

# Stunning Local Olive Grove Tour, in English! – Proyecto Los Aires

In 2013, biologists **Guillermo and Laura** – Spain's newest generation of **olive farmers** – took over the family business and embarked on an innovative mission: to connect the local countryside with the city of Madrid and make farming a **sustainable way of life** once again.

## How it all started:

**Over a century ago**, in a small town in the region of **Toledo**, Guillermo's great grandfather planted his first grove of around 200 olive trees, and between the evenly spaced olive saplings grew rows of sun-drenched grapevines.

A hundred odd years later, only the footprints of the old vines are visible, but the olive trees have grown beautifully gnarled and twisted, with silver miniature leaves and shiny hard fruit, ready for the annual harvest of some of the tastiest **organic extra virgin olive oil** in Spain.



The centenarian olive trees

## Guillermo and Laura's story:

Olive farming has been in both of their families for generations, inspiring them to study biology at university, which is where they met. From early on, they drew sketches on scraps of paper illustrating grand ambitions to re-bond our booming capital with its rural backyard, enthusiastically telling anyone who will listen about the genius that is the organic farming ecosystem (it's genius).

By mid 2014, their dream had gathered enough steam for them to **quit their jobs** and make [Proyecto Los Aires](#) their life, and for being in the midst of an **economic depression**, it's incredible how much they've already achieved.

## The tour:

On Saturday, we headed out to their stunning olive grove in **Arcicóllar**, about an hour south of Madrid. When we arrived, we

met up with our fellow tour buddies and set off on our educational meander through the olive trees.

Guillermo and Laura led us around their oldest plot and explained the **process of creating olive oil**: from planting and harvesting to filtering and bottling. Their scientific angle on the entire practice is fascinating, but I won't say any more – the oohs and aahs are all part of the fun!



The walking tour begins



Taking a closer look at the trees

After the walking tour (and tanning opportunity), we sat down at a shaded table nestled idyllically among the centenarian trees. It was time for the **tasting**. This involved professionally sampling several olive oils in little blue glass cups, and learning how to tell the difference between generic **supermarket oil** and **top-quality organic oil** such as theirs.

And then came the food and wine. Through local connections and friends and family, Guillermo and Laura brought together a plethora of **Iberian foodie gems** for us to eat. A *mercado* on a table came to mind, and our tour companions' similarly delighted reactions included lots of "mmm"s and "oh my God"s and jokey squabbles over who liked the **pumpkin *morcilla*** most. We chatted, talking about Guillermo and Laura's endeavours as well as our own, then gratefully accepted Guillermo's offer of

a top-up of wine to accompany our final wander through the trees (and take a few grove-selfies). Finally, we had the opportunity to buy some of the delicious products we tasted that day.



The tasting (and eating and drinking)



The quaintest little market stall in the world

After an **eye-opening and mouth-watering experience**, we said our goodbyes to the lovely Guillermo and Laura and hopped on the bus back to Madrid, desperate to get the word out to you!

## **The project explained:**

[Proyecto Los Aires](#) aims to **promote local agriculture** by running **educational tours & tastings** on their farm and forging a direct link between urban consumers and the rural economy. Their oil (Los Aires Extra Virgin Olive Oil) can be found in **gourmet shops** such as Oleoteca Murúa at [Mercado San Antón](#). Guillermo and Laura also regularly sell their oil in **markets across Madrid** such as [Mercado de Motores](#), [Mercado Central de Diseño](#), [Nómada Market](#) and [Gastro Market](#). Next time you're there, **go and say hello!**



Los Aires olive groves

## How to get there:

The **meeting point** for the tour is the bus stop in the town of **Arcicóllar** (see location [here](#)). Regular buses (see timetable [here](#)) will get you there from Madrid's **Méndez Alvaro** bus station in **just over an hour**. If you're driving, it takes around **50 minutes** from central Madrid.

## Details & Contact Info:

Tours run **year-round** on **any day of the week** or weekend and must be booked at least **48 hours** in advance.

[Facebook](#) & [Web](#)

The website is in English and Spanish! For more information about the tour, pricing, and to book, click [here](#).

