

7 Reasons Alcalá de Henares is worth more than a day trip from Madrid

I recently organized a weekend [getaway for WABAS, a writers' group](#) that I form a part of, and we decided to hold it in the beautiful city of Alcalá de Henares. As a Madrid resident, I've met a lot of people from Alcalá over the years, and even gone there for the day on more than one occasion. However, it wasn't until staying there for a full two nights that I truly got to know the city.

Being only 35 kilometers from Madrid – and a quick 40-minute local train ride away – many of those who live in the area take for granted that we have this jewel in our backyard. Alcalá is often thought of as a commuter city more than a tourist destination.

It's home to nearly 200,000 inhabitants (making it about the same size as Granada!), many of whom commute into Madrid every day on the many trains and buses that go into the big city. However, Alcalá is certainly an important city in its own right – one with a LOT to see and do and that's on par with other historical cities in central Spain.

I thought I'd share some of the reasons I think it's totally worth staying in Alcalá de Henares for a night or two.

1. Breathe in the history



From the hotel, to the meeting rooms, to the streets and restaurants – every place I stepped into during my weekend in Alcalá was filled with historic charm. I stayed at the [Evenia Alcalá Boutique](#), a three-star hotel housed in a 16th-century building with a charming courtyard located near the city's Cathedral.

The pedestrian **Calle Mayor** is a main street of shops and restaurants that connects the Cathedral to the city's main **Plaza de Cervantes**. Its cobble stones and wood-framed buildings take you back in time. It is on this street that **the birth house of Miguel de Cervantes** can be found, right next to the medieval hospital where his father used to work.



And of course, you have the **Archiepiscopal Palace of Alcalá de Henares**, which is famed for being the place where Christopher Columbus first met with Monarchs Ferdinand and Isabella. For our writers' meeting, the city of Alcalá was gracious enough to loan us a meeting room in the Casa de la Entrevista, which is a medieval monastery that has been converted into an exhibition space. I could feel the history literally everywhere we went.



It makes sense for a city that was completely rebuilt and planned as a university city in the 15th century. Many of the buildings from that era are still in use today. While Alcalá's University of Complutense was moved to Madrid in 1836, today it is a university town once again. The [University of Alcalá](#) opened there in 1977 and brought many of the original university's buildings back to academic use. The original university was named after the Roman city of Complutum that was the original city built on the site in the 1st century BC.

To learn more about the region's ancient history, be sure to visit the [Archeological Museum of the Madrid Region](#), also located in Alcalá.

2. Enjoy free tapas with your drinks



The tradition of receiving a **complimentary tapa** (small plate) with your drink order may have died out in much of Spain – but not in Alcalá! Several places in Alcalá still take part in this fabulous tradition. [Indalo](#) is by far the most famous place in town to go for a tapa. You order a drink and then you can choose a generous tapa from the menu, all for 2.50 euros, if my memory serves me right.

We also visited [La Posada Magistral](#) which gives you a surprise tapa with each drink (they also have a very economical set menu, even on weekends, that they serve in their upstairs dining room). Other bars, such as [La Taberna de Rusty](#), charge separately for the tapas, but at very modest prices.

3. Party all night long



By staying overnight in Alcalá I was able to discover how bustling the place is after dark! I didn't expect for there to be so much happening at night; but I guess thanks to its large population – which includes students of the University of Alcalá – there are a ton of options.

The most emblematic of Alcalá's night spots is [The Green Irish Pub](#). But, don't be fooled, this isn't your typical Irish bar – it's a proper nightclub. There's a little something for everyone at The Green Tavern and it attracts a diverse crowd. The first floor features rock music and a pub-like atmosphere, but with a massive dance floor, and the second floor is more of a traditional club scene with latin pop and dance music.

In case you get late-night munchies, you don't even have to leave the party complex: in between the two different zones there is a stand selling hot dogs and other snacks.

Meanwhile, the youngsters flock to [Bar TDK](#). Here you'll find cheap mixed drinks at 4 euros (and even a bit cheaper if you show a valid student ID!), as well as pool tables, dart boards and foosball, that will keep you entertained all night long.

If you're looking for a more upscale evening, you can check out the [Hanoi House](#). Here you'll find a more mature crowd, and a bit pricier cocktails in a large club fitted with Vietnamese-themed decor. It's definitely worth visiting in summer for its fantastic outdoor bar and terrace that offer nice views.

Like many cities in Spain, on any weekend night you can find lots of party people traversing the streets. You can make lots of new friends without even entering a club! I only went out one night in Alcalá so I didn't get to try everywhere, but other places that looked interesting were [La Champa 2.0 Karaoke Bar](#) and [Mi Niña Lola](#). I'll have to stay another night soon to try them out!

4. Experience fine dining without breaking the bank



While researching different possibilities for lunch and dinner in Alcalá, I came across several excellent options, it was difficult to choose. We ended up having lunch at [El Hemisferio Loft](#) and it was an amazing choice. The service and the quality of the food were excellent. But make sure to book ahead – the place gets packed!

On the weekend, you're able to choose from different set menus for lunch or for dinner, which are an excellent value. Our group chose el "Menu de temporada" which included an amuse bouche, a starter, a main dish, a dessert and a coffee for 25 euros. I ordered a seafood rice dish as the starter, and sea bass with mashed potatoes as the main and both were excellent. On weekdays a similar set menu goes for only 15 euros.

We also enjoyed dining at [El Tempranillo](#), which was right by our hotel and has a fantastic wine selection. We had a light

dinner of croquetas, as well as a plate of meats and cheeses. They also had a nice selection of entrees, for a more formal sit-down dinner. The owner, Inma, is very friendly and an excellent sommelier, who makes you feel at home in a cute and cozy atmosphere.

Other restaurants that came highly recommended were [Lucrecia](#) and [Martilota](#). I definitely plan to check them out the next time I'm in town.

5. Take part in Alcalá's many cultural events



When I was trying to choose which weekend to go to Alcalá, I was hard-pressed to find a weekend where there wasn't some kind of special event happening. I chose the only weekend of the season that was relatively calm (sandwiched between the

Alcalá Film Festival, and the **Don Juan performance**, when hotel prices were higher). Even so, we still caught celebrations for the **20th Anniversary of Alcalá being named a UNESCO World Heritage site** (which took place on December 2, 1998), as well as a pre-Christmas parade.

If you're planning a trip to Alcalá, make sure to check [the city's cultural calendar](#) and find out what may be going on at that time. Among the most well-known events is the city's [Mercado Cervantino](#), or **Medieval fair**, where the Calle Mayor is filled with old-fashioned stands and people dressed in period attire. Definitely worth checking out if your timing lines up.

6. See (and hear) storks!



Ok, so you can see them whether or not you stay the night in Alcalá, but **I can't write an article about Alcalá without mentioning the storks**. Alcalá de Henares is said to be home to

around 90 pairs of migrating white storks – although each year they are said to stay longer. The best time to see them is between mid-October and the beginning of August, when you'll hear them snapping their beaks like castanets throughout the city. They love this place, thanks to the many steeples that are perfect for building their nests.

You can spot the large birds circling over the city and perched atop buildings. The city's tourism office has even created a special [“Storks Route” touristic itinerary](#) that features the birds' most notable nesting spots atop already impressive historical buildings and around the beautiful Plaza de Cervantes.

