# 5 best places to order vegan and vegetarian takeout in Madrid

If you cast your mind back to pre-lockdown Madrid, pollution alerts on public transport, the brown cloud, and fiery political debates on the future of Madrid Central were as much part of everyday life as la hora del vermut. Let's be honest though: a lot's changed since then.

It's hard (sometimes impossible) to find positives in this "new normal." But aside from the politicians and medical staff, there's someone else who's pretty grateful we're all staying safe at home — Mother Nature. The city's air is the cleanest it's been in decades and as a result, life's returning to our green areas. If that sounds like something worth celebrating, then why not hang up your apron for the evening and order some takeout?

We know, that doesn't exactly sound like eco-friendly advice. However, as the city's once burgeoning vegan and vegetarian restaurant scene fights for survival, with owners desperately clambering to adhere to new hygiene laws in order to keep their doors open, there's no need to beat yourself up about (slightly) increasing your carbon footprint.

After all, if we want these sustainable eateries to remain part of Madrid's cosmopolitan culinary revolution, then they need our support now more than ever. So, if you've tried out enough new recipes to last a lifetime and you're craving some fresh falafel, here's a round-up of the best vegan and

vegetarian eateries offering home delivery during lockdown
(and beyond)!

# 1. Bunny's Deli - the eco warrior's paradise!



If saving the planet's pretty high on your list of priorities (shouldn't it be on everyone's?), then order something tasty from Bunny's Deli. Not only is all of their packaging completely compostable, this family-run business is fully powered by renewable energy.

• Instagram: @bunnys\_deli

- Address: Calle San Gregorio, 17, 28004, Madrid

Phone: 648 73 27 83Delivery: Uber Eats

#### 2. The Vegan Burger — who needs meat?



The Vegan Burger is one of the Salamanca barrio's up-and-coming haunts. Though it may not be quite as "trendy" as some of its neighbors, it's certainly popular with young madrileños eager to jump on the vegan bandwagon. And with burgers this good, who can blame them?

Facebook: @theveganburger

- Address: Calle del Gral Oraá, 34, 28006 Madrid, Spain

■ Phone: 913 95 27 25

• Delivery: just-eat.es, chatfood.io

## 3. La Huerta de Almería — bringing the

#### coast a little closer



#### Source

For all of us in Madrid right now, the delights of the coast seem far from reach. But don't despair — there's a glimmer of hope in sight! This rustic corner of Malasaña is offering nutritious, coastal-inspired menus del día straight to your door from Monday to Friday. It's the perfect midday pick-me-up when you're working from home.

- Instagram & Facebook: <u>@lahuerta de almeria</u>
- Address: Corredera Baja de San Pablo, 47, 28004 Madrid,
   Spain
- Phone: 912 79 92 58
- Delivery: <u>just-eat.es</u>, <u>Deliveroo</u>, <u>Uber Eats</u>

## 4. Rajasthan - spice up your lockdown life!



#### Source

Had your summer backpacking adventure put on hold? With food this good delivered to your doorstep, you'll (almost) feel like you're there. They have a wide range of spice levels to suit all tastes and their peshwari naan bread always hits the spot.

Facebook: @rajamahal2003

- Address: Calle de Atocha, 47, 28012 Madrid, Spain

Delivery: just-eat.es

# 5. Plantarse – a helping hand for local farmers



Source (feature image too)

If you've overdone it on the junk food and you're feeling a little "out of whack," Plantarse will help get your body back on track. Its plant-based delights are designed to offer inner peace through healthy living — and we all need some of that right now. The best bit: the majority of this delivery-only kitchen's ingredients are locally sourced.

• Instagram & Facebook: @plantarse.pb

- Address: Calle Francisco de Rojas 7, 28010, Madrid

Delivery: <u>just-eat.es</u>, <u>Deliveroo</u>, <u>Uber Eats</u>, <u>Glovo</u>

### Article by <u>Helen Hadley</u>

#### Also check out:

- La Ración: Supplying Madrid with Spanish comfort food during lockdown
- Mercado Acre, shop small to keep dreams big
- Order pizza from Lab 84 and take the sting out of lockdown

Where are you ordering takeout during lockdown? Let us know!