Bar Lambuzo, a family-run Andalusian restaurant offering a mix of activities in their wine cellar

Tucked away in the side streets of Sol, <u>Bar Lambuzo</u> is an Andalusian oasis in the center of Madrid, lovingly run by a family from **Cádiz** with a history in the food business that goes back to their great grandfather. This family has brought all their favorite recipes and passion from their home to the capital. In fact, the bar makes it a point to sell products from Southern regions such as Cádiz, Seville and Huelva, calling itself an **Abacería**, meaning a bar that sells local products.



the entrance invites you in with thousands of wine bottles

decorating the walls

Opened a little over a year ago, **Bar Lambuzo** has already become a beloved neighborhood spot for its authentic cuisine, warm ambience and family-style service; it is a haven for Andalusians living away from home, and for anyone seeking a **true taste of the South in the center of Madrid**.



with friends in Bar Lambuzo's underground cellar, tasting wines from Bodegas Barbadillo

What's more, Lambuzo offers fun activities in the downstairs wine cellar, from football forums to wine-tastings and olive-oil-tastings. I've been to the tastings and highly recommend them! At the last wine tasting I went to, we had a presentation from Bodegas Barbadillo, a winery from Cádiz that is actually the house wine at Bar Lambuzo. As usual, we tried three different types-rosé, white and red-the red was really spectacular.

In between each generously poured glass, we were served an assortment of homemade tapas: **ensaladilla rusa** (potato salad),

croquettes *de ortiguilla* (translated into English as "sea anemone", so let's keep it in Spanish), and *ragu de ternera con arroz* (veal stew on rice). The tapas were wonderful as always, and the wine portions are best described as **plentiful**. The bottles were left open on the tables, and we were welcome to serve ourselves as much as we liked. Meager portions are unheard of here.



Owner and father Pepe serving at a wine tasting in the cellar

On Thursdays, Lambuzo also holds **Microteatro**: they showcase 30-minute theater performances, from 9pm-11pm. Each session costs **4€**, plus you're more than welcome to grab a drink at the bar and bring it down to the cellar as you enjoy the show, and then go right back upstairs for more when it's over.

As far as the menu goes, father **Pepe** will gladly tell you about the daily specials, and you can't go wrong with anything on the set menu. Their star dishes are from their selection of

fried fish, a staple in Andalusian cuisine. And you can count on it being good—the first time I went, a guy from the South of Spain popped out of his seat and called up a friend to say: "You won't believe it. I'm in Madrid eating real pescaito frito".



assorted pescadito frito



boquerones fritos con limón (fried white anchovies with a squeeze of lemon) and white wine from Bodegas Barbadillo

My husband, James, and I have been going to **Bar Lambuzo** practically since it opened. What keeps us going back so often is the warm service and delicious food and wine (not to mention, really affordable!). Our favorite dishes are their varied **croquetas** (croquettes), **salmorejo** (a cold, tomato and bread-based soup), **arroz con atun rojo y pisto** (*rice with tuna and ratatouille*), and **solomillo al whiskey** (*whiskey pork loin, served on delicious handcut fries*). For dessert, try the

tocino del cielo (similar to creme brûlée without the crunchy top), made by Ignacia.



Croquetas



Salmorejo, a cold soup or dip originating from Cordoba,

made with tomato, bread and olive oil, topped with tuna and then drizzled with some more, olive oil



solomillo al whisky (pork tenderloin with roasted garlic, served on top of handcut french fries)



tocino de cielo, made by daughter Ignacia (similar to creme brûlée without the crunchy top layer)

Lambuzo's tapas range in price from $3 \in -5 \in$, and main dishes average at $11 \in .$ For lunch. They offer a menu del día (set lunch menu) for $10 \in .$ with a starter, main dish, drink, plus coffee or dessert. And they have an express lunch menu for $8 \in .$ including one dish.

If you decide to go to Lambuzo for dinner, I recommend making a reservation—the secret's out and the place gets packed!

Info:

Facebook page

<u>Web</u>

Hours: Tuesday - Thursday: 13:00 - 16:30, 20:00 - 0:00

Friday - Saturday: 13:00 - 17:30, 20:00 - 1:00

Sunday: 13:00 - 17:30

Closed on Mondays

Price range: 10-20€ per person

There are currently two locations:

1. The first Lambuzo is the one with the downstairs cellar:

Address: Calle de las Conchas, 9

Metros: Sol, Callao, Santo Domingo or Opera

2. Lambuzo has just opened a second location in Chamber1 which

is smaller but still has the same charm and family feel:

Address: Calle Ponzano, 8

Metros: Iglesia & Alonso Cano