7. Indulge in sweet treats



If you like Spanish sweets, [Alcalá is one of the best places](#)

[to try them](#)! A must-visit is the **Convent of the Clarisas of San Diego** where the cloistered nuns sell candied almonds from behind a small door without showing their faces. In addition to candied nuts, convents across the city sell homemade marzipan, similar to nearby Toledo.

Another typical sweet from Alcalá is a flaky puff pastry called **costrada**. It has a sweet cream filling and is covered in soft meringue that is finally topped with crushed sugared almonds. *Costrada* is said to have originated from the famous **Pastelería Salinas** in La Plaza de Cervantes. You can find it in their window display, as well as those in several other bakeries across town – where it's usually just as delicious!

And, you can't leave Alcalá without trying a **Rosquilla de Alcalá**, a round puff pastry glazed in sugary egg yolk. Try one at **Pastelería Lupe**. It's a level up from a glazed doughnut, that is sure to leave you in a sugar coma.

How to get to Alcalá de Henares from Madrid

Alcalá de Henares is super easy to get to. Here are the different options:

▪ By train

Take a Cercanías commuter train (Line 2 or Line 7) from Atocha Station to the Alcalá de Henares train station. During rush hour, trains depart every 5-10 minutes, and the journey lasts about 40 minutes.

▪ By bus

There is also a bus that leaves from Avenida de America bus station. It is line 223 run by Continental Auto, Line 223, and tickets are sold near the bus stop. The bus ride takes about one hour.

▪ From the airport

If you are coming from the Adolfo Suárez Madrid-Barajas Airport, I recommend going by taxi. While it's more expensive, it's worth the time savings. It's only about a 25-minute drive from Barajas to Alcalá. There is no direct public transportation line from the airport to Alcalá. You'd have to first go into the city of Madrid, and then take the aforementioned bus or train, which would take over an hour and a half.

▪ By car

Of course, if you have access to a car, Alcalá is just a short drive away.

As you can see, Alcalá is no sleepy commuter town. While it's an easy day trip; there's also enough to see and do to make it worth spending a night or two. I hope my experience helps you get the most out of your time in Alcalá de Henares.

Looking for more places to visit near Madrid? Check out our list of [Madrid's 10 beautiful surrounding towns](#).

Thank you Russ Pearce from anythingbutpaella.com for many of these lovely photos!

Discover Madrid's passionate poetry community

When I landed in Madrid nearly three years ago now, one of my first orders of business was to figure out where the city's poetry community hung out. And I have to admit, it wasn't as

easy as I had expected, given Madrid's reputation as a romantic and literary city.

But with time, I found some incredible little corners of the capital that attract talented and passionate poets from around the globe. Here are some of my favorite spots.

Desperate Literature



Photo courtesy of Desperate Literature

Desperate Literature is one of those cozy little bookshops that make you feel instantly at home. But they offer more than just books (in Spanish, English, and French)—they put on

events like poetry readings, chess nights, intimate concerts, and meet-the-author nights. Poets of all walks of life gather in this tiny space to connect, exchange ideas, and perhaps enjoy a cheeky glass of whiskey. **Check out our full-length post about Desperate Literature [here](#).**

- *Address: Calle de Campomanes, 13*
- *Metro: Ópera or Santo Domingo*
- [Facebook](#) & [Instagram](#)
- *Phone: 911 88 80 89*

El Intruso



Photo courtesy of Poetry Slam Madrid

Just off Gran Vía, this venue is spacious with a unique layout: designed in an L shape, one area is lined with couches

and the other, the stage and dance floor—unlike other poetry hotspots in the city, Intruso Bar is first and foremost a place to cut a rug under the neon lights ‘til the sun comes up. On Mondays they have jam sessions (that usually lean towards jazz and R&B) and on weekends they have scheduled concerts, comedy shows, and you guessed it, poetry readings.

The first Wednesday of each month, El Intruso lends its stage to [Poetry Slam Madrid](#), where 12 poets give 3-minute performances. It’s just 6 euros and includes a drink, and anyone can sign up here (first come, first serve): participarslam@gmail.com. It’s a buzzing community of young, international artists that you don’t want to miss.

- *Address: Calle de Augusto Figueroa, 3*
- *Metro: Gran Vía, Chueca, or Tribunal*
- [Facebook](#) & [website](#)

Vergüenza Ajena



Photo credit: camareroenmeunverso.blogspot.com

Any time I see a place that calls itself a “bar-librería,” I’m already sold. Vergüenza Ajena does it all: delicious homemade food, well-priced drinks, a laidback atmosphere with friendly service, and events that lure in the poetry community (namely readings). If you go on a night where there’s no event planned, there are hundreds of books to keep you occupied. I also hear the salmorejo is the best in town.

- *Address: Calle de Galileo, 56*
- *Metro: Quevedo or Moncloa*
- [Facebook](#)
- *Phone: 912 97 70 34*

Café Libertad 8



Photo credit: lanocheenvivo.com

You'd be hard-pressed to find anything else like Libertad 8 in the capital. It's a traditional, no-frills bar where primarily Spanish artists gather to do nothing more than share their love of music, poetry, painting, storytelling, photography, and more. It's neither hipster nor pricey, despite its prime location in the buzzing Chueca neighborhood. Skip the tourist crowd, grab a glass of cava, and meet the passionate poets of Madrid.

- *Address: Calle Libertad, 8*
- *Metro: Chueca or Banco de España*
- [Facebook](#) & [Instagram](#)
- *Phone: 915 32 11 50*

María Pandora



This gorgeous, borderline-creepy bar is dedicated to two things: champagne and poetry. Inside, you'll feel like you're in a haunted mansion: every inch of the walls is covered with sinister sketches, the tables are adorned with misshapen melted candles, and each piece of vintage furniture is unique.

The space functions as a stage (albeit a small one) for poetry readings, *microteatro*, and literary chats several nights of the week. Sign up for an event, order a glass of bubbly, and if you get there early enough, grab a window seat. Oh, and don't forget to begin or end your night of poetry with a visit to the park just in front, Parque de las Vistillas. **Check out our full post on María Pandora [here](#).**

- Address: Plaza de Gabriel Miró, 1
- Metro: La Latina
- [Facebook](#) & [Instagram](#)

▪ Phone: 680 37 31 08

In addition to frequenting these amazing spaces, you can also connect with Madrid's poetry community by joining Facebook groups such as [Poetas en Madrid](#), following pages like [Poetry Slam Madrid](#), and staying in the loop on all things culture on Madrid's official [website](#) for cultural events in the city.

Unleash your inner kid at The Playground

Ever miss recess? Family game nights? Dedicating a whole day to just having a good time?

I don't blame you—**adulthood is hard**. Sometimes all I want to do is go back to being a kid, when I could completely lose myself in a game of cards or kickball and momentarily forget about the rest of the world. I miss the carefree way I made new friends and laughed so hard I couldn't breathe—even with people I'd only just met.

Apparently, I'm not the only one suffering from this particular brand of nostalgia. A few years ago, the lovely and talented Majida Mundial (a longtime Madrid resident who hails from New York) decided to do something about it.

She created [Let's Go Ánimo](#), a company dedicated to helping people have fun, meet new friends, and release the inner child that lives on inside us all.



Majida, the founder of Let's Go Ánimo, cracks up with The Playground participants.

