so it could properly boil) and another had the sakura latte.



The matcha latte was naturally refreshing, and is creamier than a typical tea. The next time I go back I'll naturally

have it hot, but it’s something that you can have either in the summer or winter.

Are you ready to enjoy the sweet side of Japanese cuisine? Get a bunch of your friends for a fantastic afterwork and merienda at Panda.

Info

> **Website** & **Facebook**
>
> **Address:** Calle del Desengaño, 11
> **Tel.:** 91 786 57 80 / 606 282 608
> **Metro:** Gran Vía (Lines 1 and 5)/Callao (Lines 3 and 5)

Ramen Kagura, Madrid’s (almost) perfect ramen bar

Located on Calle de Las Fuentes, in between metro Opera and Plaza Mayor, lies a Japanese restaurant serving **unbelievably tasty ramen, with heaping portions at an affordable price**. I’m tempted to call **Ramen Kagura** perfect, yet the service could have been much better. To be fair, the food did come out in a split second after ordering.



I went to **Ramen Kagura** for the first time on Saturday with a big group of friends, three of whom are Japanese (also the ones who recommended we go here). Almost everyone at our table of seven had also dined at Madrid's most celebrated ramen bar, **Chuka**, where you basically have to fight to get a table. Naturally, a conversation comparing the two ramen bars did come up. We concluded that **Chuka** has better-quality ingredients and a chic décor. But when it comes down to it, **Ramen Kagura's noodles simply hit the spot;** plus it wins in terms of convenience (getting a table is easy) and **bang for your buck** (for under €10 you get a delicious and very filling meal).



You can order from several different types of ramen bowls, mostly made with pork-based broth, vegetables, and your choice of shoyu or miso sauce. Broth-less, cold and vegetarian versions are also available, as well as rice dishes and sushi (which we didn’t try). **Each bowl comes with your choice of 100, 200 or 400 grams of ramen noodles,** prices ranging accordingly from around **€8-11**. I ordered the 200-gram bowl and it was gigantic. James and Edison ordered the 400-gram bowls. Needless to say, they were very happy campers. We devoured everything and there were no complaints regarding portions, taste or price.



I’ll let the poor service slide. Perhaps we just went on an off day. Since the food was oh so good, we’ll be going back again and again and again…

Info

Web & **Facebook**

Address: Calle de las Fuentes, 1

Metros: Opera or Sol

Hours: Monday through Sunday: 1pm-4:15pm / 8:30pm-11:45pm

More Asian restaurants featured on Naked Madrid:

- **Kintaro – Oy Vey**
- **Sumo – This Japanese restaurant's name says it all**
- **Tuk Tuk – Asian-inspired street food**
- **Chuka Ramen Bar – Madrid's hottest ramen restaurant**
- **Hattori Hanzo – Japanese food, straight up. No sushi.**
- **Nippon 2 – top quality yet affordable sushi, finally!**
- **Soy Kitchen – a fusion of Asian flavors**
- **Karachai – A cozy and elegant Thai restaurant in Alonso Martínez**

A Year of Menus Del Día in Madrid

Tapas get all the fame in Spain. Drinking wine, nibbling chorizo, sharing little bites late into the night—the tapa is romantic. Never mind that the definition is slippery and the quality unpredictable, or that an evening of tapa-hopping can cost you more in the end than sitting down for a proper meal.

But I'd like to take a moment to celebrate a lesser-known Spanish food tradition, one that's equally praiseworthy but seldom mentioned: the ***menu del día.*** These three magic words will get you a three-course meal, with bread and wine included, at an incredible fixed price.

Beginning as a government-mandated measure during the Franco years, this practical lunch tradition was designed to provide affordable meals to day laborers during the workweek. While no longer required by law, restaurants have carried the tradition

full-force into the 21st Century, with even high-end establishments kneeling down to offer those of us on tighter budgets delicious lunches at bargain prices. **It's not as sexy or unique as the tapa, but the *menu del día* forms an integral part of the Spanish food culture and is perhaps one of Spain's best-kept secrets**.



