## Beauty Series for the Ladies: Madrid's Best Nail Salons

Getting ready for a dinner party or just need a relaxing moment to yourself? In that case, nothing's better than a wonderful manicure and pedicure...

In Madrid, you can have a mani-pedi in practically all hair salons and beauty centers. However, many of these places are often not the best, as they are either too fast or don't use the appropriate tools, plus hygiene can be really questionable. At Naked, we bring you our list of great places for manicures and pedicures.

Apart from offering an enjoyable experience and stylish setting, these are my requirements for mani-pedis: cleanliness, value, quality products and professionalism. The first three places on this list are nail institutions here in Madrid—they throw nail parties and events, great for hen/bachelorette parties. Happy mani-pedis girls!!

(all photos from each salon's Facebook)

1. Mi Calle de Nueva York







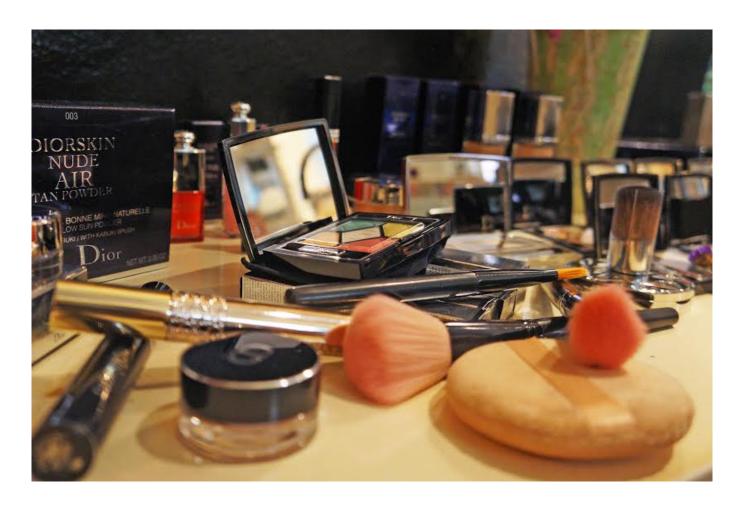












My experience at **Mi Calle de Nueva York** has been **wonderful**. It reminds me of a loft in Soho. The brands they work with are the best on the market and the quality of their treatments is fabulous. It's a real luxury for your hands and feet.

Not to mention they also do waxing, threading, and have just introduced a new "Eyebrow Shaping" service. If you, like me, have no idea what that means, it's getting your eyebrows professionally done — waxed and tweezed and all — according to the shape of your face. They literally take out a ruler and start measuring.

Manicura Express: 16€
Manicura Normal: 28€
Pedicura Express: 18€
Pedicura Normal: 39€

#### Web

Where: Calle Barquillo 39

Hours: Tues-Fri, 12-21h. Sat-Sun: 12-20h. Closed on Mondays &

holidays.

Metro: Chueca

#### 2. My Little Momó





MLM is located in the Salamanca district. Among the many things we love about this place is its **Parisian style**. If you wish to have a fabulous manicure or pedicure in an **elegant** and sophisticated place, this is your best choice.

- Basic Manicure: 18€ (20 mins)

• Price Brazilian Manicure: 28€ (30 mins)

• Express Pedicure: 20€ (20 mins)

-Brazilian Pedicure: 38€ (45 mins)

To see the rest of their treatments, visit their web.

#### Web

Where: c/ Villanueva, 21

**Phone:** 34 914 354 378

Email: info@mylittlemomo.es

**Hours:** Monday-Friday, 10:00-20:00. Saturdays, 9:00-19:00

Metro: Retiro

#### 3. Nails Secret



If there's a place in Madrid that really **reminds me of NYC**, its **Nails Secret**. Once you enter, it's as if you were transported to a scene from **Sex & the City**. It's safe to say that Nails Secret meets our main requirements for a manicure.

Express Manicure: 14€
Manicure Basic: 19€
Full Manicure: 29€
Express Pedicure: 24€
Complete Pedicure: 45€

Check out their web for for other services.

#### Web

Where: 2 locations: 1. Calle de García de Paredes, 78 & 2.

Calle Hernani 68 (semiesq.c/Orense)

**Phone:** 1. 917 02 40 38 & 2. 91 533 67 43

Metro: 1. Gregorio Marañón & 2. Cuatro Caminos



4. Opium

In the Salamanca district, this place works with quality brands and has fantastic prices.