Every month, Let's Go Ánimo hosts [The Playground](#), a night of board games and friendly competition that's every bit as fun as it sounds. At first glance it may seem like your average expat networking night; it's held on Thursday evenings on a trendy Malasaña street, everyone speaks English, and yes, there's wine involved. But the similarities end there.

When you walk in the door, you'll be placed on a team with other attendees who you'll compete with throughout the night. The games are different every time—you might play Jenga, Scattergories, Cards Against Humanity, Limbo, Twister, or an endless number of other classics. The winner of each game is awarded points for their team, and at the end of the evening there's a challenge round to crown the overall champion. **Expect plenty of fun, prizes, and unlimited surprises.**



A fierce Twister competition puts players' balance to the test.

Of course, there are some things that set The Playground apart from the game nights of your youth: namely, alcohol. The **€10 entry fee** includes a drink and a few small tapas, and you can buy more throughout the night if you're still hungry (or thirsty). Beer, wine and *tinto de verano* are usually on offer.

If you're shy or nervous about meeting new people, The Playground will leave you no choice but to let loose and get out of your comfort zone. Awkward icebreakers, dance-offs, improv activities... everything is fair game.

Pro tip: you'll have more fun if you go all out and really get into it—apathy and introversion might be acceptable at a normal bar or networking night, but here they just won't fly.

In addition to the monthly Playground events, Let's Go Ánimo organizes special activities and celebrations throughout the year. Sometimes there's a particular theme; the Christmas edition held in December featured a white elephant gift exchange, an ugly sweater contest, and no shortage of holiday cheer.



Participants strut their stuff in an ugly Christmas sweater fashion show.

Other past events have included picnics in the park and Thanksgiving-themed fun. Let's Go Ánimo also offers corporate [team building workshops](#), and Majida even teaches [Sevillanas dance classes](#) in English, if that's your thing!

Stay up to date on upcoming events by joining the brand new Facebook group, [The High-Vibe Tribe](#). According to Majida, **"This group is being created to build an international family-like community of passionate people all over the world who believe that being an adult does not have to equal living a dull life, and that living the fulfilling life you dream of is not only possible but necessary!"**

So if you're tired of the same old language exchanges and afterwork meet-ups, and you want to try something totally new and unique, mark your calendar for the next edition of The

Playground—or any of Let's Go Ánimo's events—and get ready to have the time of your life.

Info

- [Facebook](#), [Instagram](#) & [Website](#)
 - **Location:** El Salón del Artista, Calle de la Palma, 50
 - **Metro:** Noviciado & Tribunal
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Where to Take Your Mom in Madrid – Round 2

Knowing where to take your mom in Madrid can be tough, especially if she's already visited you five or six times. So here's a follow-up to my [first version](#) of this post with some fresh ideas, some favorites, and some recommendations from fellow Naked Madrid writers – and my mom, too, of course. She also helped me edit this whole piece. Thanks ma!

Not to mention these ideas are great for any out-of-town guests. Here goes:

1. Museo del Romanticismo for an intimate art experience



Madrid has several charming museums worth visiting, and if you're like me, you'll appreciate their small size. My mom and I loved [Museo de Artes Decorativas](#) and [Museo Naval](#); but we enjoyed [Museo del Romanticismo](#) the most. Something about wandering around someone's former mansion makes it unique, and each room tells a different story. Just stay on the grey carpet or the attendant will scold you, like she did my mom when she wanted to take a closer look at the 19th-century furnishings and art! Plus it has a wonderful tea room.

For more ideas, check out [Madrid's obvious and not-so-obvious museums \(and how to get in for free!\)](#)

2. Mad Improv events for fun and laughter



This was such a great discovery. My mom has been to Madrid several times over my ten years of living here, yet we never quite found the right way to spend an evening out that didn't just involve food. [Mad Improv](#) is an English-speaking theater group that holds shows (right now on Thursdays at La Escalera de Jacob) and regular workshops and jams at [VeraContent](#) (Naked Madrid's sister company).

Jams cost 3€ and include a first drink. Anyone is welcome to get up and join in on improv games, or you can just watch if you're on the shyer side – understandably so, as you'll see some pretty impressive improvisors up there. Either way, you're going to laugh a whole lot. I promise.

Here's a [full post on Mad Improv](#) to find out more.

3. Juana la Loca for excellent Spanish food



Juana la Loca is an exceptional family-run restaurant in La Latina, serving Spanish food with lots of fusion and lots of love. Everything you eat here is exquisite, from the *pintxos* at the bar to the main dishes. I had been several times before I finally got the chance to speak to one of the family members, the son, who explained everything on the menu with such passion. Culinary arts clearly run in the family.

4. Bosco de Lobos and Ana la Santa for cozy and chic dining



I wanted to include a few more restaurants on this list so I asked for recommendations from [Cat](#), one of Naked Madrid's most active writers. With no hesitation at all, she said: "[Bosco de Lobos](#) and [Ana la Santa](#) are both mum pleasers!" Bosco de Lobos is situated in a beautiful courtyard of an architecture school in Chueca, and its casual-chic look immediately lures you in. Ana la Santa also has a great location, right in Plaza Santa Ana. Cat especially recommends going here when it's cold outside, as it's the perfect place to warm up.

Check out [Cat](#)'s articles on [Bosco de Lobos](#) and [Ana la Santa](#) – I'd definitely take her word for it.

5. Chuka for Japanese ramen and gyozas



Once you've had your taste of Spanish food, you shouldn't feel bad about going to an [international restaurant](#). Really, it's okay. Madrid's culinary scene is full of fusion cuisine from all over the world, and Madrileños love it. [Chuka](#) is one of our all-time favorites for ramen, gyozas and baos. And we just found out the owners are actually two Americans who have been living in Madrid for over a decade. Go figure!

Here's a full post on [Chuka](#). Another great restaurant nearby is [L'Artisan Furansu Kitchen](#), offering French-Japanese fusion cuisine and a *menú del día* that changes daily.