The Club.

Over the last year some friends and I decided to take advantage of the *menus* around Madrid. I wouldn't call us a club (ignore that I just did) but rather a shifting group of buddies hanging out over a different meal every Friday. We would fluctuate between two and ten people, though it was always anchored by a couple die-hard members, myself included.

I recommend that anyone with the opportunity start their own tradition as well. It's a great way to try new food, see new corners of the city, and hang out with all the other no-goodnik three-day weekenders over something other than a bar stool.

We had only four rules. All menus had to be:

1. In one of the central barrios.
2. Less than 15 euros per person.
3. Good quality food.
4. Good quality people.

The Rankings.

This list is limited to our *menu del día* meet-ups over the past calendar year. I included both food and atmosphere in my decisions, though the process was by no means meticulous; I'm going off little more than my general impressions of each place. I also recognize this list skews toward trendy restaurants, which is partly because we liked to use the meet-up as an opportunity to get into otherwise busy spots (Friday lunch was normally little hassle), but also as a much-needed break from the every-day Spanish fare. It's worth noting that sometimes little Spanish joints in the outer barrios do the best *menus* of all!

1. Bacira (Chamberí, 14 euros)



It’s pretty astounding that a restaurant with a waitlist of more than a month offers a 14-euro fixed-price meal. If that’s not a testament to the spirit of the *menú del día*, I don’t know what is. Make a reservation, wait it out, and go here. The food is a fresh take on the Mediterranean-Asian fusion that’s the rage in Spain these days (thanks, David Muñoz) and the dining room is bright and welcoming with all the touchstones of modern aesthetics (dangling bulbs, faded wood, dark blues and whites) without feeling hackneyed. The food is fresh, creative and delicious. We felt like sexy young business people at English teacher prices.

2. Gabriel. (Conde Duque, 14 euros)



You know you've chosen your restaurant well when you find yourself eating next to Javier Bardem. The rich and famous have good taste, much better than Joe Nobodies like us, but this place stands on its own. The cuisine consists of modern takes on Spanish classics though there are the occasional Asian influences (again, all the rage), and the desserts are incredible. It also has the nicest bathroom in Madrid—shit's straight out of a William Sonoma catalog. Atmosphere is cozy, intimate, and occasionally Bardem-ridden.

3. Momo (Chueca, 11.50 euros)

Unlike other restaurants that include maybe two or three options for a first and second course, Momo offers the entire menu for the *menu del día*. The food is delicious and varied (again, some Mediterranean-Asian fusion going on—I'm spotting

a trend). The dishes can sometimes be a bit sauce-heavy (or maybe my tastes are becoming more Spanish) but choose wisely and you'll love your meal. This is one of my go-to *menus del día* when I have visitors because of the wide selection. They also have a menu de noche for a reasonable 18 euros (same as the day menu), but if you're going to be in the area for a reasonably-priced dinner, I'd suggest **Baco y Beto**.

4. Badila (Lavapiés, 13.50 euros)



This restaurant is intimate and classic (the chef himself sometimes takes the orders) with faded white wood walls and a chalkboard listing the daily specials. The food is classic Spanish with a touch of 'lo moderno,' and everything is fresh and seasonal. It's still the best *crema de verduras* I've had in Madrid (had seasonal squash with a couple slices of intense

chorizo), which says a lot in a city obsessed with creaming vegetables. Here's a previous post on Badila.

5. La casa dei Pazzi (chueca, 11.50 euros)



Casa dei Pazza

Just to switch things up here, let's focus on quantity. Casa dei Pazzi offers a substantial salad as a starter and then a whole Italian-style pizza for your main course. There's also wine, bread and dessert. You'll wonder how you got away with paying only 11 euros, half-expecting to look over your shoulder as you leave and see an angry Italian chef charging after you with a pizza paddle.

