Be there or be square: 8 of Spain's best plazas

Bullfights, sangria, paella... So many of the things that, to the uninitiated, epitomise Spain's culture are actually outdated, tourist traps, or limited to just one of the country's regions.

But there's one Spanish heavyweight that fully deserves to be celebrated alongside tortilla de patatas, siestas, and Rosalía on the list of the best things ever to emerge from the Iberian Peninsula. A cultural icon with adoring fans all over the country, from the hills of Asturias to sunny southern seaside towns, and in every metropolis and pueblo in between. I'm talking, of course, about the Spanish plaza.

Some squares slip under the radar of anyone who doesn't know to seek them out. Some are the perfect place for a protest; some are best suited for locals and blow-ins alike to meet for a beer, a gossip, and a people-watching session. Others have become tourist attractions in their own right, be it thanks to their historical significance or just because they make for an awesome photo op.

Whatever you're after on your next day trip or weekend away, here's a list of eight of Spain's best plazas you should make sure not to miss.

1. Plaza Mayor, Almagro



Green and gorgeous, this recently-restored medieval plaza is one of the country's favourites — and provided a beautiful backdrop for post-class coffees or *cañas* back when I worked in a nearby school.

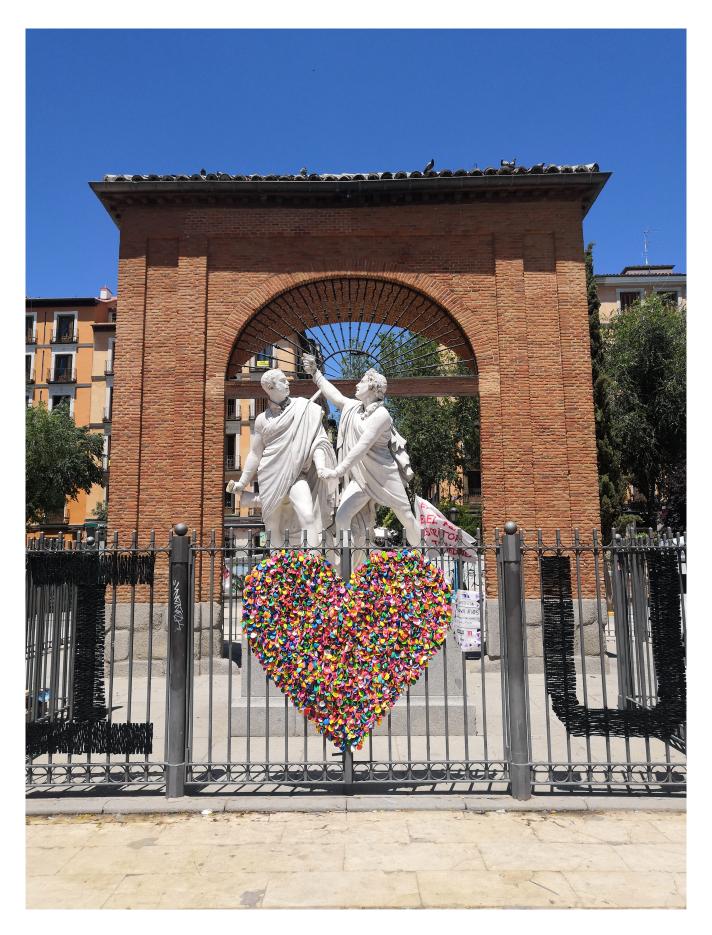
Thanks to its flowers and fountains, Almagro's Plaza Mayor regularly features on lists of Spain's top ten most beautiful squares, and I monitor its progress like a proud *manchego* mother, rejoicing when it moves up a spot and sulking when it's relegated.

Make sure to try the local delicacy of pickled berenjenas at any one of the tapas bars dotted around the plaza — they were slightly too green and bitter for my liking, but they're a regional favourite and sobre gustos no hay nada escrito, so you might enjoy them.

What's more, Almagro is home to the annual Festival

Internacional de Teatro Clásico, and tucked away next to the square's shops and restaurants is the entrance to the *corral* de comedias, a 17th-century playhouse and hidden gem of a tourist attraction which is more than worth the €3 entrance fee.

2. Plaza Dos de Mayo, Madrid



It's no surprise that Spain's capital has a square for every taste — Plaza de España (gone but not forgotten), colourful Chueca, floral Plaza de la Villa, Santa Ana for the literature

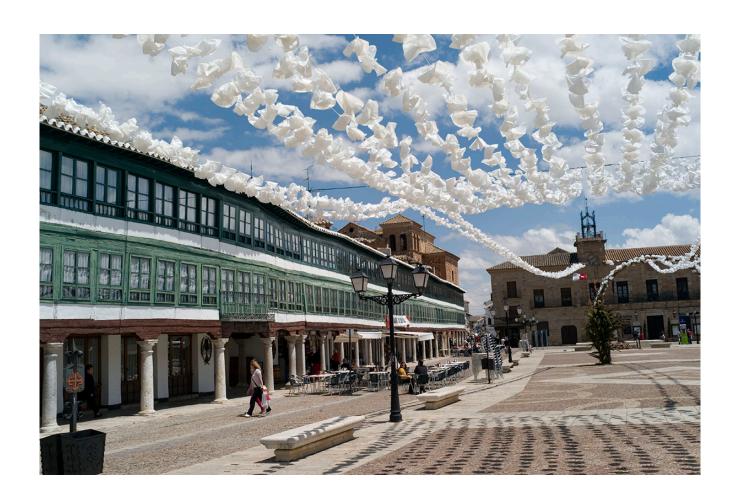
lovers, and Plaza Mayor if you're a fan of Baroque architecture and, eh, multi-coloured goats.

But a particular stand-out is Dos de Mayo, just ten minutes' walk from Sol.

This plaza is a crucial one for history lovers: it marks a key date in the Comunidad de Madrid's calendar, when the people of Madrid rebelled against occupying French troops on 2nd May 1808.

Annual street parties marking the uprising liven up the already-bustling barrio of Malasaña, but this square is worth a visit at any time of the year — it boasts playparks for the peques, a weekly vintage and craft market, and plenty of places to stop for a snack or drink (Pizzería Maravillas is a stand-out).

3. Plaza Mayor, Ciudad Real



Source: Image by © Rob Cousins/robertharding/Corbis

The small city of Ciudad Real is often overshadowed by its province's more picturesque pueblos, but I maintain that my former hometown's central square is still worth a visit, if only for its *Reloj Carrillón* — a huge clock from which lifesize figurines of Cervantes, Don Quijote and Sancho Panza emerge to the sound of bells chiming at regular intervals throughout the day and night.

This manchego capital isn't known for being the most Instagrammable of towns, but it has a plaza that pays artistic homage to the stars of its regions, friendly locals, and more tapas bars than you could shake a stick at. What more do you need, really?

4. Plaza del Taller, Santiago de Compostela



Source

Whether you've trekked part of the epic Camino de Santiago or are just up north on a pilgrimage for Galician *pulpo* (guilty), this isn't a square to be missed. Plaza del Taller — or, to use its *gallego* name, Praza do Obradoiro — is a spot in the rainy, atmospheric Galician capital.

Located to the west of Santiago's enchanting casco viejo, this square marks the end of the road for pilgrims who've walked St James' Way, and it provides peak people-watching opportunities — I'd challenge anyone to watch pilgrims rejoicing at the completion of their journey without getting emotional. For travellers holy or secular, the plaza's architecture, sheer size, and its magical (and traffic-free) atmosphere are definitely worth a trip next *puente*.