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# Wine Tour of Bodegas Kirios and Aranda de Duero

Founded by Ignacio Segovia, [The Wine Bus](#) takes groups of up to 20 people on day trips to **wineries around Madrid** every Saturday. As its name entails, passengers are welcome to drink as much as they like because someone else is driving. [The Wine Bus](#) picks you up at [Hotel Claridge](#) (Plaza de Conde de Casal) in Madrid at **9:30 a.m.** and drops you off in the same spot at **8:30 p.m.** On these tours, you'll enjoy learning how the wine is made, the stories behind the wineries and of course, taste different wines and eat a great meal, too!

## Saturday, December 13th

This Saturday you can visit Bodegas Kirios, a beautiful family-run winery that we at Naked Madrid actually went to on [our trip with the Winebus last year](#). Bodegas Kirios will provide you with a delightful tour of both their modern winery and old underground cellar. After the tour, you'll have a delicious meal of pork chops, morcilla and roasted red peppers, paired with wine, of course. Then you'll go to **Aranda de Duero**, a town that is seeped in wine history, and have a guided tour of the caves there too.

## Booking Details

- Price of the trip is **59€** (transport included) + **20€** for lunch (optional)
- You can [reserve your ticket here](#) and get a 3€ discount with the promotional code: naked.
- Or email Ignacio Segovia at [igsegma@gmail.com](mailto:igsegma@gmail.com) or call 630 099 630 (he speaks English).

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# Wine Tour of Bodegas Alto Alberche and Mushroom Picking with the Wine Bus in Navalenguera, Avila

Founded by Ignacio Segovia, [The Wine Bus](#) takes groups of up to 20 people on day trips to **wineries around Madrid** every Saturday. As its name entails, passengers are welcome to drink as much as they like because someone else is driving. [The Wine Bus](#) picks you up at [Hotel Claridge](#) (Plaza de Conde de Casal) in Madrid at **9:30 a.m.** and drops you off in the same spot at **8:30 p.m.** On these tours, you'll enjoy learning how the wine is made, the stories behind the wineries and of course, taste different wines and eat a great meal, too!

## Saturday, November 29th

First you'll have a tour of Avila's most charming winery, **Bodega Garnacha Alto Alberche**, where you'll also have a few tastings and a home cooked meal, followed by a visit to El Hotelito for coffee. Just before sunset, you'll go mushroom picking with an expert guide and then return to Madrid. [The Wine Bus](#) will drop you off at around 8:30pm right where it picked you up.

## Booking Details

- Price of the trip is **59€** (transport included) + **20€** for lunch (optional)
- You can [book your ticket here](#) and get a **3€ discount** with the promotional code: **naked**
- Or email Ignacio Segovia at [igsegma@gmail.com](mailto:igsegma@gmail.com) or call 630 099 630 (he speaks English).

Here's a more in-depth article on [our experience on the Wine Bus!](#)

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# Wine Tour of Bodega Finca La Estacada and Cuenca with The Wine Bus

Founded by Ignacio Segovia, [The Wine Bus](#) takes groups of up to 20 people on day trips to **wineries around Madrid** every Saturday. As its name entails, passengers are welcome to drink as much as they like because someone else is driving. [The Wine Bus](#) picks you up at [Hotel Claridge](#) (Plaza de Conde de Casal) in Madrid at **9:30 a.m.** and drops you off in the same spot at **8:30 p.m.** On these tours, you'll enjoy learning how the wine is made, the stories behind the wineries and of course, taste different wines and eat a great meal, too!

## Saturday, November 22nd

This Saturday, [The Wine Bus](#) is going to [Bodega Finca La Estacada](#) for a tour of the winery and a few tastings. The bus will then take you for a fantastic lunch, followed by a

guided tour of the beautiful city of Cuenca with its famous hanging houses. After watching the sunset, the Wine Bus will take you back to Madrid and drop you off at Hotel Claridge.

## **Booking Details:**

Price of the trip is 59€ (transport included) + 20€ for lunch.

You can [book your trip here](#) and get a 3€ discount with promotional code: **naked**.

Or email Ignacio Segovia at [igsegma@gmail.com](mailto:igsegma@gmail.com) or call 630 099 630 (he speaks English).

**[Here's a more in-depth article on our experience on the Wine Bus!](#)**