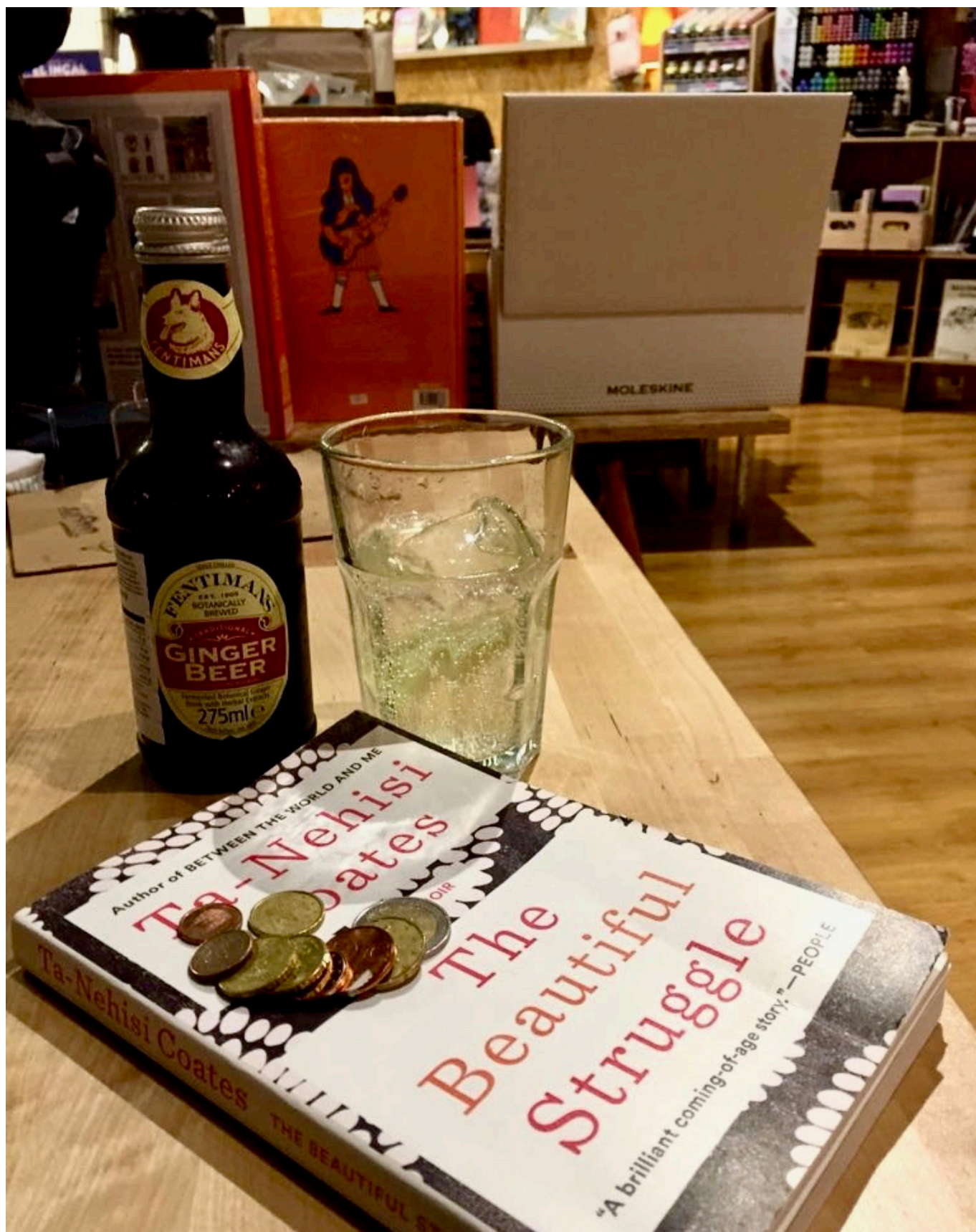
6. Salmon Guru for fun cocktails



Before going into Chuka we had a half hour to kill so we walked down the street and got a drink at [Salmon Guru](#). This funky bar has a great cocktail selection and truly unique decor. If we'd stayed a little longer and sampled another round, my mom thinks we might have solved the mystery of what "Salmon Guru" actually means.

Read our full post on [Salmon Guru here](#).

7. Swinton & Grant for when you're working



Coffee shops are always great places to park your mom while you're working (or napping). If she hasn't brought her own book with her, she'll surely find something to read at [Swinton & Grant](#) – a café that sells art books and also has a

downstairs gallery – while enjoying a *cortado*, a spicy ginger soda, or a beer.

Another one of my mom's favorites, mentioned in the [previous article](#), is [Café La Libre](#), right by the Reina Sofia museum. She couldn't resist going back twice on her most recent visit. And we always make a pit-stop at [Desperate Literature](#) to check out their international book selection and delightful event calendar.

8. Templo de Debod for stunning views



This beautiful ancient Egyptian temple is perched on a hill providing breathtaking views of the city, making it the perfect spot to watch the sunset or have a picnic. [Templo de Debod](#) is also a great place to walk to after a visit to the Royal Palace or the [Cerralbo Museum](#) which are both a hop skip away. You'll find a free-entrance museum inside the temple – one of [Mad Improv](#)'s organizers, Summer, said her parents loved

it.

9. Casa Pueblo for another cocktail



I've been going to this bar since my first year in Madrid. You can bring anyone here – a date, a friend, a colleague. There's something warm and special about [Casa Pueblo](#) that makes me keep coming back. And my mom couldn't agree more. There's also a small stage in the back where they regularly put on live music.

10. The Rastro for a Sunday flea market experience



pic from [Madrid No Frills](#)

When I asked for a recommendation from [Leah](#), she said: “My mum absolutely loves the Rastro, of course. She wants to buy everything but can’t fit it in her suitcase, but she always manages to squeeze something in like a spoon!”

Leah has been writing about and capturing the Rastro for years on her awesome blog, [Madrid No Frills](#), and instagram accounts [@rastrolife](#) and [@portaitofmadrid](#). Here’s her latest Rastro-inspired post: [Seven eccentric museum-worthy collections found only in the Rastro](#)

11. Shopping day in Malasaña – and a mandatory drink afterwards



Mojitos at Cubanismo, a rooftop bar in Malasaña

When it comes to shopping, I like getting it over with in one shot on Calle Fuencarral (which merges with Gran Vía if you want to hit all the big stores like Zara and H&M). Afterwards, there's beer and tapas waiting for you at some of our favorite spots. I recommend going into one of the happening food markets in the area – [Mercado de San Ildefonso](#) or [Mercado de San Anton](#) – both with great outdoor seating areas.

Another amazing place for a post-shopping drink is El Paracaídas. This multi-story and multi-purpose concept store actually has two rooftops – our favorite is [Cubanismo, a tropical rooftop escape!](#)

12. Food tour for insight into Spanish

bar culture and cuisine



Another Naked Madrid writer, Melissa, recently went on the [Context Tavernas and Tapas Tour](#) in Barrio de las Letras. Melissa is a true foodie, and works as a full-time writer and translator at [VeraContent](#), where she researches Spanish food on a daily basis. She said the culinary tour was truly insightful, and a wonderful way to better understand the history and nuances behind Spain's delicious cuisine as you enjoy every bite.

Read Melissa's full article on the [Context Travel Tours](#) here.

Don't forget to read round one of [Where to Take Your Mom in Madrid](#) for more ideas!

You might also like: [Take a Peek Inside 5 Historical Madrid Bars](#)

Of course Madrid is full of more options that mothers will love, so please feel free to share in the comments!

Context Tavernas and Tapas, a culinary tour through the bars of Huertas

If you've done any traveling lately, you might have noticed that **food tours are rapidly becoming a global trend**. Companies around the world now offer guided visits to restaurants, bars, and markets, promising to let you in on culinary secrets or show you how to eat like a local. Madrid is no exception. In fact, this city has more than its share of options, thanks to its vibrant dining scene and world-famous cuisine.

I recently had the chance to participate in a food tour for the very first time, thanks to [Context Travel](#). The company offers "**tours for the intellectually curious**" in cities across the world, including several in the Spanish capital. Many are focused on history or art, but this one was especially intriguing: [Savoring Madrid: Tavernas and Tapas](#).

According to the Context website, the goal of this culinary tour is to define the concept of tapas through tastings at *tavernas* in the city center. Like all of their [Madrid tours](#), it's meant to offer an in-depth look at local culture,

customs, and in this case, cuisine. But considering the dozens of bars, restaurants, and specialty dishes that are scattered throughout the city, how could it be possible to cover such a broad topic in just 3 hours? That's what I intended to find out.



Intricate mosaics decorate the exterior of one of the many historic bars in Huertas.

Hungry for history

The tour began at 7pm outside the Westin Palace hotel, close to many of Madrid's main tourist attractions. Context limits the size of their tours to create a personalized experience—this one consisted only of me and a couple who were on vacation.