This square is also home to the beautiful, baroque Catedral de Santiago de Compostela, where hikers participate in the postwalk ritual of the abrazo al Apóstol Santiago — a tradition that was temporarily outlawed in 2009 after an influenza outbreak. Maybe stick to a quick high-five if you're a germaphobe.

5. Plaza de Cervantes, Alcalá de Henares



Cons of Alcalá's most famous public space: the storks (if, like me, you're a wimp who's scared of birds). Pros: literally everything else.

This square pays homage Alcalá's most famous son: the writer Miguel de Cervantes, who was born in the university city in 1547. The city's central plaza hosts regular literary and cultural events in his honour, such as the annual Mercado Cervantino.

Plaza de Cervantes also bridges two of the city's most significant streets: the newly pedestrianized Calle de Libreros, and the Calle Mayor. On the latter street, which is the former hub of the medieval Jewish Quarter, you can find the Museo Casa Natal de Cervantes and the city's most photogenic bench, featuring bronze statues of Cervantes' most famous characters.

Have a stroll through the surrounding area — don't think about leaving without taking in the university's impressive façade — and you'll understand exactly why Alcalá has been declared a UNESCO World Heritage Site.

Also read: <u>7 Reasons why Alcalá de Henares is worth more</u> than a day trip from Madrid

6. Plaza de España, Sevilla



Oh, this one's gorgeous. Constructed in 1929, the Andalusian capital's Plaza de España is practically a newborn compared with some of the old-timers on this list, but in terms of impact and beauty, it can definitely give the classics a run for their money.

This plaza's most famous feature is the breath-taking range of multicoloured tiled alcoves, which depict almost every province in Spain. Photos can't do them justice, but even the briefest of trawls through Google Images will show you exactly why the good people of TripAdvisor voted it the world's segundo lugar más spectacular del mundo.

Film buffs (not me) might recognise this square from movies like Lawrence of Arabia and the Star Wars franchise, while Instagram lovers will be more familiar with its pretty canals, where you can row your boat for just €6. The Plaza de España is also located in the Parque de María Luisa — a beautiful spot to seek out the shade during the infamously hot Sevillian summers.

7. Plaza Mayor, Salamanca



Golden hour enthusiasts, this one's for you. Salamanca is known far and wide as one of the most gorgeous places in Spain, and its main plaza is no exception. Built between 1729 and 1755, the sandstone square still shines — and if you ever want to hear several hundred people simultaneously say 'Ahhhhh!', make sure you're standing in the centre when its buildings get illuminated at dusk.

The plaza is adorned with medallions bearing big names from Spain's history. In fact, until it was removed in 2017 under the Historical Memory Law, you could even spot Franco's defaced, paint-splattered face lurking beneath a plastic bag in the corner.

Salamanca's Plaza Mayor also has plenty of bars and restaurants where you can sample the city's distinctly unspicy, but delicious, take on patatas bravas after you've finished frogspotting at the nearby Universidad de Salamanca.

Speaking of which, try to time your trip for December, when the legendary Nochevieja Universitaria sees the Plaza Mayor packed with thousands of students downing their drink and midnight grapes before heading home to their pueblos for Christmas. Or, if you prefer hot drinks to alcoholic ones, walk south from the plaza for ten minutes to the café of the Casa Lis art deco museum, where you'll find the world's tastiest cup of hot chocolate and the only glass ceiling that's not for smashing.

8. Esta Es Una Plaza, Madrid



This urban oasis is a bit different — and for that reason, it might be my favourite plaza ever. Esta Es Una Plaza is a neighbourhood initiative designed to tackle the lack of green space available in the busy Madrid barrio of Lavapiés, and has gone from strength to strength since its creation in 2008, thanks to the group of dedicated volunteers who work hard on maintenance and upkeep.

According to its website, the community-run public space focuses heavily on community building and promoting cohesion between social groups, regardless of nationality or religion, and over time the plaza has transformed into a cultural hub which promotes ecology, self-sufficiency, literacy, culture and sports.

It mightn't represent the same flashy, tourist fodder as some of the more high-profile squares on our list, and it's unlikely you'll see it be flogged on a postcard any time soon.

But if plazas are meant to promote harmony, facilitate socializing, and provide an insight into the beating heart of its local community, then Esta Es Una Plaza is definitely a dark horse.

By Emer O'Toole (IG: @_emerotoole)

Would you add any other of Spain's best plazas to this list? Let us know!

7 Reasons Alcalá de Henares is worth more than a day trip from Madrid

I recently organized a weekend **getaway for WABAS**, a writers' **group** that I form a part of, and we decided to hold it in the beautiful city of Alcalá de Henares. As a Madrid resident, I've met a lot of people from Alcalá over the years, and even gone there for the day on more than one occasion. However, it wasn't until staying there for a full two nights that I truly got to know the city.

Being only 35 kilometers from Madrid — and a quick 40-minute local train ride away — many of those who live in the area take for granted that we have this jewel in our backyard. Alcalá is often thought of as a commuter city more than a tourist destination.

It's home to nearly 200,000 inhabitants (making it about the same size as Granada!), many of whom commute into Madrid every day on the many trains and buses that go into the big city. However, Alcalá is certainly an important city in its own right — one with a LOT to see and do and that's on par with other historical cities in central Spain.

I thought I'd share some of the reasons I think it's totally worth staying in Alcalá de Henares for a night or two.

1. Breathe in the history



From the hotel, to the meeting rooms, to the streets and restaurants — every place I stepped into during my weekend in Alcalá was filled with historic charm. I stayed at the **Evenia Alcalá Boutique**, a three-star hotel housed in a 16th-century building with a charming courtyard located near the city's Cathedral.

The pedestrian Calle Mayor is a main street of shops and restaurants that connects the Cathedral to the city's main Plaza de Cervantes. Its cobble stones and wood-framed buildings take you back in time. It is on this street that the birth house of Miguel de Cervantes can be found, right next to the medieval hospital where his father used to work.



And of course, you have the Archiepiscopal Palace of Alcalá de Henares, which is famed for being the place where Christopher Columbus first met with Monarchs Ferdinand and Isabella. For our writers' meeting, the city of Alcalá was gracious enough to loan us a meeting room in the Casa de la Entrevista, which

is a medieval monastery that has been converted into an exhibition space. I could feel the history literally everywhere we went.



It makes sense for a city that was completely rebuilt and planned as a university city in the 15th century. Many of the buildings from that era are still in use today. While Alcalá's University of Complutense was moved to Madrid in 1836, today it is a university town once again. The University of Alcalá opened there in 1977 and brought many of the original university's buildings back to academic use. The original university was named after the Roman city of Complutum that was the original city built on the site in the 1st century BC.

To learn more about the region's ancient history, be sure to visit the <u>Archeological Museum of the Madrid Region</u>, also located in Alcalá.

2. Enjoy free tapas with your drinks



The tradition of receiving a **complimentary tapa** (small plate) with your drink order may have died out in much of Spain — but not in Alcalá! Several places in Alcalá still take part in this fabulous tradition. **Indalo** is by far the most famous place in town to go for a tapa. You order a drink and then you can choose a generous tapa from the menu, all for 2.50 euros, if my memory serves me right.

We also visited <u>La Posada Magistral</u> which gives you a surprise tapa with each drink (they also have a very economical set menu, even on weekends, that they serve in their upstairs dining room). Other bars, such as <u>La Taberna de Rusty</u>, charge separately for the tapas, but at very modest prices.

