

# Creamies: Malasaña's new ice cream & cookie sandwich bar

Sugar addict? Keep reading. Don't have a sweet tooth? This place is not for you. Opened just three weeks, [Creamies](#) is a tiny ice cream sandwich bar in the heart of Malasaña that lures guests in with its neon '80s-esque decor and customers leaving with their sugary mounds of perfection.



The process is simple and tailored to your tastes.

First, you pick the “bread” of the sandwich: a donut (regular or Oreo), a blueberry muffin top, or a cookie—classic chocolate chip, white chocolate, triple chocolate... Undecided? **You can mix & match** the top and bottom.



Next, **choose the ice cream filling**: “triki” monster (kind of like birthday cake flavor), donut cream, “La Movida Madrileña,” double chocolate brownie, Kinder, yogurt & berry...





Lastly, **you can choose a “topping”**—whichever you choose, they’ll roll the sandwich in it. There are sprinkles, Lacasitos, marshmallows, Froot Loops, cookie crumbs, chocolate sauce, and more.



Would ya just look at that happiness?!

It's cheap, it's delicious, and the service is friendly.  
*Corred!*

## Info

- [Facebook](#)
- Insta: [@creamiesmadrid](#)
- Address: C/ Corredera Alta de San Pablo, 30
- Metro: Tribunal

## You may also like:

- [Madrid's best ice cream shops](#)

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# Volunteer Opportunities in Madrid for Everyone

If you're looking for ways to get involved in the Madrid community and help out – from donating clothes to teaching English in city jails – here are a few non-profit organizations recommended by international volunteers who live here. While some require long-term commitments and knowing Spanish, others can benefit from just a few hours of your time and have no language barriers.

So whether you're new to the city or have very little spare time, there are plenty of ways to give back – even the smallest gesture can make a difference.

## [Casa Solidaria](#)

While Madrid operates government-run food banks for its residents in need, there are many people who can't take advantage of this service due to lack of paperwork. **Casa Solidaria** aims to fill this void, organizing volunteers who prepare food in their own homes and deliver to 150+ people in **Plaza de Tirso de Molina every weekday at 8:30pm**. Each person gets a hot meal, a sandwich and a piece of fruit.

One volunteer said: "For most of these people, this is their primary source of food for the day. Without this, they are at serious risk." With no regular funding, the charity—which also operates in Barcelona and Lleida—is always always looking for [volunteers and donations](#).

- [Website](#)



## Robin Hood Restaurant



Pablo Blazquez Dominguez/Getty Images

Another noble organization feeding the hungry of Madrid is the Robin Hood restaurant on Calle Eguilaz. During the day, Robin Hood is run like a typical Spanish café. But **by night, the chefs and waiting staff use the profits to feed Madrid's most in need residents.**

At this catholic charity-run eatery, the idea is to offer the homeless of Madrid not only their daily bread, but also the civility of dining at a restaurant. Father Ángel García Rodríguez told [NPR](#), "I want them to eat with the same dignity as any other customer. And the same quality, with glasses made of crystal, not plastic, and in an atmosphere of friendship and conversation." The restaurant is attracting the talents of celebrity chefs and staff from the city's top hotels.

**Support Robin Hood** by dropping in for a bite to eat—just be

sure to make a reservation first as it's booking up months in advance.

- [Facebook](#) & [Website](#)

## **CONCAES (Confraternidad Carcelaria Española)**

CONCAES is a Madrid-based NGO that works to provide support to people affected by crime, whether they're prisoners, victims or family members. One of their main initiatives is giving educational workshops for inmates, to provide or increase skills and help with rehabilitation. English classes are currently run in two different penitentiary centres and give inmates the opportunity to learn English, or improve their level with native teachers.

As a volunteer you are responsible for planning and leading the classes, while you are accompanied by other volunteers or coordinators. According to one volunteer, "It can be challenging at times but it is without a doubt the most rewarding thing that I've done since moving to Madrid. In my experience the students are very motivated and the classes have a great atmosphere. The English workshops take place on Friday mornings so it's easy to combine with work. It can take a while between signing up and getting permission to enter the centres so this is definitely one for people who are in Madrid for more than a few months."

