

Order pizza from Lab 84 and take the sting out of lockdown

Every time you order in from a small business, they do a little happy dance

Madrileños are social creatures, there is no doubt about this. The concept of a complete lockdown (which is currently what we're all living through) is all the more difficult in a city that lives its life out on the streets. From sipping *cañas*, to munching *pinchos*, to swigging *copas*, we love to go OUT. Out to eat, out to drink, out to dance. It goes without saying that being a social butterfly simply isn't an option right now (as an aside, how well the city is respecting social isolation is actually incredible). But if you're craving a break in the monotony of cook, eat, clean, repeat, there are still small businesses who are able to deliver as I discovered.

Last week as a treat for not killing each other in our tiny flat, myself and my boyfriend [ordered pizza from Lab 84](#). We tend to always go out for pizza, our favourite regular place being NAP (just off Plaza Olavide) and we're both chomping at the bit to try out Mister Pizza 01 on Ponzano when normality is restored – oven pizzas are a poor substitute for the real thing from a wood-fired oven. Unfortunately neither of the aforementioned options are delivering currently, so we took a chance on [Lab 84](#) via Uber Eats (it's also available on Deliveroo & JustEat!) and didn't disappoint.



We ordered one each as we were lucky enough to have a discount code (40% off at the time of writing this) so we splurged on a veggie option and a meaty treat. The veg option was great, topped with mushrooms, roasted peppers, courgette, spinach and tomatoes. My pizza came with gloriously spiced chorizo, mozzarella and red peppers. Obviously nothing really replicates the joy of going out for dîners, but at least it gave us a night off cooking and all we had to fight over was who would do the washing up.

The biggest reason why I encourage everyone to order in if they can (I know that people are already feeling the pinch and may have their own reservations about deliveries) is that when you do a small business will do a little happy dance. These are scarily uncertain times and if I can do my own tiny bit to keep them afloat during this time, I will. And while these crazy times which have us clambering for human interaction, we finished chowing on down (let our food digest) and then got right on with a Bodycoach workout, how times have changed

Lab 84 pizza bar

- [Facebook](#) & IG: [@lab84madrid](#)
- [Website](#)
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*You can get deliveries from places all over the city with: [@ubereats_esp](#) [@deliveroo_es](#) [@justeat_es](#) [@glovo_es](#)

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Read [Cat's lockdown story here](#)