3. Party all night long



By staying overnight in Alcalá I was able to discover how bustling the place is after dark! I didn't expect for there to be so much happening at night; but I guess thanks to its large population — which includes students of the University of Alcalá — there are a ton of options.

The most emblematic of Alcalá's night spots is <u>The Green Irish</u> <u>Pub</u>. But, don't be fooled, this isn't your typical Irish bar — it's a proper nightclub. There's a little something for everyone at The Green Tavern and it attracts a diverse crowd. The first floor features rock music and a pub-like atmosphere, but with a massive dance floor, and the second floor is more of a traditional club scene with latin pop and dance music.

In case you get late-night munchies, you don't even have to

leave the party complex: in between the two different zones there is a stand selling hot dogs and other snacks.

Meanwhile, the youngsters flock to <u>Bar TDK</u>. Here you'll find cheap mixed drinks at 4 euros (and even a bit cheaper if you show a valid student ID!), as well as pool tables, dart boards and foosball, that will keep you entertained all night long.

If you're looking for a more upscale evening, you can check out the Hanoi House. Here you'll find a more mature crowd, and a bit pricier cocktails in a large club fitted with Vietnamese-themed decor. It's definitely worth visiting in summer for its fantastic outdoor bar and terrace that offer nice views.

Like many cities in Spain, on any weekend night you can find lots of party people traversing the streets. You can make lots of new friends without even entering a club! I only went out one night in Alcalá so I didn't get to try everywhere, but other places that looked interesting were La Champa 2.0 Karaoke Bar and Mi Niña Lola. I'll have to stay another night soon to try them out!

4. Experience fine dining without breaking the bank



While researching different possibilities for lunch and dinner in Alcalá, I came across several excellent options, it was difficult to choose. We ended up having lunch at **El Hemisferio Loft** and it was an amazing choice. The service and the quality of the food were excellent. But make sure to book ahead — the place gets packed!

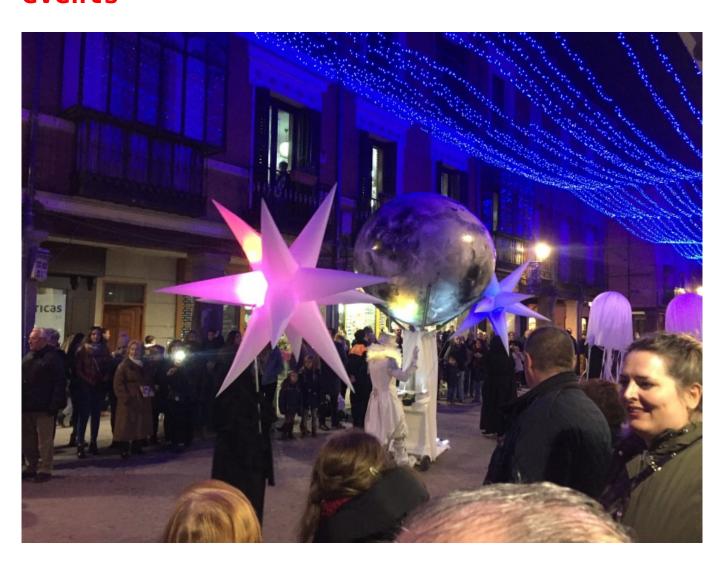
On the weekend, you're able to choose from different set menus for lunch or for dinner, which are an excellent value. Our group chose el "Menu de temporada" which included an amuse bouche, a starter, a main dish, a dessert and a coffee for 25 euros. I ordered a seafood rice dish as the starter, and sea bass with mashed potatoes as the main and both were excellent. On weekdays a similar set menu goes for only 15 euros.

We also enjoyed dining at **El Tempranillo**, which was right by our hotel and has a fantastic wine selection. We had a light

dinner of croquetas, as well as a plate of meats and cheeses. They also had a nice selection of entrees, for a more formal sit-down dinner. The owner, Inma, is very friendly and an excellent sommelier, who makes you feel at home in a cute and cozy atmosphere.

Other restaurants that came highly recommended were <u>Lucrecia</u> and <u>Martilota</u>. I definitely plan to check them out the next time I'm in town.

5. Take part in Alcalá's many cultural events



When I was trying to choose which weekend to go to Alcalá, I was hard-pressed to find a weekend where there wasn't some kind of special event happening. I chose the only weekend of the season that was relatively calm (sandwiched between the

Alcalá Film Festival, and the Don Juan performance, when hotel prices were higher). Even so, we still caught celebrations for the 20th Anniversary of Alcalá being named a UNESCO World Heritage site (which took place on December 2, 1998), as well as a pre-Christmas parade.

If you're planning a trip to Alcalá, make sure to check the city's cultural calendar and find out what may be going on at that time. Among the most well-known events is the city's Mercado Cervantino, or Medieval fair, where the Calle Mayor is filled with old-fashioned stands and people dressed in period attire. Definitely worth checking out if your timing lines up.

6. See (and hear) storks!



Ok, so you can see them whether or not you stay the night in Alcalá, but I can't write an article about Alcalá without mentioning the storks. Alcalá de Henares is said to be home to

around 90 pairs of migrating white storks — although each year they are said to stay longer. The best time to see them is between mid-October and the beginning of August, when you'll hear them snapping their beaks like castanets throughout the city. They love this place, thanks to the many steeples that are perfect for building their nests.

You can spot the large birds circling over the city and perched atop buildings. The the city's tourism office has even created a special <u>"Storks Route" touristic itinerary</u> that features the birds' most notable nesting spots atop already impressive historical buildings and around the beautiful Plaza de Cervantes.

7. Indulge in sweet treats



If you like Spanish sweets, Alcalá is one of the best places

to try them! A must-visit is the Convent of the Clarisas of San Diego where the cloistered nuns sell candied almonds from behind a small door without showing their faces. In addition to candied nuts, convents across the city sell homemade marzipan, similar to nearby Toledo.

Another typical sweet from Alcalá is a flaky puff pastry called *costrada*. It has a sweet cream filling and is covered in soft meringue that is finally topped with crushed sugared almonds. *Costrada* is said to have originated from the famous Pastelería Salinas in La Plaza de Cervantes. You can find it in their window display, as well as those in several other bakeries across town — where it's usually just as delicious!

And, you can't leave Alcalá without trying a *Rosquilla de Alcalá*, a round puff pastry glazed in sugary egg yolk. Try one at <u>Pastelería Lupe</u>. It's a level up from a glazed doughnut, that is sure to leave you in a sugar coma.

How to get to Alcalá de Henares from Madrid

Alcalá de Henares is super easy to get to. Here are the different options:

By train

Take a Cercanias commuter train (Line 2 or Line 7) from Atocha Station to the Alcalá de Henares train station. During rush hour, trains depart every 5-10 minutes, and the journey lasts about 40 minutes.

By bus

There is also a bus that leaves from Avenida de America bus station. It is line 223 run by Continental Auto, Line 223, and tickets are sold near the bus stop. The bus ride takes about one hour.

- From the airport

If you are coming from the Adolfo Suárez Madrid—Barajas Airport, I recommend going by taxi. While it's more expensive, it's worth the time savings. It's only about a 25-minute drive from Barajas to Alcalá. There is no direct public transportation line from the airport to Alcalá. You'd have to first go into the city of Madrid, and then take the aforementioned bus or train, which would take over an hour and a half.

By car

Of course, if you have access to a car, Alcalá is just a short drive away.

As you can see, Alcalá is no sleepy commuter town. While it's an easy day trip; there's also enough to see and do to make it worth spending a night or two. I hope my experience helps you get the most out of your time in Alcalá de Henares.