6. Los Chuchis (Lavapies, 11 euros)



Maybe the most charming atmosphere in the list, it feels a bit like an old diner, with a few tables around a large bar and counter in the middle, the hustle and bustle of the waiters running around and the steady chatter of regulars. The food's great too. We showed up at 1:30 and it was fine, but it filled up quickly. Check out our previous post on Los Chuchis.

7. Bar Galleta (Malasaña, 11.50 euros)



This trendy restaurant in Malasaña has a similar feel to Maricastaña (see below), with both doing modern takes on classic spanish food, though Galleta's menu skews a bit more French. They're also on the same street, so if you don't like the look of one *menu,* try the other. I prefer the atmosphere here though—the warm gold lighting, the wide French doors to the street, the wood and brick interior with wild flowers in vases around the restaurant. When we went the food was classic Spanish but good (crema starter, *entrecot*, a fruit desert) but *the menu del día* seems to change frequently and dramatically, so you can probably catch it on a great day.

8. Maricastaña (Malasaña, 11.50 euros)



The food is classic *menu del día* —your typical *crema de*

verduras starter (or hummus or a salad) with a protein-focused second (*lomo, entrecot, meluza*)—but what they do, they do well. It has a bit of that same late-2000s trendy look to it—exposed brick, sanded wood shelves, dangling lightbulbs and fading white paint—but they manage to pull it off. Galleta wins by a hair, but they're both nice dining experiences.

9. La Candelita (Alonso Martinez, 12 euros)



We all enjoyed this place. They describe their cuisine as "Latin Criollo" (though it leaned more Spanish than Latin American) with a warm Latin-inspired atmosphere. They publish examples of their *menú del día* right on the website http://lacandelita.es/carta/menu-del-dia/ so you don't have to take my word for it!

10. TukTuk (Chamberí or Chueca, 10.50 euros)



TukTuk doesn't even need mentioning on an English-language Madrid blog. They do a nice variety of Southeast Asian dishes and have great quantity and quality menu for the price, so it's always a popular suggestion in the expat community. If you've lived here for over a year, you've definitely heard the typical "let's all go TuckTak! Takatuk! TACKATACKATUKKA!" They're pronouncing it wrong, though—it's "tuktuk." Read our full post on Tuk Tuk.

11. La Tragantúa (Huertas, 12 euros)



(photo credit Carlos Olmo Minube.com)

This place was consistently called the best menú del día in Madrid on TripAdvisor last year, and it might still have that reputation, but the second time I went, the quality and presentation seemed to have slipped. Who knows, it may have been an off day. I don't know how you would characterize their food—it's a bit of a Spanish-and-everything fusion. I would sum it up as "rich." Be careful to mix up the starter and second course, otherwise you'll be like "why'd I order fried cheese in blueberry sauce as an appetizer for pesto-smothered pork?"

12. My Veg (Malasaña, 15 euros)



I bumped My Veg down a couple notches because they didn't include a drink with the *menu del día,* which is an insult to the very tradition! The final cost was closer to 18 euros, making it the most expensive *menu* we had all year. In terms of quality, it would be closer to the top. All the food was market fresh (they pride themselves on "tomatoes that taste like tomatoes") and the presentation modern and meticulous. It's a much fancier place than the outside suggests. Just ignore the terrible name.

13. El Apartmento (Huertas, 12 euros)



I came here after a particularly intense bike ride and without showering, so my memory is one of me hunching over my plate apologetically avoiding eye contact with all the well-dressed businessmen eating around us. The food was delicious though, Spanish food with a modern twist. I managed to take this blurry photo before losing all control and smashing my face into my plate in a black-out feeding frenzy.