- [Website](#)

## **Madrid for Refugees**



Madrid for Refugees is run by a group of international volunteers who work closely with refugee centers in the Comunidad de Madrid. Their main goal is to help refugees from all over the world to build a life for themselves here in the city, from finding housing to work. One way to support Madrid for Refugees is by attending a **Chefugee event – monthly dinners organized where the entire menu is prepared by a refugee** seeking work opportunities in Madrid's culinary scene. Other ways to get involved include donating clothes and doing language exchanges as well as running errands and being a chauffeur. You can also attend their fundraising events and concerts which are announced on the [MfR Facebook page](#), and all benefits go to helping refugees.

[Facebook](#) & [Website](#)

## [Serve the City](#)

Serve the City is an international volunteer movement that



began in Brussels in 2005, and is now located in over 95 cities around the world. It aims to connect people with local opportunities and events in their cities, so they can show kindness in practical ways to people in need, including refugees, the homeless, orphans, victims of human trafficking, the disabled and the poor. Serve the City believes that even the smallest efforts can make a big difference, and we agree.

[Website](#) & [Facebook](#)

**Know of any other organizations to add to this list? Let us know!**

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## **Street spotlight: Calle Ruda, a tiny portal between La Latina and Embajadores**

It goes without saying that there's no shortage of things to do in Madrid. In fact, sometimes there's so much, you don't know where to start. On those days when the sun's shining and you're itching to get out of the house, **sometimes it's best to just walk to a cool part of town and let the city do its thing.** We're here to give you some inspiration.

### **Calle de la Ruda**

La Latina and Embajadores—bustling multicultural hubs—are connected by a string of tiny streets full of surprises. One of them is **Calle Ruda**, which takes you straight from Mercado La Cebada to Plaza Cascorro, and makes the very short walk well worth it.

## Onis, for old-school charm



If you enter the street from Calle Toledo, you're greeted by the classic corner bar, Onis.

This place is the definition of *castizo*. Tapas in the glass display case, tobacco machines, weird arcade games, and a grumpy server who has probably been here since the place opened (which was 1976, I've learned).