Looking for more places to visit near Madrid? Check out our list of <u>Madrid's 10 beautiful</u> <u>surrounding towns</u>.

Thank you Russ Pearce from <u>anythingbutpaella.com</u> for many of these lovely photos!

La Virgen brewery — worth the trip out to Las Rozas

As you might imagine, dragging myself out of bed and going to work on a Saturday morning is not really my idea of a good time, especially when it involves getting on a bus and

schlepping all the way to Las Rozas. Ok, so it's not really THAT far (about 20 minutes on the bus from Moncloa) but since I was making the effort to get out there, why not aprovechar and visit Cervezas La Virgen brewery and tap room afterwards?



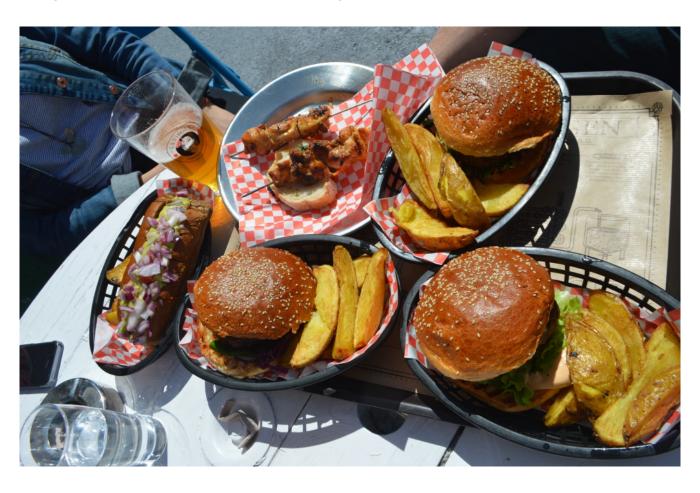
I'm sure most of you have tried one of the delicious artisan beers made by La Virgen, or at least seen them around at events like MadrEat. At their brewery in Las Rozas they offer tours (on Wednesdays only), tastings and, most importantly, a tap room where you can sample all of their tasty beverages. After I was done with work on Saturday, I toddled off to meet my friends there for some lunch and a few beers in the sunshine.



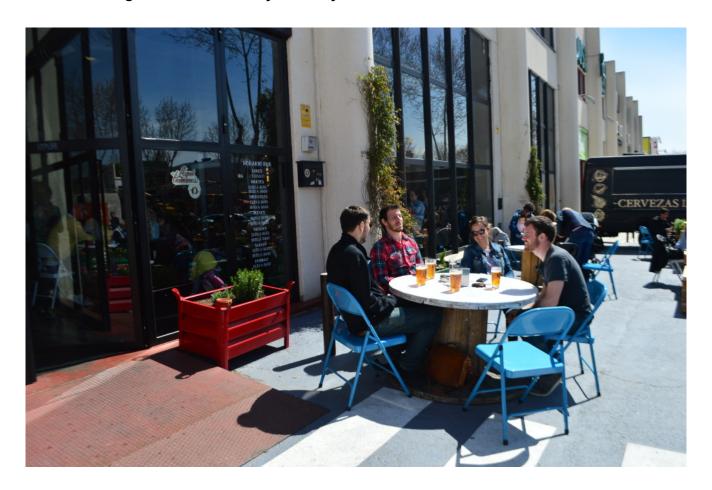
The brewery is located on an estate called Európolis, which perhaps isn't the most picturesque corner of Madrid, although there was a nice yard full of cherry pickers across the road, plus the shop next door was called Bebépolis (sadly just full of baby stuff, not another place to drink at).



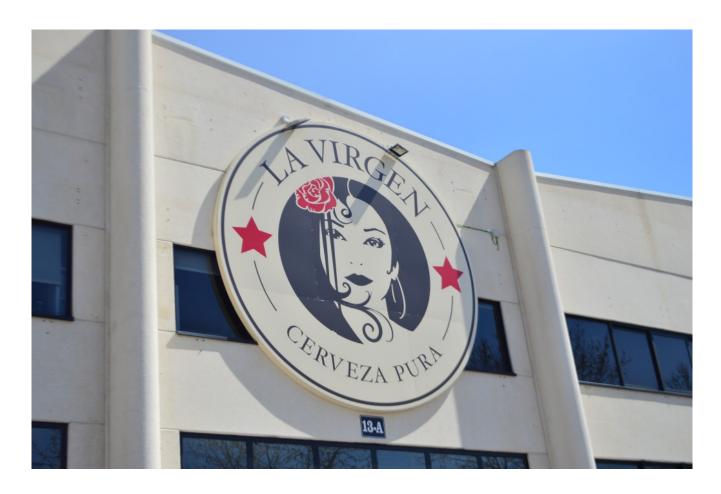
We tried the Madrid 360 beer and a tasty IPA called Esperanza (they'd run out of the Veraniega) and both were excellent.



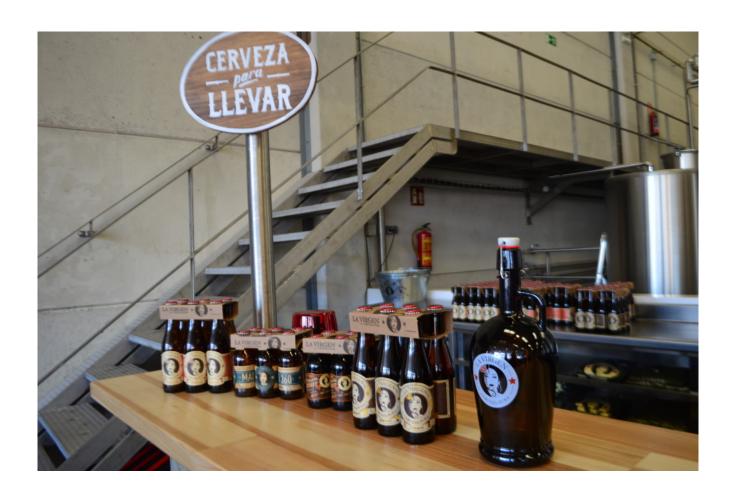
They also serve a variety of bar food, including burgers, hotdogs and plates to share such as potato wedges and *pinchos morunos*. Again, all very tasty.



It's a popular spot for a Saturday afternoon, so all of the long tables inside were heaving with punters eating, drinking and making merry. We managed to grab a table outside on the terrace, which was very pleasant in the sunshine and afforded us the excellent view of the aforementioned cherry pickers. The whole place really had the feel of an American brew pub about it.



La Virgen isn't exactly in the most convenient of spots, so the easiest way to get there is probably by car. However, if the car isn't an option or no one fancies being the designated driver, there are plenty of buses from Moncloa to Las Rozas, and it's a short(ish) walk to the brewery from there. The tap room is open every day from 12:30-16:30 and from 18:30-00:00, except for Sunday afternoons and Mondays. And for those of you who just can't get enough, they also do beer to take away!



Info

Where: Parque Európolis nave A, Calle Turín, 13, 28232 Las

Rozas, Madrid

Phone: +34 910 804 742

Website, Facebook and Twitter

Book tour here

Catedral de Justo, a self-

built cathedral in Mejorada del Campo, Madrid

Conceived and brought to life by a present-day Don Quijote and situated in La Mancha, stands a cathedral like no other. Over half a century ago, former monk and visionary, Justo Gallego Martínez, also called Don Justo, made it his life-long quest to build a cathedral in his hometown of Mejorada del Campo, just 20km from Madrid. Today, at nearly 90 years old, he is still pursuing his dream.