Our guide was Tessy Carrada, a culinary journalist of Mexican origin who moved to Madrid a few years ago. She started off by

explaining the basics, with the help of maps and diagrams: **what are tapas, where did they come from, and how are they eaten?** What makes Spain's cuisine unique? What can you expect when you go out for tapas in Madrid?

Next she told us how the tour would work. We'd visit three or four places, all in the Huertas neighborhood (also known as [Barrio de las Letras](#)). The idea was to show us non-touristy spots, the kinds of places locals go, where we'd get a **true taste of the local culture**. At each place, she would order a few tapas to share, taking into account our preferences, interests, and appetites. With the ground rules laid out, we set off into the city.

Cervecería Cervantes



First up was a true classic, a place that was packed with customers even at the early hour of 7:30pm. We ordered drinks,

and Tessy explained the particularities of Spanish brewing as we admired the collection of beer cans displayed on the restaurant's walls. The waiter brought out a plate of giant olives and mussels, exemplifying the tradition of providing something to snack on along with every drink.





Tessy then ordered several *raciones* to share: **ham croquetas with padrón peppers, manchego cheese, and jamón ibérico.** As we ate, she offered insight on each and every item: how to make *croquetas*, what makes Spanish ham so special, and how to distinguish true *manchego* from imitations.



I've lived in Spain for a while, and I've eaten (more than) my share of all of these classic tapas, but I'm not exaggerating when I say this might've been the best ham and cheese of my life. It took a lot of self-discipline to restrain myself and save room for the next destination...

La Fábrica



As soon as we entered this colorful, crowded locale we were welcomed with the sights and smells of seafood. We gathered around an old barrel-turned-table and ordered **albariño** wine to accompany the **salpicón** (a kind of seafood salad) and **boquerones** (marinated anchovies) that Tessy suggested. I was quickly reminded of one of the most pleasant discoveries I've made in Madrid: despite my preconceived notions about slimy, stinky seafood, here it's a true delicacy.



The *salpicón* consisted of shrimp, mussels, and octopus swimming in olive oil with tomatoes, peppers, and onions. It was fresh, light, and incredibly delicious. A loaf of crusty bread was brought to the table, and Tessy encouraged us to break off pieces and soak them in the flavorful oil.



The *boquerones* were perfectly seasoned and accompanied by olives and crispy potato chips. We were also served a small plate of cheese and chorizo—but it couldn't compete with the perfection we'd already experienced at Cervantes. The star here was most certainly the seafood.

La Vinoteca

Although we attempted to find a spot at the renowned Casa Alberto, at 9pm on a Saturday night it proved difficult. Instead we went to La Vinoteca, which had a much more **modern and upscale atmosphere** than the previous bars. We ordered wine and cava from an impressively long and detailed list.



To round out the night, Tessy ordered **patatas bravas** (fried potatoes smothered in slightly spicy sauce) and two **pinchos** (small toasts): one topped with spinach, goat cheese, and caramelized onions, and another with potato cake and duck magret.

Although the ambience here was lovely and the wine exceptional, I have to admit that the tapas weren't quite as impressive as their successors. That being said, they were still delicious, and certainly provided a well-rounded sampling of some of Spain's most famous specialties.



For the last course of the evening, Tessy chose a **layered trifle of chocolate and cream**, as well as a sort of **mini apple pie** topped with vanilla ice cream. Although these were pretty standard sweets that didn't exactly scream "Spain," it's hard to complain when there's chocolate involved. After devouring dessert, we parted ways for the night with full bellies, satisfied palates, and a whole lot of newfound knowledge.

An interesting aftertaste

For me the best part of this tour, surprisingly, was not the food itself (although of course it was incredible). As a resident of Madrid, I can get authentic tapas whenever I want, on nearly every street corner. What this experience offered me was the chance to engage with the food I was eating on an intellectual level: to learn why tapas are called tapas, what distinguishes *jamón ibérico* from *jamón serrano*, and so much

more. It was a lesson in being conscious of what I eat and the history and culture it reflects.

For travelers who only have a few days to sample the best of local cuisine, who don't speak Spanish, or who simply don't know where to begin, Context provides an ideal solution. Tessy's insider knowledge and impeccable taste made for an interesting, entertaining, and thoroughly authentic journey through the taverns of Huertas.

Whether you're a tourist who wants to experience the tapas culture firsthand, or a seasoned local who wants to learn more about the city you love, you'll find what you're looking for in the Context Tavernas and Tapas tour.

To learn more about Context or book a tour, click [here](#).

Tapapiés: a guide to everyone's favorite food and culture festival in Lavapiés

It's that time of year again. The air is turning chilly, the leaves are starting to change, and the millennial obsession with all things autumn is taking over social media. But here in Madrid, there's a whole different reason to be excited. With October comes [Tapapiés](#), the annual festival that inundates the streets of the [Lavapiés neighborhood](#) with delicious food, cheap drinks, and live music.

For 11 days at the end of October (this year's 7th edition lasts from October 19–29), dozens of restaurants and bars in

Lavapiés offer a very special deal. Each one develops their own **signature tapa**, and offers it to the public for just **€1.50**. For an extra euro, you can also get a *botellín* (a 250 ml bottle of beer) to wash it down. The [event](#) is sponsored by Barcelona's Estrella Damm, and at most places you can choose between a regular beer or Damm Lemon (beer and lemon soda).



A bar advertises its participation in Tapapiés with the festival's official poster.

Lavapiés is known for its incredible cultural diversity, with large immigrant populations from all over Africa, South America, the Middle East, and Central Asia. As a result, it's full of [international eateries](#) offering everything from [Senegalese thieboudienne](#) to Syrian sweets. A good number of these establishments participate in [Tapapiés](#), which means that in one night you can practically eat your way around the

world, just by exploring the neighborhood's sloping streets.



The delicious “Crepioca” tapa from Saboor Tapioca

In other words, **this [festival](#) is every adventurous foodie's dream come true.** There are various strategies for tackling the overwhelming amount of options (**122 tapas in total**) and chaotic crowds. You can simply wander around, dropping into whatever bars you come across and trying your luck. Each one usually advertises a photograph of their tapa with a huge poster out front, so you'll know more or less what to expect. Don't forget to stop by [Mercado de San Fernando](#) and Mercado Antón Martín, where several vendors also participate.



A tray of tapas at Toscanaccio Italian bakery: marinated eggplant, walnuts, goat cheese, and sun-dried tomato pesto on spelt bread

If you're (A) a picky/allergy-prone eater or (B) determined to try as many different tapas as possible, you might want to consider a more organized strategy. Ask for a brochure at any of the participating places—you'll get **a pocket-sized booklet that contains a list of every single tapa being offered**, as well as a color photograph and a detailed ingredients list for each. They're all plotted on a numbered map, so you can plan out your ideal route. Be warned, though: it's hard to stick to a set plan when there are so many tempting options around every corner.



Dishing out the special tapa at Maloka Bar Brasileiro: yuca in a coconut milk sauce with peanut pesto

My advice? Grab a group of friends who aren't afraid to elbow their way through some crowds and try as many new things as possible. This is not an activity for those who would rather settle in at a cozy restaurant for a relaxed dinner.

Expect to eat standing up while balancing a beer in one hand a a tapa in the other, and shouting at each other just to be heard. **It's messy, it's crazy, it's loud—and it's totally worth it.** The frenetic and colorful spirit of the neighborhood is never more alive than on a night of [Tapapiés](#).