Manicura express: 15€
Manicura completa: 20€
Pedicura express 30€
Pedicura completa: 40€

#### **Facebook**

Where: Donde Duque de Sesto, 50

Hours: Monday to Friday de 11:00 a 20:00 / Saturday de 11:00 a

14:00

Metros: Goya & O'Donnell

#### 5. Handmade Beauty



What a wonderful place!!! I only have great things to say about Handmade Beauty, which can be found in two locations, both in great neighborhoods when it comes to fashion and style—Salamanca & Chueca.

#### - MANICURE

- Re-polish (15 mins): 11€
- -Slow & Go (25 mins): 15€
- •Manicura a la carta (45 mins): 28€

#### - PEDICURE

- Re-polish (15 mins): 11€
- Slow & Go (35 mins)18€
- Pedicura a la carta (45 mins): 38€

#### Web

Where: 2 locations: 1. c/Lagasca, 58 & 2. c/ Conde de Xiquena,

17

Phone: 1. 91 435 94 18 & 2. 91 319 66 10

**Hours:** Mon-Fri, 10:30-20:30h. Sat, 11-18:30h

Metro: 1. Serrano and Velázquez & 2. Chueca

#### 6. Beautyque Nail Bar



Fantastic mani-pedis! Located in Chueca, Madrid's trendiest area, this nail salon is very bohemian and the perfect place for a stylish manicure.

•Oferta Manicura & Pedicura: 45€

•Manicura Express 12€

• Pedicura Express: 16€

Manicura Tradicional: 19€Pedicura Tradicional: 28€

#### Web

Where: c/ Pelayo 76 Phone: 910 816 655

Metro: Chueca & Alonso Martínez

#### 7. Ghetto Nailz



For the **non-traditional** ones who are **not afraid of experimenting** with their nails. If you are looking for a specific nail design, this is your place.

•Basic Manicure + color: 15€

•Basic Manicure + Nailart: 30€

• Basic Manicure + semi-permanent polish: 30€

#### Web

Where: Calle Barco 45

Phone: 630161187 & 666100880

Metro: Tribunal, Chueca or Gran Vía

## Check out Round 2 of our recommendations for great mani-pedis in Madrid!

Know of any more? Let us know!

# El Riojano, Madrid's best pastry shop is right in the centre and it has a hidden tea room!

For all of you who are like me and have a major sweet tooth, I present <a href="El Riojano">El Riojano</a>—an old-work pastry shop in the city centre and the perfect place to start off this series on <a href="Madrid's">Madrid's</a> sweetest eats!

Who said that *Roscón de Reyes* is only eaten at Christmas? At **El Riojano** in Sol, you can order it all year round or taste it in their very own tea room.



For many years, all I knew about **El Riojano** was that it was a pastry shop in the centre of Madrid, tiny and with extraordinary quality. But today, I know it a bit more. For example, it was founded in 1855 by Damaso de la Maza, baker of the Royal Family. As Maza died without heirs, the pastry shop is now owned by its fifth family. While it has changed hands throughout history, its spirit remains intact.

For many it is considered one of the **best secrets of Madrid**, where you can enjoy not only the typical sweets of religious holidays, but all of Spain's best sweet and savoury treats,

from *pastas* (finger cookies) to *hojaldres* (puff pastries filled with all types of goodness).







My little love affair with this place emerged a few months ago, when I asked a friend of mine, also a *Madrileña*, if she knew a nice place for tea in the centre. I wanted to try something new.

She replied without hesitation: El Riojano.

I was a bit surprised so I replied, "Are you sure? El Riojano has no tea room." She insisted I go find out for myself.

Well, when I entered I still thought my friend was totally mistaken.



But then I discovered the wonderful tea room hidden through the back. It turned out my friend was right. I was simply blown away!



While admiring the room, I took a seat and looked at the menu. The menu is very simple, dominated by savoury pastries such as *hojaldres* and *empanadas*, and, of course, a long list of irresistible sweets.



I opted for a riskier pastry, made with **dates and bacon**. Delightful!

My friend who came with me decided to order an *empanada de pollo* (chicken pie), which she said tasted wonderful.

We also decided to share some *saladitos*. These are mini pastries filled with different flavours such as cheese and sausage. La ración (a full portion) comes with 6 *saladitos*.

For dessert, we decided to try some delicious *Torrijas*, Spain's version of French toast—to die for!

The lounge has an old, spacious and clean air to it, making you feel as though you've gone back in time. Although it's not always full (which is great), do go early if there is a holiday or you will have to wait.