I'd been meaning to visit the **Catedral del Justo** for a long time, although it wasn't until last weekend that I finally made it out there with my husband, James. It's a **great day- trip destination from Madrid** if you have a car, as you can combine it with a visit to **Alcalá de Henares** afterwards.

To be honest, visiting this cathedral is a visceral experience, making it difficult to describe the feeling of seeing it first-hand. As I approached it, I was first impressed by how big it is. With outer dimensions of 20×50 square meters, it takes up a whole block and has a somewhat whimsical appearance.



As I entered, I noticed a huge dome hovering over me, 40 meters high and 12 meters in diameter. The columns, walls, floors and stairwells are made out of materials that were either found, recycled or donated from local tile and brick factories. Even though parts of the building reminded me of an old scrapyard, it did resemble a cathedral—just from another planet!

The next thing that caught my eye was Don Justo himself, sitting contentedly on a chair, reading a book as if everything surrounding him was completely normal. His little dog was running around and an old TV was playing the same trance-like song, over and over again.



When I got home I started reading up on the history of the cathedral. It turns out that Don Justo never got a legal building permit, nor is his cathedral recognized by the Catholic Church. But for me, there was no question I was entering a spiritual place.





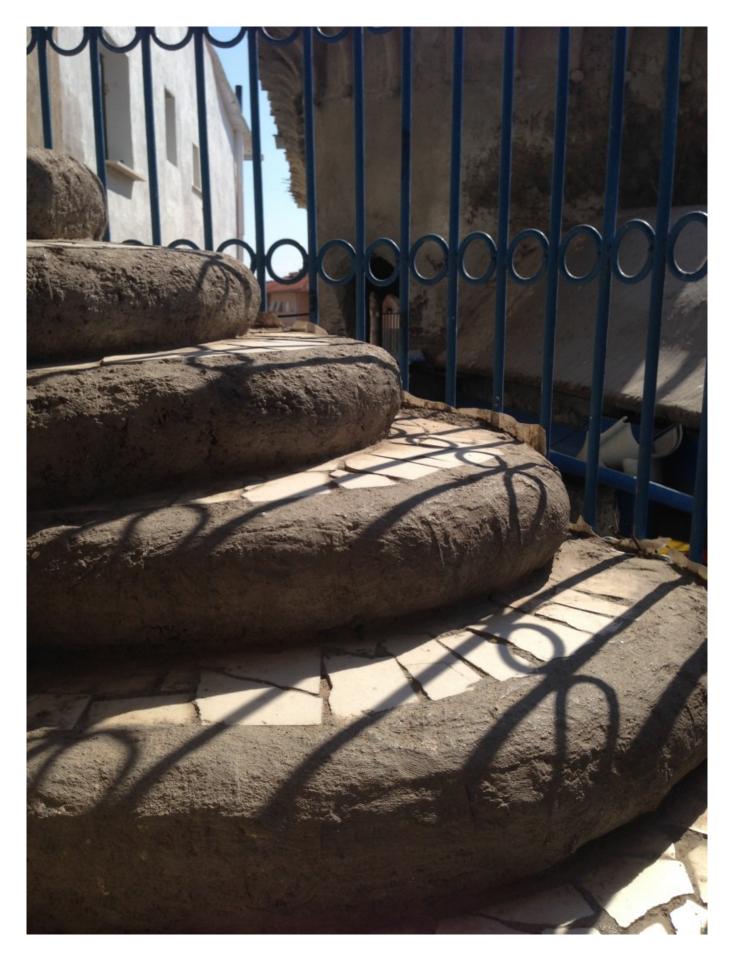
What strikes me the most is the story behind his decision to dedicate his life to building this cathedral by himself. Born in 1925, Don Justo had a religious upbringing and aspired to be a monk. However, his dream was crushed when he was diagnosed with tuberculosis; he promised himself that if he ever recovered, he would build a cathedral from scratch and make a shrine to "Our Lady of the Pillar". In 1961, he started building on an olive grove that belonged to his family in his hometown of Mejorada del Campo, and he hasn't stopped since.





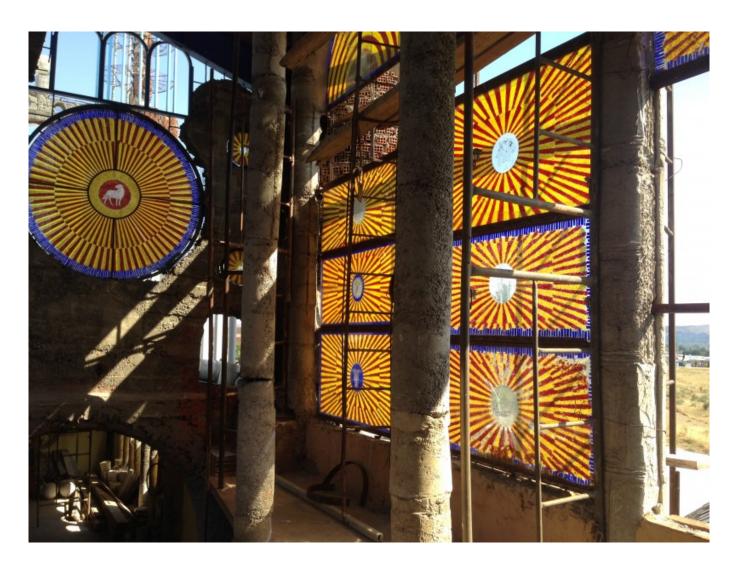
He never studied architecture nor formalized any sort of building plan; instead he envisioned it in his mind and drew inspiration primarily from the Vatican, St. Peter's Basilica and other churches around Spain. On certain occasions, he received help from professional architects and volunteers, but overall, this cathedral is the realization of one individual's dream. He has financed his work through renting inherited land and

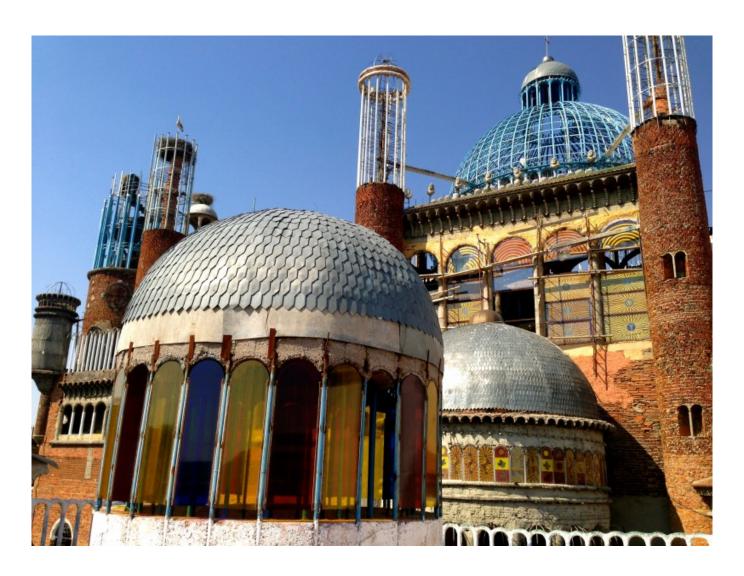




Although it will take at least another 15-20 years to complete the cathedral, Don Justo expects to be there every day,

despite his nearly 90 years. Walking through the cathedral's crypt, courtyard, mini cloisters and chapels; gazing up at the dome and examining the different recycled materials used to make the columns, staircases, and floors—it feels slightly Gaudí-esque. In fact, the town of Mejorada del Campo, which notoriously has not fully embraced Don Justo's cathedral, eventually changed the name of the street on which it lies to "Calle Antonio Gaudí."