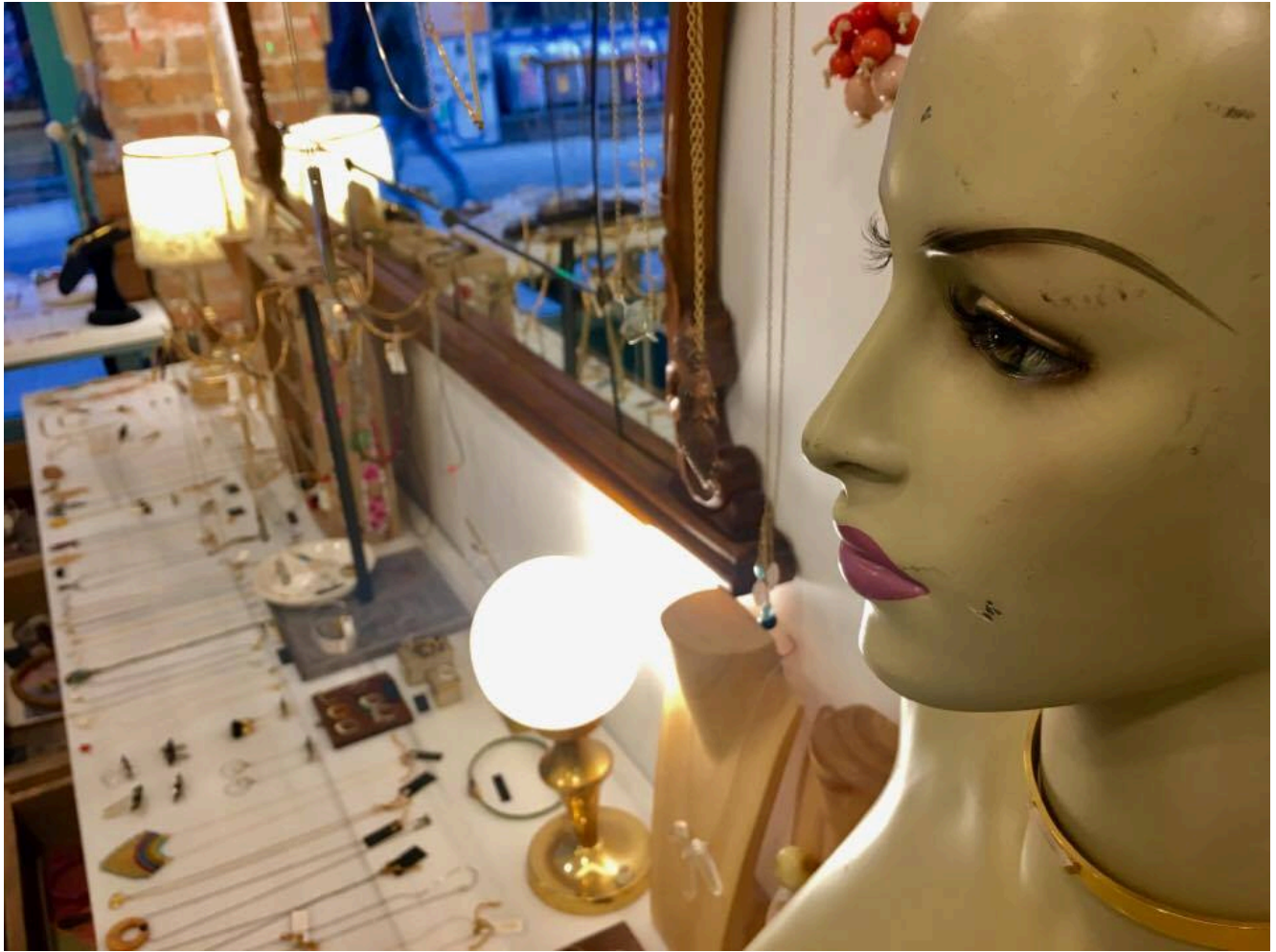
## Ruda Café, for coffee



Looking for something more modern? We got you. Keep heading down Ruda and you'll come across [Ruda Café](#), a new (opened last year) coffeeshop that's riding the wave of java experts that has hit Madrid in recent years. We're not mad about this trend. And yes, they have wifi. They also sell packaged artisanal coffee and tea, jam, art, and coffeemakers.

**De Piedra, for handmade jewelry**





But there's only so much coffee you can drink (unfortunate, I know). So now that you're fueled up, you're ready to browse the cute little shops of this gem of a street. If you're a fan of jewelry and creepy mannequins, pay a visit to **De Piedra**, an artisanal jewelry shop at C/ Ruda 19. They haven't been at this location long, but the store has been open for some 15 years.

**Molar, for records, books and cassette tapes**



Next you'll come across my personal favorite place on the street, **Molar**. Think record store meets bookshop. They even sell cassette tapes, which is not something you see every day in Mad City.

**Mamá Elba, for something sweet**





Got a sweet tooth? [Mamá Elba](#) has been open a mere 3 weeks, and is already drawing a loyal customer base. Their selection of ice cream (including vegan and gluten-free), cakes, and coffee will leave you overwhelmed by heavenly choices.

**Erre Catorce (R14), for art and design**





[R14](#) is another **brand new spot** on the street, just open for a month. It's a modern interior design shop, with local art, restored vintage furniture pieces (from around the world, namely Scandinavia and the US), apparel, and lots of cool home decor.

Soon they'll be putting on events to promote and discuss interior design and art, so keep your eyes peeled and follow them on [Facebook](#).

## La Tienda de Cerveza, for craft beer



Next up: craft beer. Okay, I lied before, THIS place is my favorite. [La Tienda de Cerveza](http://www.latiendadecerveza.es) is a must in La Latina (and in the city, really). The shelves are lined with hundreds of bottled or canned craft beers and ciders from both Madrid and around the world. They have a few tables in the back, and they hold tasting events often. An absolute must for *cervecerxs*.

## Tienda Biológica, for something healthy

Something I love about Madrid is that **you can eat healthy without going bankrupt**. Tienda Biológica is living proof of this. This small organic food shop sells health products at reasonable prices, and it's run by the sweetest lady.

## La China Mandarina, for a great meal in a modern space





And last but not least (and not even covering half of the street's spots), for a great meal and a laidback ambience, visit [La China Mandarin](#) at the end of Calle Ruda (closest to Plaza Cascorro). It's one of those places that masters the art of offering both very traditional and very modern cuisine on the same menu. So if you're craving a *tortilla de patatas* but your friend has a hankering for a vegan burger, there's something for everyone.

They have great wifi and won't roll their eyes if you work on your laptop all morning (I know from experience).

There's also a mushroom-themed restaurant called El Brote! Check out Leah's article about it here:

[El Brote: a brand-new mushroom restaurant in the heart of El Rastro](#)



Calle Ruda is just one of a plethora of tiny goldmines in Madrid. If none of these spots call your attention (tough crowd!), we suggest you still come to the area on a beautiful day and just get lost. You can't go wrong.