“Carrillada melosa” from Maldito Querer: braised beef cheeks in a sauce of caramelized onion, garlic, herbs, and Pedro Ximénez reduction

To complete the experience, it’s essential to attend one of the [various outdoor performances](#) by local musicians, dancers, and entertainers that take place throughout the event. On Friday, Saturday, and Sunday afternoons and evenings, you can catch live music and shows at nine different designated spots (a full schedule is included in the brochure). There’s also the simultaneous **Chollopiés** festival, which **spotlights the neighborhood’s local businesses** by offering [special discounts](#) on certain products.



Maybe you live in Lavapiés and want to get to know your *barrio* better. Maybe you've never been and want to see what all the hype is about. Or maybe you're just hungry, thirsty, and low on cash. Whatever the case, [Tapapiés](#) is bound to become one of your favorite events in Madrid. If you go into it with **the right mindset, a healthy appetite, and a handful of coins**, I guarantee that come next October, there'll only be one thing on your mind. Who needs pumpkin spice lattes, anyway?

Info

- [Facebook](#)
- [Website](#)
- [Instagram](#)

Check out our roundup of [Tapapiés' offerings last year!](#)

Kittens & coffee at Polineko, an ethical cat cafe in La Latina

You may have heard of the Japanese concept of a '**neko café**,' or a cat cafe, which has made a splash in the world's biggest cities in recent years.

In Japan, the idea was born because most landlords don't allow pets. So animal lovers go to a cat cafe and pick which cat they'd like to play with. Each time they visit, they spend time with the same cat, forming a relationship with him or her. It's kind of like having a part-time pet.

In other cities though, like London and New York, it works a bit different. You simply pay to **hang out in a feline-filled cafe**, and the cats roam free while you sip a latte and relax.



The latter has arrived to Madrid. There are a handful of options, but my favorite is [Polineko](#), recently opened in La Latina. It stands out for several reasons:

- **Its authentic Japanese style.** Between the decor, the Japanese snacks like doriyakis, and the anime-themed items in their shop, you'll feel like you've stepped into a real neko café.



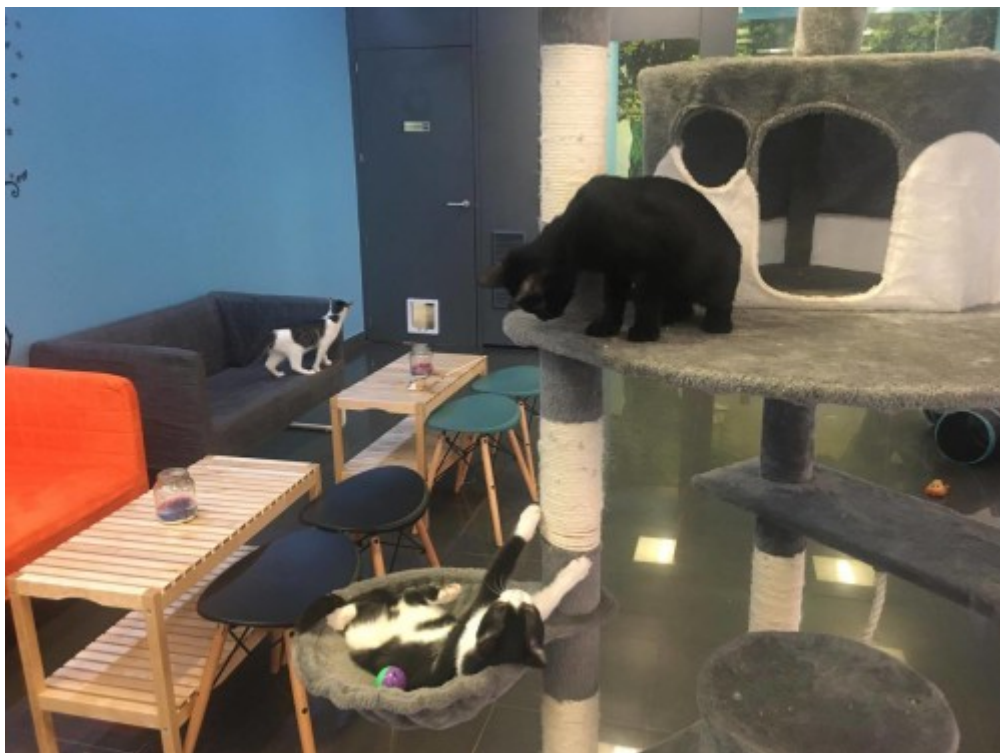
- **Its mission.** Above all, Polineko aims to foster loving relationships between humans and their feline friends. Unlike other cat cafes in Madrid, you can touch and play with all the cats, and almost all of them are available for adoption. They partner with animal protection agencies like [ALBA](#) that facilitate the adoption process, guaranteeing that all cats are healthy and vaccinated, and that they end up in loving and reliable 'forever' homes.



- **Its staff.** Everyone who works here is incredibly friendly and knowledgeable, from Steven (the warm and open co-owner), to Juan (barista extraordinaire), and its other co-owner, Melisa, who I didn't meet but is a veterinarian and does free behavioral consultations for your cat every Friday!



- **The environment.** The cafe is spacious and opts for couches instead of tables and chairs. There's free wifi and they won't bat an eye if you choose to work on a laptop, or if you prefer to sit on the ground and play with the kitties.



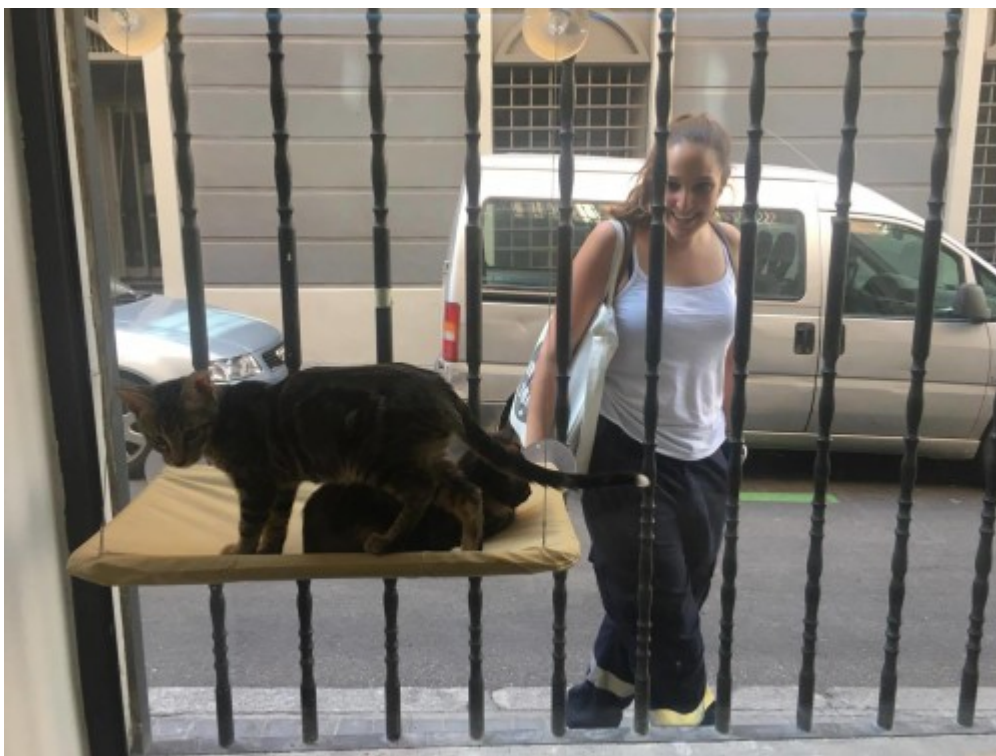


- **The coffee.** It's delicious. That's all. Oh, and they have every kind of milk variety you can think of. Try it with almond milk!