Not surprisingly, I've read that many people have called Don Justo crazy. Watching this present-day Don Quijote sitting on his chair, reading quietly in the cathedral he has been building with his own hands for more than half a century... while it all feels like a dream, the cathedral is real, and so is Don Justo. I highly recommend paying them a visit and enjoying the experience of witnessing such a unique vision come to life.

How to get there:

Catedral de Justo is located in Mejorada del Campo, a small town just 20km from Madrid. To get there, there are two public buses from the center: Avenida de América (line 282) and Conde Casal (line 341). However, going by car is a better option, so you can continue your day-trip to Alcalá de Heneres,

Cervantes' hometown, which is about a half hour away or less.

Address: Calle de Antonio Gaudí

Bus Line 341 from Conde Casal (<u>link</u>)

Bus Line 282 from Avenida de América (<u>link</u>)

<u>Also check out our post on 10 best day-trips from Madrid!</u>

Stunning Local Olive Grove Tour, in English! — Proyecto Los Aires

In 2013, biologists **Guillermo and Laura** — Spain's newest generation of **olive farmers** — took over the family business and embarked on an innovative mission: to connect the local countryside with the city of Madrid and make farming a **sustainable way of life** once again.

How it all started:

Over a century ago, in a small town in the region of **Toledo**, Guillermo's great grandfather planted his first grove of around 200 olive trees, and between the evenly spaced olive saplings grew rows of sun-drenched grapevines.

A hundred odd years later, only the footprints of the old vines are visible, but the olive trees have grown beautifully

gnarled and twisted, with silver miniature leaves and shiny hard fruit, ready for the annual harvest of some of the tastiest organic extra virgin olive oil in Spain.



The centenarian olive trees

Guillermo and Laura's story:

Olive farming has been in both of their families for generations, inspiring them to study biology at university, which is where they met. From early on, they drew sketches on scraps of paper illustrating grand ambitions to re-bond our booming capital with its rural backyard, enthusiastically telling anyone who will listen about the genius that is the organic farming ecosystem (it's genius).

By mid 2014, their dream had gathered enough steam for them to **quit their jobs** and make <u>Proyecto Los Aires</u> their life, and for being in the midst of an **economic depression**, it's incredible how much they've already achieved.

The tour:

On Saturday, we headed out to their stunning olive grove in **Arcicóllar**, about an hour south of Madrid. When we arrived, we met up with our fellow tour buddies and set off on our educational meander through the olive trees.

Guillermo and Laura led us around their oldest plot and explained the **process of creating olive oil**: from planting and harvesting to filtering and bottling. Their scientific angle on the entire practice is fascinating, but I won't say any more — the oohs and aahs are all part of the fun!



The walking tour begins



Taking a closer look at the trees

After the walking tour (and tanning opportunity), we sat down at a shaded table nestled idyllically among the centenarian trees. It was time for the **tasting**. This involved professionally sampling several olive oils in little blue glass cups, and learning how to tell the difference between generic **supermarket oil** and **top-quality organic oil** such as theirs.

And then came the food and wine. Through local connections and friends and family, Guillermo and Laura brought together a plethora of **Iberian foodie gems** for us to eat. A *mercado* on a table came to mind, and our tour companions' similarly delighted reactions included lots of "mmm"s and "oh my God"s and jokey squabbles over who liked the **pumpkin morcilla** most. We chatted, talking about Guillermo and Laura's endeavours as well as our own, then gratefully accepted Guillermo's offer of

a top-up of wine to accompany our final wander through the trees (and take a few grove-selfies). Finally, we had the opportunity to buy some of the delicious products we tasted that day.



The tasting (and eating and drinking)



The quaintest little market stall in the world

After an **eye-opening and mouth-watering experience**, we said our goodbyes to the lovely Guillermo and Laura and hopped on the bus back to Madrid, desperate to get the word out to you!

The project explained:

Proyecto Los Aires aims to promote local agriculture by running educational tours & tastings on their farm and forging a direct link between urban consumers and the rural economy. Their oil (Los Aires Extra Virgin Olive Oil) can be found in gourmet shops such as Oleoteca Murúa at Mercado San Antón. Guillermo and Laura also regularly sell their oil in markets across Madrid such as Mercado de Motores, Mercado Central de Diseño, Nómada Market and Gastro Market. Next time you're there, go and say hello!



Los Aires olive groves

How to get there:

The meeting point for the tour is the bus stop in the town of Arcicóllar (see location here). Regular buses (see timetable here) will get you there from Madrid's Méndez Alvaro bus station in just-over an hour. If you're driving, it takes around 50 minutes from central Madrid.

Details & Contact Info:

Tours run **year-round** on **any day of the week or weekend** and must be booked at least **48 hours in advance**.

Facebook & Web

The website is in English and Spanish! For more information about the tour, pricing, and to book, click here.

Let's hit the slopes! Ski and snowboard in Madrid

Yep, that's right. Just when you thought Madrid couldn't get any better, that it was a city purely of terrazas, tapas, cañas and sunshine, winter rolls around and you discover it has yet more to offer. What's not to love about a place where you can soak up the sun by the pool in the summer, then ski the hell out of some mountains in the winter? After an unseasonably warm start to the season, it looks like we're finally in for some snow, so get your gear on and let's go!

Where?

There are three ski areas near the capital:

Puerto de Navacerrada



Image from Puerto de Navacerrada's Facebook

Puerto de Navacerrada is the closest ski area to Madrid, around 65km away, but it's also the smallest. You can download the piste map $\underline{\text{here}}$.

<u>Valdesquí</u>



Image from Valdesqui's Facebook

Valdesquí is around 75km from Madrid, in the next valley over from Puerto de Navacerrada. Although it's a little further away, it's worth the extra mileage as it's a lot bigger than its neighbour (see the piste map here). However, its proximity to the capital means it can get very busy.

La Pinilla



Image from <u>La Pinilla's Facebook</u>

La Pinilla is located just over the border in Castilla y León and is the furthest ski area from the capital, around 120km away. It also covers a fairly large area (piste map here) but there are usually fewer people, due to its more remote location. Most of the people I know who ski or snowboard in Madrid say this is the best area to go to.

How do I get there?

I'm not going to lie, the easiest way to get to all three areas is by car, particularly if you're taking ski or snowboard equipment with you. If you haven't got a car, you could rent one, persuade a nice friend with a car to take you or use a service like BlaBlaCar. Or steal one if you have to. Seriously though, it is possible to get there on public

transport but it takes a while and the buses and trains aren't at the most convenient times, especially at weekends. You can get the Cercanías Line C8b to Cercedilla then jump on line C9, getting off at the Puerto de Navacerrada stop or the Cotos stop for Valdesquí, but you still have to take a taxi or a shuttle bus to get to the actual ski areas. Bus 691 from Moncloa is also an option but takes about 90 minutes and only goes once an hour at weekends. La Pinilla is even harder to get to on public transport, with just a few Alsa buses going to Riaza, a nearby village. However, there is a company which runs a shuttle bus at weekends from Atocha and Plaza de Castilla. More info here.

When can I go?

All the ski areas are now open and will be every day until March or whenever the snow disappears, maybe April if we're lucky. However, they're sometimes forced to close due to strong winds or other adverse weather conditions, so make sure you check the website or ring beforehand. Whether you're going by car or by public transport, and I can't stress this enough, get there AS EARLY AS YOU CAN. Although the ski areas don't open until 9am, I wouldn't recommend leaving Madrid any later than 7am. Once the car parks are full, they stop letting people in and you'll be going home disappointed. Some of my friends like to head up even earlier and enjoy a leisurely breakfast there, thereby avoiding queues and stress.