Price-wise, **El Riojano** is very reasonable. The pastries cost around  $\{2-3\}$  each, and for  $\{3.50\}$ , you get 6 *hojaldritos*. The average price person is around  $\{11\}$ , which will get you a few *raciones* of savoury pastries and sweets, plus a drink.

Since I discovered **El Riojano**, it has become one of my **essential place**s in the centre for a quick snack or breakfast. I hope you enjoy it as much as I do!

#### **Facebook**

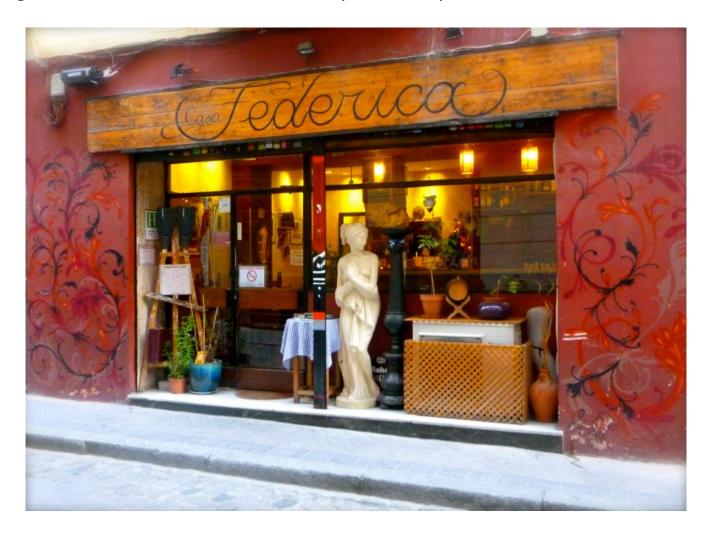
Address: C/ Mayor, 10 Telephone: 913 66 44 82

### Casa Federica, a cozy Argentine restaurant on calle manzana

Casa Federica is one of those places that very few people know about, one of those Madrid treasures worth discovering. I actually had a hard time writing about this restaurant, because I wanted it to remain a unique and special place, which only a few had access to. Though I've decided it's time I spread the word.

Last Saturday, I was getting ready to spend the night in the company of good friends and wanted to take them here. We called to reserve a table, and were kindly informed that there

were no free tables until 11pm. My first tip: go very early to grab a table (the restaurant opens at 8pm).



When you arrive, you realize how special and original this restaurant is. The exterior decoration itself is unique—the menu is placed on a stand with funny flippers on top. Then there's a rather oddly-placed sculpture a few inches away, not to mention the bird cages. These details make this place one-of-a-kind.

Upon entering you figure out why it's so difficult to get a table; the restaurant is very small and cozy. You can count the tables with the fingers of your hands. The atmosphere is friendly and lively. You see people enjoying themselves, and hear them laughing. Plus the food looks great.

When we sat down, the waiter brought us the menu featuring

home cooked Argentine dishes, from empanadas to pizzas, and my favorite, the desserts.

We opted to order several things to share. First, an assortment of **empanadas**—cheese, *calabaza* (squash) and meat. They are all so good, but wow, the *empanada de calabaza* was truly a winner—who would have known that a squash empanada could be so incredible?



We also ordered *pollo a la milanesa* (breaded and covered in melted cheese and tomato sauce), understandably one of the restaurant's most popular dishes. Although the chicken was recommended by the waiter, the next time I went we ordered the *ternera a la milanesa* (bread veal instead of chicken), and I simply love them both. For its generous portion and simple presentation, this dish really makes you feel like you're eating at your own home.



Then the waitress kindly suggested we go for a riskier dish, which apparently is another star house dish—buñuelos de espinaca (the spinach fritters). Well, there are no words!!! Unbelievable!



For dessert we decided on a brownie that absolutely hit the spot.

Casa Federica's prices are very reasonable. We ended up paying less than 12 euros per person.

All in all, it was a great night. If you like good food, special places, and good prices, this is definitely your place.

#### **Facebook**

Address: c/ Manzana 19 Telephone: 915 42 96 75

For other homey and family-style restaurants, check out:

Lambuzo, a family-run restaurant in the heart of Madrid, offering a taste of the South with a mix of fun activities in their wine cellar—wine tastings, olive oil tastings, micro theatre and more!

<u>Taberna Bulgara</u>, an off-the-beaten path restaurant that takes you right to Bulgaria

<u>Aió</u>, a wonderful Italian restaurant in Malasaña serving home cooked Sardinian food and providing a haven for Madrid's bikers!