14. Siam (Conde Duque, 11.61 euros)

I'm a sucker for Thai food and this place does a decent job for the (oddly specific) price. They include tom yum soup or pad thai as a starter, then a stirfry or curry as a second. The atmosphere is a bit odd, it feels a bit like a theme restaurant. While we're on the topic of thai food, I actually prefer the menú del día at **Maiia Thai (Plaza de España),** though it doesn't rotate much, and sometimes the new **BambuBox (Chueca)** has Tom Kha as a starter, which is nice. I

haven’t included either of those on the list because they weren’t done as a menu with the group. Also: **Krachai (Alonso Martinez)** has very high quality food and some Michelin nods, though the menu is expensive, doesn’t include soup, and doesn’t rotate much.

15. Taberna DNorte (Sol, 10 euros)



So this place has a surprisingly nice interior and the food wasn’t bad (a decent-sized burger, a pisto starter for me, someone got a salad) but it’s located in an exceptionally ugly plaza between Sol and Gran Via and attached to a drab little hotel. It’s the kind of place you’d expect to see a man in a disheveled suit drinking a mid-morning cocktail and nervously waiting to meet his mistress.

16.Vietnam 24 (Chueca, 11 euros)



The menu food isn’t bad, but it’s not particularly noteworthy. We all had some type of chicken or beef stir-fry but they seemed to lack those bright fundamental vietnamese tastes (mint, lime, basil). I also would’ve liked to see pho as a menu option, but that’s wishful thinking. I prefer **La Petit Hanoi** in malasaña.

17. El b_US (Sol, 10 euros)



Everyone else loved this place (including TripAdvisor, where it has some pretty outstanding rankings). It has a unique design concept I guess, but I was not blown away by the food. I also have no idea how we're supposed to pronounce it. "El bus?" "El beh- OOS?" I end up saying it like I'm hesitant to recommend it, which I guess I am: "El b'us."

18. Vivares (chueca, 9.90 euro / 12 euros veg option)



This restaurant is popular for lunch in Chueca, but I can’t figure out why, exactly. We experienced so-so food in a chaotic environment, nothing extraordinary, and the menu felt a bit too long for them to focus on any type of seasonal speciality. My strongest memory is that it was too loud. “Alright, gramps” you’re probably thinking, but the sensation was like being in an adult Chuck-E-Cheese without any of the cool robot puppets.

19. La Mucca (Malasaña, 10 euros)



I enjoy La Mucca for dinner. They have a good boletus pizza and some quality appetizers, and it’s lively and fun in the evening. For lunch, this place disappointed. It was the first *menu del día* where someone had to set aside a dish—a greasy open-faced sandwich with an odd flavor. We were also sitting on the slanting terraza with the harsh mid-afternoon February sunlight blinding our eyes and giving the greasy *Tosta* an even more washed-out, dreary look. The highlight was this salad, but even that can be made easily at home for much cheaper. We sat there dreaming of all the better places on this list, knowing that next week was a fresh start.

Final Thoughts:

You might have noticed almost none of these get awful reviews, but that’s simply because none of these places were awful. Maybe it’s a testament to our rigorous selection process, or maybe we just enjoyed ourselves everywhere. If a place were awful, I would have said so.

I think of Homer the food critic: “I’m giving this my worst review ever: seven thumbs up.”

I have more recommendations for *menús* around Madrid that were not included in this list because we did not go there in our Friday group. I had to set a limit for the list somewhere. **Please add your suggestions below or on Facebook and we can compile another post.**

Gallery

(all photos were snapped on scene with an iPhone, unless otherwise indicated)