In addition to coffee and Japanese snacks, Polineko also offers bowls of cereal (Froot Loops and Lucky Charms, oh my!) and Japanese beer and tea.



Polineko is open Sunday-Thursday from 11am-10pm, and Friday and Saturday from 11am-11pm.

Prices are as follows:

- 4€ for 30 minutes and a beverage
- 6€ for 30 minutes, a beverage, and a Japanese snack
- 6€ for an hour and a beverage
- 8€ for an hour, a beverage, and a snack

The staff is also planning to launch **intercambio nights** soon—stay tuned for more info by following them on social media.

Here are more cat pics.







Photos courtesy of Polineko and the author.

Info

- **Address:** Carrera de San Francisco, 11
- **Metro:** La Latina
- **[Facebook](#)**
- **Instagram & Twitter:** @polineko_madrid
- **Website:** www.polineko.com
- **Phone:** 680 85 83 89

Get interactive at “Mad

Improv” theater workshops and shows!

Madrid’s theater scene is brimming with activity. You’ll find live micro-theater being performed in bathrooms and lingerie stores, as well as acting classes and alternative shows scheduled daily throughout the city.

But there isn’t much available in English, which is why I want to introduce you to **Mad Improv**, an English-speaking improv group that’s been shaking things up in Madrid’s interactive theater scene since 2014.



Mad Improv hosts shows and workshops on a regular basis, all run by its cast members in English. **Free improv workshops – called “gyms” – are held on Sundays from 5pm-7pm.** Gyms are

purely donation-based and absolutely everyone is welcome so you never know who might show up. People have even come in on flight layovers!



They also hold **monthly open shows – called “jams”** – where anyone can get up on stage and play improv games. Jams cost €3 with a drink (which probably comes in handy).



Locations for gyms and jams vary from [Fundación First Team](#) in Sol to Retiro when the weather allows. And right now they have a new set of [upcoming shows](#) at La Escalera de Jacob!

So check out their [Meetup](#), [Facebook](#) and [Twitter](#) pages to stay up to date. Once you attend an event you can also ask one of the organizers to add you to the whatsapp group.

My experience – great way to step out of your comfort zone

I had secretly always wanted to drop in on an acting class, but never got around to it until this summer when two friends, Riju (India) and Laura (Spain), enthusiastically agreed to join me at one of the Sunday gyms. This was in August so the workshop was held in Retiro behind the Palacio de Cristal.



An international group of about 15 people showed up – the different backgrounds and languages definitely added an element of fun and spontaneity to the mix. And our organizer, Summer Banks (in the photo below), did a great job at including everyone and making sure the exercises were easy to follow.



What started out with simple warm-up games quickly gave way to more challenging improv activities that admittedly made me feel ridiculous. But it's a wonderful way to get out of your comfort zone, connect with people and laugh a lot. My friends and I left with the feeling that we wanted to try our hands at improv again (and hopefully do it better next time), which meant **the fun far outweighed the awkwardness!**

Chat with the founder, Ben



Just before going to the workshop, I had met up with Mad Improv's founder Ben Nathan-Serio at the newly opened [Plántate Café](#). After studying drama in NYC and working in the field, Ben moved to Barcelona where he first started working in children's theater. Four years in he launched his own interactive theater production, *The Barcelona Time Detectives*, and was also a founding member of [BIG, The Barcelona Improv Group](#).

When Ben came to Madrid, he quickly became involved in Madrid's English-speaking theater scene and founded Mad Improv in 2014. Ben says, "The reason I started Mad Improv was because there was no improv community here; I wanted to reach out to the community in a bigger way, to get people involved."

What makes improv and interactive theater so special is that it's empowering, says Ben, as it allows for genuine human interaction and connection. Not to mention, getting out of your comfort zone is both invigorating and fun.

LOMBARDI CASE

ASESINATO EN LA MOVIDA



**LIVE
IN
THEATER**

INTERACTIVE EXPERIENCES
NYC

24 y 29 de Junio - 19:00h

La industrial - C/ San Vicente Ferrer 33

Tickets: Oficinas de La Industrial c/ San Andrés 8 Local

Tickets Online: www.liveintheater.com/madrid

CAN YOU SOLVE THE CASE?
AN INTERACTIVE MURDER MYSTERY

SPANISH & ENGLISH

In addition to Mad Improv, Ben also recently co-founded [Live in Theater Madrid](#), a NYC-based group whose hit interactive show, *The Lombardi Case*, debuted here in summer. It's a truly unique and entertaining two-hour event where the audience tries to solve a murder mystery – [read our previous article about *The Lombardi Case* on Naked Madrid!](#)

More to come

While Mad Improv and Live in Theater are alive and kicking in Madrid, Ben just relocated to Austin, Texas, where he's taking part in a 9-month research lab called [The Interactive Deep Dive](#). And he can't wait to "come back with some very fresh, invigorating ideas for Live In Theater, Mad Improv and just the city in general."

So stayed tuned, because we'll make sure to fill you in on what's in store.

Mad Improv Info:

- [Facebook](#)
- [Website](#)
- [Meetup](#)

Live In Theater's "The Lombardi Case" comes to Madrid from NYC!

It's not everyday that you get to help solve a murder case, interview a drag queen, or be transported to another era. But