What facilities do the ski areas have?

All the ski areas have all the normal facilities you'd expect: ski and snowboard rental, restaurants, bars, hotels, etc. You

might want to consider renting equipment in Madrid before you go, as the official rental places in the ski areas can have pretty long queues and some of the other non-official places, although quicker, often don't have such good equipment. Another option would be to go up the day before, sort out equipment rental and ski passes in the afternoon and stay the night in a hotel, meaning you're all ready to catch that first chairlift in the morning!

How much does it cost?

The price of ski passes, or *forfaits*, varies depending on the ski area and how many days you want to go for, but the usual cost is around 30-40 euros per day. Food and drink are typically expensive at the ski areas, so take your own if you want to save money.

Other options

Madrid SnowZone at Xanadú



Image from Madrid SnowZone's Facebook

Of course, you don't have to limit yourself to skiing in the winter. At Madrid SnowZone in the Xanadú shopping centre you can ski and snowboard all year round if you want. It's not quite the same as being in the great outdoors surrounded by snow-capped mountains, but it's great for learning to ski or just practising your technique. You can get there on buses 528, 534 and 539 from Príncipe Pío. Check out their website for offers, classes and more.

Club Amistad

Madrid's oldest and largest ski club organises buses to the ski areas, classes and equipment rental, amongst other things. They also organise trips to ski areas in other parts of Spain and abroad. Check out their website for details.

Further afield

While the ski areas in Madrid aren't bad for a day trip, they can get extremely busy and the snow isn't always the best. There are ski areas all over Spain, so if you have a weekend or a few days to spare, I'd recommend going to one of the following:

Sierra Nevada (Andalucía)



Image from <u>Sierra Nevada's Facebook</u>

The big daddy of southern Spain, Sierra Nevada is a massive ski area just outside Granada (see piste map here). It often has sunny weather and is very popular with Spaniards, with a fantastic après-ski scene. They get a lot of snow but because of the temperature cycles it can quickly get icy. Not the best place if you're looking for powder.

Formigal (Aragón)



Formigal is the biggest ski area in Spain and generally has more reliable and better-quality snow than the south. Your forfait also includes the neighbouring resort of Panticosa, so when everything is open that's 176km of skiable terrain (see piste map here). The nearby village of Formigal is pretty small so it can get booked up quickly. The same company also owns another great resort called Cerler, which more difficult to get to but generally has better snow and fewer people.

Astún (Aragón)



Powder day in Astún!

Smaller than Formigal and less crowded, if you get Astún on the right day the snow can be incredible (see piste map here). You can stay in the town of Jaca and get a bus, so it's perhaps slightly easier for a last-minute trip than Formigal. There's another resort right next to Astún called Candanchú which is also excellent, although the terrain is considerably more challenging.

Even further afield...

Of course, you don't have to stop there! There are plenty of resorts in Catalonia (<u>Baqueira/Beret</u> is the most famous one) and Andorra has some fantastic areas such as <u>Grand Valira</u>.

See you on the slopes!

Let's visit the wine region, Ribera del Duero, from Madrid!

We all know that we owe a lot to the Romans- the feats of engineering, the inventions, the creation of basic law, the art. But in the case of Ribera del Duero, we owe them the discovery of the perfect place to grow the tempranillo grape, and the beginnings of the Ribera del Duero wine region.

Do you like full-bodied red wines, exploring ancient ruins and travelling through stunning landscapes? Then Ribera del Duero could be your next destination. To give you a head start, here are some useful tips from inside the wine industry, including where the region is, why it is famous, my favourite winery and how to get there from Madrid.

The scoop

Ribera del Duero is talked about as being one of the most prestigious wine regions in Spain. It is renowned for its full-bodied, elegant and complex red wines, which are of an extremely high quality (the region's regulatory body only allows a certain amount of grapes to be produced per harvest-meaning that quality is in, and quantity is out).

In fact, in 2012 Ribera won a Wine Star award for being the **best wine region in the entire world** (which in the wine world is the equivalent to winning the Oscars).

Roman Gods and Medieval fortresses

Ribera del Duero became an official D.O. (Designation of Origin) region in 1982, but wine has been produced here for **over 2,000 years**. We know for sure that the Roman people of Ribera del Duero made wine, because they left behind mosaics of the Roman God of wine, Bacchus.

Bacchus was, amongst other things, the youthful, beautiful and (somewhat) androgynous God of harvest, wine and general allround debauchery (he was actually the half mortal son of Zeus, so who can blame him). You can still see a 66 metre mosaic tile floor dedicated to him and his frivolous escapades at the Baños de Valdearados, a small pueblo right in the centre of Ribera del Duero.



The Ancient Romans believed that wine was a 'daily necessity' and produced wine in Ribera del Duero for everyone in societymen, women, slaves, aristocrats and peasants

In fact, Ribera del Duero gets its entire name from the Romans and their love of wine; they were also so thankful for the blessing of the river on their vineyards, that they personified the river as Durius, a River God (who, we can only assume, was working in cahoots with Bacchus).

Ribera del Duero continued to make wine long after the Romans left- all throughout the Visigoth, Muslim, Christian and medieval eras, right up until today. This means that Ribera del Duero not only has beautiful vineyard landscapes shaped by thousands of years of wine making, but also a winemaking tradition as old as the Coliseum.

If you are interested in medieval history or have a penchant for fairy-tale architecture, Ribera del Duero also has an incredible collection of Middle Age castles. On my last trip, I visited the official 'National Monument' of the castle of Peñafiel, which is located where all good castles are- on top of a hill.



The castle of Peñafiel

Geography

Ribera del Duero is a long and narrow wine region shaped to follow the path of the Duero river. Ribera del Duero is effectively an extended area of vineyard river bank, which is why the word 'Ribera' (river bank) is used in its name.



The Ribera del Duero the wine region includes parts of **four regional territories**— covering the south of Burgos, extending west into Valladolid and encompassing sections of Segovia in the south and Soria to the east.

There are 4 main municipalities: Peñafiel, Roa, Aranda del Duero and San Esteban de Gormaz. These are surrounded by rural areas of vineyards and wineries, churches, castles and beautiful valleys.

My favourite winery

There are almost 300 wineries spread over the river banks of Ribera del Duero, a combination of hundred-year-old traditional family wineries and modern corporate giants, but for me, the winery Pago de Carraovejas is a real diamond- a shining example of how to keep Ribera del Duero´s wine traditions alive, but not be afraid of modern innovation.

Back in the 1970's, a curious young sommelier José María Ruíz had a dream that he would one day own his own restaurant, where he would serve Segovia's most traditional dish, 'cochinillo' (roast baby piglet), which would be paired with his own Ribera wine.

Years later, and just 3km outside Peñafiel, Ruíz´s impressive winery is in the perfect location in a sunny valley, protected by the hills from the North Wind and close enough to the river.



The vineyards of Pago de Carraovejas in its special valley this summer 2014, with views of Peñafiel castle in the distance

On my last trip to Ribera, I took part in the unveiling of Pago de Carraovejas´ new wine tasting technique: the peeling and tasting of the skin, pulp and seeds of the grape before tasting the wines. This is a prime example of Carraovejas´ innovative approach to wine and ability to think outside of the box, as is their research with Universities to create their own natural yeasts and bacteria specific to the land.



