## Where to Dance Bachata and Salsa in Madrid

Always wanted to learn how to dance bachata but didn't want to pay high costs for private lessons? Well, look no further!

It is muy de moda, or very popular to dance bachata right now in Spain. Each year there seems to be more meet-up groups and more bars offering noches de bachata or noches latinas. Located right by Templo de Debod, The Host offers three bachata classes followed by social dancing every Wednesday night.

For 8 euros you'll have entrance to the bar, access to three classes over the course of two hours and a drink (alcoholic or not) of your choice. You can choose to take all three classes or just one. If you're more of a "people watcher" there are plenty of seats at the bar and around the perimeter of the dance floor. Don't show up too early though because the first class starts when the bar opens at 9PM.



For new dancers, the first question often asked is "Do I need to bring a partner?" You do not need to bring a partner but you can if you'd like! The classes tend to begin with the basics, which everyone dances individually. Then, when you do partner up, the pairs rotate so often that by the end of the class you'll have danced with nearly everyone, you might even remember a few names or have made a new friend by the end of the lesson. On this particular Wednesday, the classes were: modern bachata, Dominican bachata and lastly, sensual bachata.



After the classes end and the students watch or record as the dance instructors model all the steps learned, the social dancing starts! You get the chance to practice what you learned with friends from the class or meet others who are just arriving for the social dancing. The fun doesn't end until 3AM! If you're more interested in salsa, you should join The Host on Thursdays for class (see below). You'll also hear a little bit of salsa and kizomba throughout the night but Wednesdays are specifically for bachata at The Host!



#### Info

Address: Calle Ferraz 38

Metro: Argüelles / Ventura Rodriguez / Plaza España

Facebook

#### Other classes at The Host:

Tuesday: Kizomba (classes 21:00-23:00 and social dancing until 3)

Wednesday: Bachata (classes 21:00- 23:00 and social dancing until 3)

Thursday: Salsa (classes 21:00-23:00 and social dancing until 3)

Friday: Bachata (classes 22:00-@24:00 and social dancing

## Facebook pages and groups on Madrid's salsa and bachata scene:

- 1. Salsa Madrid (page)
- 2. Salsa Madrid (group)

## Here are some more salsa places to check out:

#### Azucar:

For 8 euro you can enjoy classes and a drink at Azucar near Metro Atocha. It is a smaller nightclub but brings in dancers of many levels.

#### **Tropical House:**

Near Metro Plaza de España is the best place to start dancing salsa or bachata as a beginner. Tropical also offers kizomba lessons on Fridays and Saturdays.

#### Cats:

On Sundays at Cats (now called Sala Mitty) you can dance salsa and bachata. The crowd is great and there's plenty of room to dance as it doesn't get completely packed.

#### El Son:

A close walk from Puerta del Sol, El Son offers classes from Monday through Thursday at 6 euro a class.

#### La Negra Tomasa:

In Sol but doesn't feel like it. Live Cuban music every night and although there isn't a lot of space to dance, if you love salsa music, La Negra Tomasa is a must.

You may also like: Where to get fit in Madrid

### Café Barbieri: A 114-year-old Art Noveau café in Lavapiés

<u>Café Barbieri</u> first brought modernist charm to Madrid's working class district, Lavapiés, in 1902, and although the barrio has evolved dramatically over the last 114 years, the interior of this elegant bar hasn't changed one bit.

Some things have changed though — Café Barbieri is owned by a charismatic chap from New Delhi and staffed with bilingual youngthings. It also now has a small terrace, but this is not why you'd come here — its appeal is truly the interior.

The whole place is lined with mirrors which back then were a symbol of wealth. These mirrors are now aging well, stained a smoky bronze colour with dots of grey rust creeping in from the edges. The ceiling is framed with grids of ornate girders that are connected to decorative cast-iron beams, typical of older buildings in Lavapiés. Although never on, there are ceiling fans too — something increasingly rare in Madrid.

At the back of the bar is a grand piano on a small raised stage. Almost every evening there's a live music session often

featuring the piano, and this place does food too — typical Spanish stuff but with an edge.

The worn white marble table tops and red velvet seating lining the dining area mark this place out as opulent, but that's really not the vibe — it's chilled and cosy and attracts a spectrum of people, from the intrepid tourist who's braved it down the hill, to the unassuming local who fancies a read of one of the papers on offer.