Asian-fusion ceviche at Bacira



Duck confit at Gabriel



Bacira dessert



Stew as the main course at Bacira



Bacira appetizer



Vivares Salad



Vietnam 24



Del Norte



Casa dei Pazza



Badila



Badila crema de calabacín



TukTuk



El Apartamento



La Candelita



Bar Galleta



Bar Galleta



Bar Galleta crema



Bar Galleta



Greek salad starter at La Mucca, Malasaña



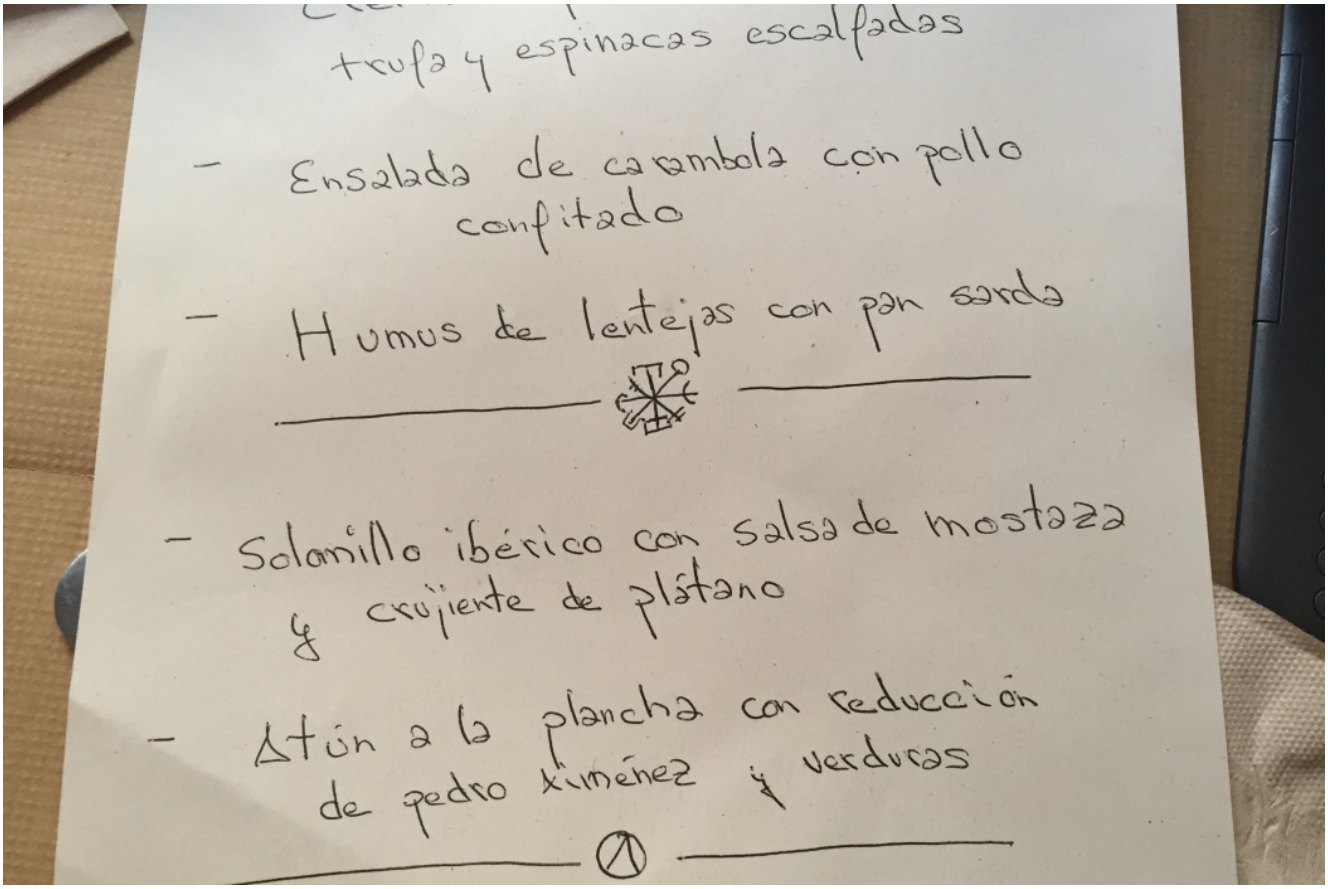
Gabriel



Gabriel crema



Gabriel Menú





Maricastaña



Gabriel dessert



Gabriel dessert



Maricastaña