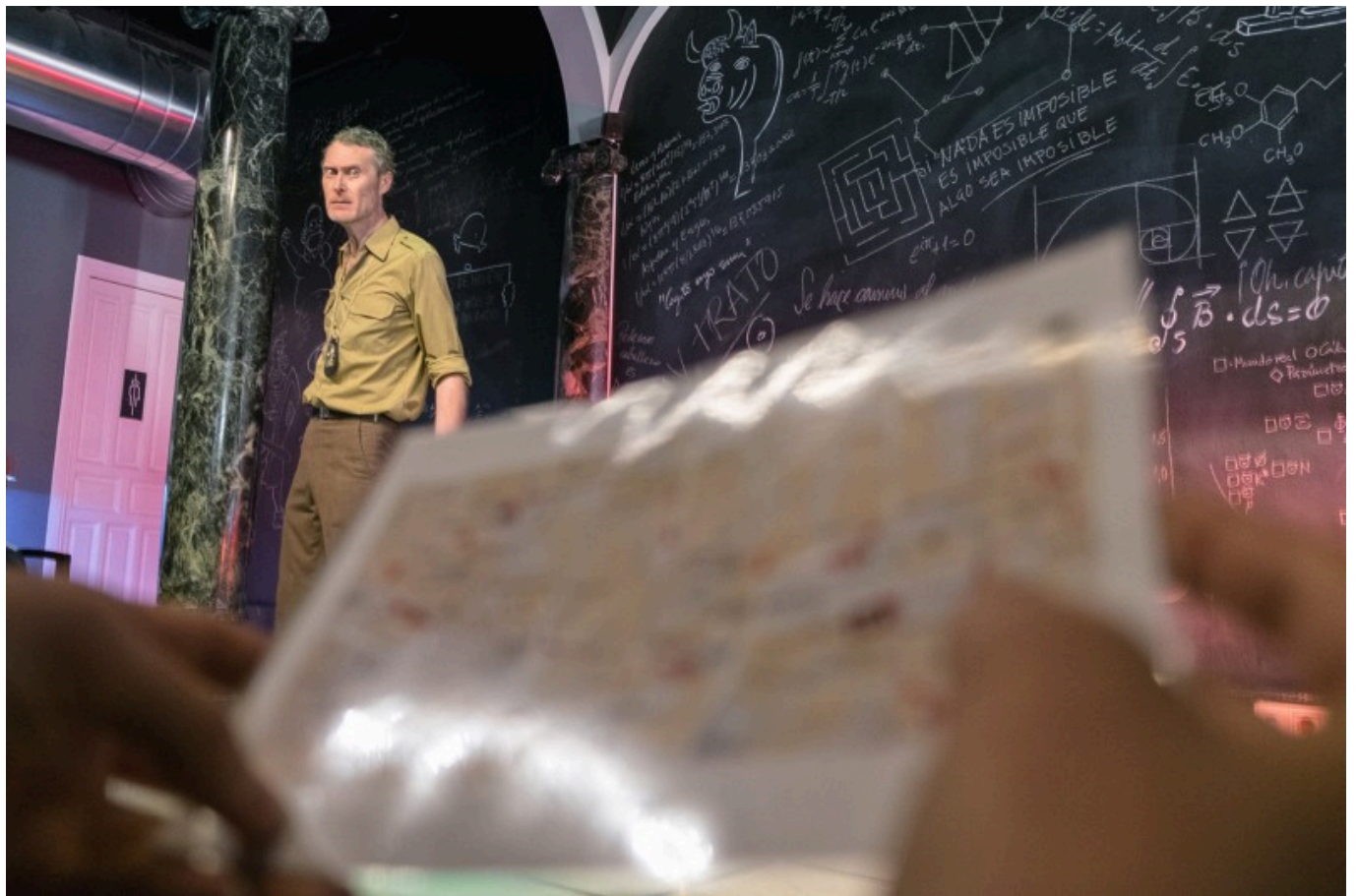
that's what you're in for with the interactive show *The Lombardi Case*, brought to us by the NY-based **Live in Theater** group. I had the chance to go the premiere in May and here's what it was like.



When I stepped into the theater, I was first greeted by a cop with a Brooklyn accent, played by a Scotsman; and then grabbed a seat among the 60-person international audience. We got split into small teams and an officer presented us with the case details in effortless Spanglish.



It's suddenly the early 1980's and we're in the midst of Madrid's sex- and drug-ridden *La Movida* movement. The daughter of the US ambassador has just been murdered. And it's on us to find out who did it.



Readily equipped with clues, a map and a list of suspects – from a doorman to a junky – we headed out onto the streets to conduct our interviews at nearby locations like a jazz bar, public plaza and street corner; and then came back and tried to solve the case with our findings.



The 7-member bilingual cast relied heavily on improv to communicate with us as we interrogated them, and they impressively stayed in character the whole time.



Although none of us ended up solving the tricky case, it was a really fun and unique experience, with lots of laughter and participation between the actors and audience. I loved being able to play an active role in the show, get out there on the street, interact with new team members and in Spanglish, no less. All in all, it's a guaranteed great time and as a benefit you'll get to learn about the history of Madrid.



Since the debut, **Live in Theater** has put on two more productions of the *The Lombardi Case* in the heart of Malasaña at [La Industrial](#). While the format is identical to the NYC show, the storyline has been adapted to Madrid's history. For example, the original takes place in 1975 which works in a time of drugs, disco and gentrification in NYC, while the Madrid show takes place in the early '80s during the time of *La Movida*, the experimental movement that broke out after the fall of the Franco regime. This is especially pertinent as audience members get to actually interview suspects in the neighborhood that was the epicenter of the movement, Malasaña. Another key difference is that here, the show is put on in Spanish and English.

LOMBARDI CASE

ASESINATO EN LA MOVIDA



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INTERACTIVE EXPERIENCES
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CAN YOU SOLVE THE CASE?
AN INTERACTIVE MURDER MYSTERY

SPANISH & ENGLISH

The *Lombardi Case* has been brought to Madrid by three partners: [Carlo D'Amore](#), the founder (and guru) of the NYC-based theater group, **Live in Theater**; [Leslie Freschet](#), who's been living in Madrid for 25 years; and [Benjamin Nathan-Serio](#), who's been an active member of Barcelona and Madrid's English-speaking theater circuit for nearly a decade. He's also one of the Madrid organizers and co-founders of [Mad Improv](#).

A few weeks ago I had the chance to sit down with Ben and talk about the *Lombardi Case* and what makes interactive theater so special. He said:

The show offers a truly unique experience for the audience because interactive is empowering. It's a real niche for actual human, genuine interaction. There's something magical about this show. It's not just conversation in a bar or speed dating, or meet-ups; it's super empowering because you become a cop. You have a mission. You become a detective. There's a murder, and you need to solve it! And there's a time limit... urgency.

See a show!

Stay tuned for upcoming productions by following their [Facebook page](#) or put in a request by emailing them at liveintheaterproduction@gmail.com.

You can also book them for private events such as company team-building exercises. The show has a very versatile format – you can hire them to go into your apartment as long as it has 2 rooms, with 3 actors playing 6 characters; and it can also be presented to up to 200 people.

And if you feel like getting more involved in Madrid's interactive theater scene, definitely check out [Mad Improv](#) which holds free improv workshops on Sundays and monthly performances.

María Pandora, a dark and artistic champagne bar in La Latina

If you've ever spent an evening watching the sunset with a liter of Mahou in Parque Las Vistillas (and if you haven't, get on that ASAP), you may have spotted this beautiful, borderline-creepy cocktail bar, María Pandora.





Cryptic, dripping golden letters read MARÍA PANDORA, and the sound of a dramatic poetry reading demand the curiosity of

passersby not yet in the know.



Once inside, you'll already be hooked: every inch of the walls is covered with sinister sketches, the tables are adorned with misshapen melted candles, and vintage furniture adds the finishing touch to make you feel like you're in a haunted mansion.



But despite the ghoulish vibe, the servers here are cheery and chatty. When we ordered champagne and white wine, our server plopped a frozen raspberry in our glass, assuring it would add a little somethin'-somethin'.

Oh, and the tapas here are my kind of food: mounds of candy and fruit.





But the best is yet to come. A meeting point for lovers of art, the bar also functions as a stage for poetry readings,

microteatro, and literary chats several nights of the week. The wall of antique books are for sale (but the century-old portraits of the owner's family are not).



Sign up for an event, order a glass of bubbly, and if you get there early enough, grab a window seat. María Pandora does not disappoint.

**Just note that their opening hours can be a little funky – they tend to open at 7pm except on Mondays, although sometimes they throw private events. So it's best to call ahead to make sure they're open!*

Info

- [Website](#) & [Facebook](#)
- Phone: +34 910 42 82 13

- **Address:** Plaza de Gabriel Miró, 1
- **Metro:** La Latina or Ópera