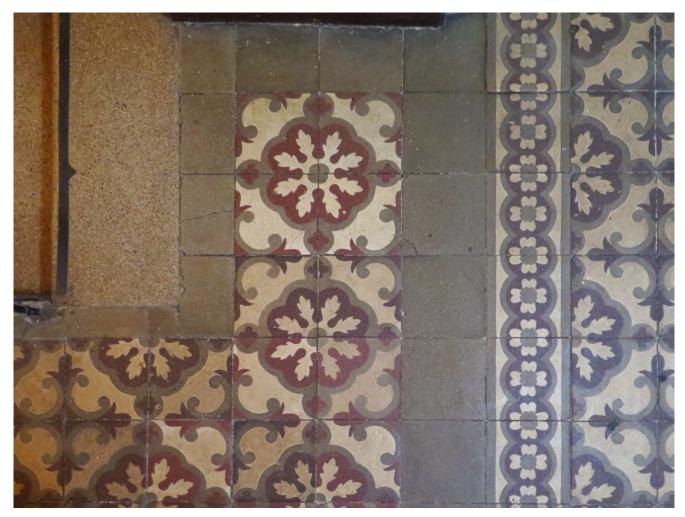
Café Barbieri by day



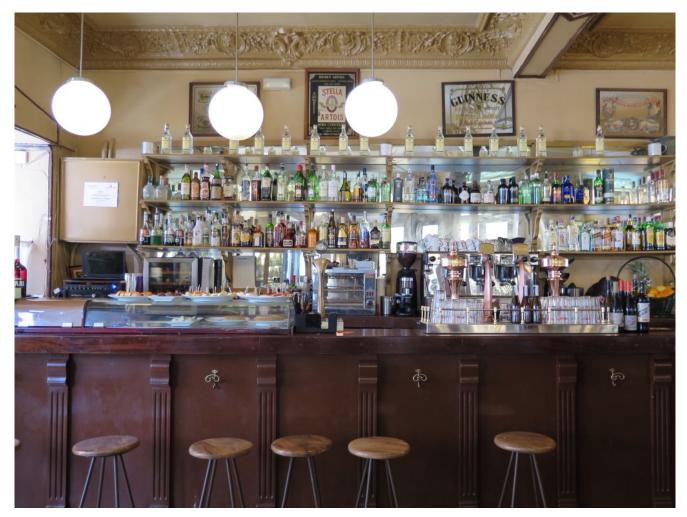
Café Barbieri's beautiful ornate ceiling



The grand piano taking centre stage, and look at all those beautiful mirrors



Look at that original tiled floor!



The bar has a great selection of spirits & vermouth on tap



Café Barbieri by night

Café Barbieri is also on the same street as the Greek foodie place, <a href="Egeo">Egeo</a>, so there you have it, your night is planned!

#### Info

- C/Ave María 45

■ Metro: Lavapiés

- Website Facebook

# 1862 Dry Bar, staggeringly chic cocktail bar on Calle Pez

They say that Madrid has more bars per square mile than any other Spanish city (some even go as far as to boast, in Europe). Whilst I'm not sure of the exact bar tally, not that I'm all that concerned, what I do know is that you only need to step foot out of your house to see that Madrid is certainly not lacking in places to get a drink. If there's one thing that Spaniards enjoy (aside from the stereotypical siesta) it's a tipple or two.

However, bars in Madrid tend to generally fall into one of two distinct camps; the ones with the unmissable glow of strip lighting and scattered napkins, that generally tend to be frequented by a more aging population. And those that cater to fans of an exposed brick interior, shabby chic furniture and a drink served in a jam jar. This is what makes 1862 Dry Bar so unique. It falls into neither category and I'm all the more pleased for it. A staggeringly chic cocktail bar perched on the perennially popular Calle Pez, it may look discreet from the roadside, but upon stepping inside, you could quite easily be transported into the prohibition-era bars that are more likely to be found stateside, than in Spain.



The affable owner, Alberto, is a fountain of knowledge on the cocktail front, in other words, what he doesn't know about all things shaken or stirred isn't worth knowing. The building (an old hardware store I believe) manages to effortlessly straddle being airy and cosy simultaneously. The downstairs is particularly sumptuous, with plenty of nooks for a clandestine date or an intimate chat, whilst sipping on your expertly made pisco sour.



particularly loved about 1862 Dry Bar, was the clearly knowledgeable and creative bar staff. The menu has all the classics in place, but also offers up some truly unique cocktails made by guest mixologists ranging from Trailer Happiness (hailing from Hoxton), with another one being from The Ritz Madrid.

The furniture, the staff and ultimately the delectable drinks, make Dry Bar 1862 the perfect watering hole for a date night or a glamorous venue for a gaggle of friends. The cocktails are potent and pack a punch, however, the jewel in the crown is Alberto, whose passion for a decent drink prevails in a city that is often lacking.

#### Info

Facebook

- Address: Calle del Pez, 27

• Metro: Noviciado

- Phone: 609 53 11 51