Pago de Carraovejas in winter, photograph taken by my colleague and wine expert Raul Buendía. As the seasons change, so do the landscapes- with so many vineyards, each season brings unique stunning views

If you tour their winery, not only will you taste their fantastic red wines throughout the tour in different winemaking rooms (a refreshing take on the traditional end-of-tour wine tasting), but you will also get to enjoy 3 delicious tapas dishes (including 'cochinillo') that have been carefully elaborated in Ruiz's dream restaurant to pair with the wines.



One of the delicious tapas served in the barrel room on my last visit- a tuna, sautéed pepper and vegetable stack, with edible flower

If you have a food allergy, Pago de Carraovejas are up to the job. They can adapt their tasting menu to gluten free and lactose free diets if you let them know in advance- and they will even serve gluten free bread. You might also want to let them know if you don't want to eat 'cochinillo' (baby piglet fed only milk and slaughtered at 15-20 days old), if you are a vegetarian, vegan or have certain meat eating beliefs.

Which wineries?

To see a list of all of the wineries registered in the region, go to the official <u>Ribera del Duero D.O.</u> website.

If this seems too overwhelming and you aren't sure which winery to pick, or how to organise numerous visits that fit

together, you could organise a <u>wine tour of Ribera del Duero</u> from Madrid. You could even visit a winery that produces one of your favourite wines!

How to get there

Ribera del Duero has so many places to visit that you could leave Madrid in a number of different directions, depending on where you are headed. Here are two routes to the wine towns Peñafiel and Aranda de Duero.

By car:

I would recommend travelling to Ribera del Duero by car so that you can see Ribera's landscapes as you travel up from Madrid. This is all part of seeing Ribera- the land, the vineyards, castles and landscapes have all been shaped by wine making. You will also have the freedom to move about the region once you are there- you could stay in a wine town and drive to rural wineries and castles during the day, returning to eat delicious local food in the town at night.

You can see which companies rent cars in Madrid by going to our previous <u>Travelling by car in Madrid: renting cars, car sharing or carpooling</u> article.

Route: Madrid- Peñafiel
Duration: 2 hours approx.

Tip: Combine this route with a stop at the beautiful UNESCO

city of Segovia on the way

Route: Madrid- Aranda de Duero

Duration: 1 hour 45 approx.

Tip: You can find recommended Aranda de Duero scenic driving routes for once you have arrived in the area, on the official Aranda y Ribera guide website. Useful for a weekend trip.

By bus:

It is possible to travel to a few of the wine towns by coach

from Madrid. This would be a good option if you would just like to visit the main wine towns.

Route: Madrid- Peñafiel

Depart from: Moncloa

Duration: 3 hours approx. **Price:** 17,00 approx. single

Company: The official Peñafiel website cites travelling with

La Sepulvedana

Route: Madrid- Aranda de Duero Depart from: Avenida de America

Duration: 2 hours

Price: 12,00€ approx. single (24,00€ approx. return)

Company: Alsa

Wine word for your trip

El sarmiento— the little young, green vine shoot

Madrid's 10 Most Beautiful Surrounding Towns

One of the best things about living in Madrid is that you can easily escape the city center and take a day-trip or weekend getaway to one of the beautiful nearby towns.

These towns have some of the world's oldest universities, cathedrals, monasteries and historic monuments. You'll also find <u>natural swimming pools</u>, mountains, hiking trails and other <u>adventure activities</u>. And make sure to try special dishes like Segovia's *cochinillo*, suckling pig, or Ávila's sugary egg yolks, known as *yemas*.

Here's a list of the most popular nearby towns, plus a few things you should know about each one. Click on each town name below or our category link "How to get to" for a more in-depth post on each one, and all the different ways to get there.

Madrid's surrounding towns

- 1. Alcalá de Henares: free tapas and <u>Cervantes' home</u>
- 2. Aranjuez: royal gardens and palace
- 3. Avila: old surrounding wall from medieval times, cathedral of Avila
- 4. Buitrago de Lozoya: castle and large reservoir
- 5. <u>Cercedilla</u>: mountains that are great for hiking, biking, swimming (natural pool) and other adventure activities
- 6. <u>Cuenca</u>: cathedral of Cuenca, hanging houses and lamb
- 7. **El Escorial**: monastery, Valle de los Caídos (20th-century war memorial)
- 8. Rascafría: nature, restaurant El Paular, monastery of El Paular, hiking trails, natural pool, and a waterfall
- 9. <u>Segovia</u>: Roman aqueduct, cochinillo (suckling pig), The Jewish Quarter, Alcázar of Segovia (castle) and a nearby town called La Granja
- 10. Toledo: beautiful old streets and architecture, museums, and the synagogue of El Transito. Where three cultures lived in harmony for centuries (Jewish, Christian and Muslim).



Cercedilla





What to see:

When I think of *Cercedilla*, the first thing that pops into my head is nature. An hour from Madrid, this mountainous town is an incredible place for hiking, adventure activities and typical, no-frills kind of food.

In the summer, there's also an amazing natural swimming pool, meaning a manmade pool filled with natural running water from the mountain's streams and rivers, so you can take a refreshing dip while enjoying the beautiful surroundings.

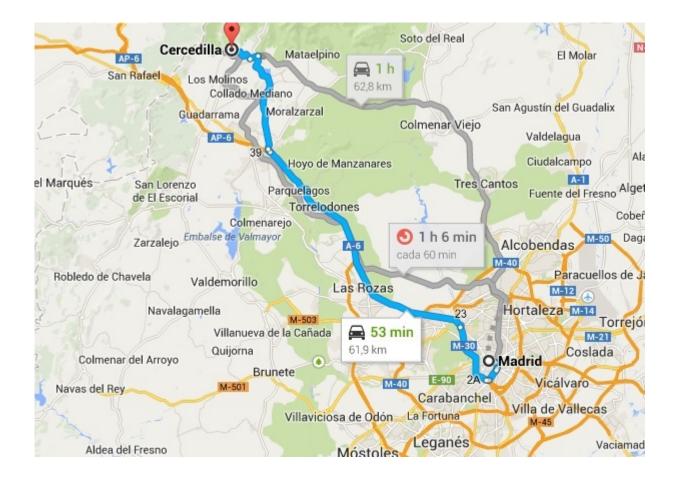
If you'd like to go to Cercedilla but the idea of hiking scares you, there's a train that travels around the Guadarrama mountains. The train is called "Tren de la naturaleza" and runs every Thursday and Friday from the beginning of July to the end of September.

How to get there:

Departure (<u>Madrid - Cercedilla (Bus)</u>) Return (<u>Cercedilla - Madrid (Bus)</u>)

Duration: approx. 1 hour 10 min
Price: 5,10€ (round trip 10,20€)

Where to find it on a map:



Rascafría



What to see:

There is a proverb in Spanish that goes: "quien algo quiere, algo le cuesta." It's the Spanish way of saying: "no pain, no gain." I say this because, if you don't have a car, Rascafría is far from the city and inconvenient. However, if you have wheels, don't miss the opportunity to drive along the northern mountains of Madrid and get away from the city. Once you get there, you won't regret it.

In this northern town, there are plenty of adventure activities to do. Although hiking and biking are the most popular, you can also jump into one of Madrid's natural ponds. After that, enjoy the rest of the day at one of the poolside terrazas or at a café in the quaint town.

How to get there:

- By Car (How to get there)
- By bus

Depart from: Plaza Castilla. 194 bus Schedule:

Departure (<u>Madrid - Rascafria (Bus)</u>) Return (<u>Rascafria - Madrid (Bus)</u>)

Duration: approx. 2 hour

Price: 5,10€ (round trip 10,20€)

Where to find it on a map:

